

Ridgewood Winter Games at RCC
 Rockland Community College
 January 9th 2025
 Suffern, NY

GIRLS EVENTS

Varsity

Girls 55 Meter Dash

Place	Name	Team	Time
1	Jenna Monaco	Dumont	7.6
2	Alexa Hermanns	Midland Park	7.8
3	Alyssa McFarlane	Lodi	7.8
4	Liana Perzos	Wood-Ridge	7.9
5	Ava Magaletti	Maria Regina	9.0

Girls 55 Meter Hurdles

Place	Name	Team	Time
1	Destiny Lawrence	Spring Valley	9.9
2	Julia Kalata	Midland Park	10.0
3	Joslyn Lessieu	IHA	10.0
4	Erin Sullivan	IHA	10.0
5	Catherine Twilliger	Ridgewood	10.7

Girls 200 Meter Dash

Place	Name	Team	Time
1	Alexa Hermanns	Midland Park	28.4
2	Liana Pocos	Wood-Ridge	28.9
3	Alyssa McFarlane	Lodi	29.4
4	Danae Bolter	Warwick	29.9
5	Katelyn Reuter		30.3

Girls 400 Meter Dash

Place	Name	Team	Time
1	Catherine Twilliger	Ridgewood	1:07.5
2	Meghan Fraser	Becton	1:07.7
3	Keiry Nunez	Dumont	1:07.9
4	Brooke Colella	Westwood	1:08.0
5	Erin Reuter	Dumont	1:09.0

Girls 800 Meter Run

Place	Name	Team	Time
1	Katelyn Reuter	Dumont	02:35.7
2	Madison Olaszewski	Warwick	02:37.2
3	Mary Roberts	IHA	02:41.3
4	Brooke Colella	Westwood	02:42.2
5	Sophia Bertino	IHA	02:42.7

Girls 1600 Meter Run

Place	Name	Team	Time
1	Madison Mahoney	Westwood	05:44.4
2	Katelyn Reuter	Ridgewood	5:44.7
3	Ella Recchiuti	Ridgewood	5:59.4
4	Claudia Da Mata	Becton	6:18.4
5	Angel Wei	Becton	6:30.2

Girls 3200 Meter Run

Place	Name	Team	Time
1	Madison Mahoney	Westwood	12:31.9
2	Taylor Paglio	Lyndhurst	12:46.4
3	Cathia Noguiera	Lyndhurst	12:48.5
4	Angel Wei	Becton	13:12.1
5	Madison Mason	Lyndhurst	13:33.5

Girls Shot Put

Place	Name	Team	Mark
1	Nikalena Iacono	Lyndhurst	33-1
2	Julia Lukowiak	Pompton Lakes	31-0
3	Della Mannion	Ramsey	30-8.5
4	Abba Bartellone	River Dell	29-5
5	Machelle Binot	Linden	29-1.25

Girls High Jump

Place	Name	Team	Mark
1	Grace Dalgetty	Dwight Englewood	4-9
2	Aylin Freire	Westwood	4-6
3	Ava Colella	Westwood	4-6
4	Brooke Colella	Westwood	4-3
5			

Girls Pole Vault

Place	Name	Team	Mark
1	Adrianna Graziano	Ramsey	9-0
2	Amelia Carrasco	Becton	8-0
2	Olwia Kapuscinski	Emerson	8.0
2	Keiry Nunez	Dumont	8-0
5	Cienna Thimme	Midland Park	7-0

Girls Long Jump

Place	Name	Team	Mark
1	Alexa Hermanns	Midland Park	16-11
2	Emma Hsu	Dwight Englewood	15-4
3	Sierra Tofts	IHA	14-9
4	Angelina Brunelle		14-6
5	Molly Quinn	IHA	14-2.5

Girls Triple Jump

Place	Name	Team	Mark
1	Molly Quinn	IHA	34-4.5
2	Emma Hsu	Dwight Englewood	32-3.5
3	Valerie	Eastern Christian	31-7.25
4	Ally Palladino	Emerson	31-5.25
5	Julia Mabie	Ramsey	31-0.5

Girls 4x400 Meter Relay

Place	Team	Names	Time
1	Warwick	Smith, Gullick, Isernia, Kurosz	4:23.7
2			
3			
4			
5			

Girls 4x800 Meter Relay

Place	Team	Names	Time
1	Bogota	Sandoval, Cruz, Theo, Maya	11:37.1
2	Becton		11:43.0
3	Ridgefield		12:30.2
4			
5			

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Novice

Girls Novice 55 Meter Dash

Place	Name	Team	Time
1	Kiera Schwartz	Ridgewood	8.0
2	Julia Marnik	Lyndhurst	8.2
3	Saniya Davis	Newark Tech	8.3
4	Anna Altieri	IHA	8.4
5	Mia Fernicola	IHA	8.4

Girls Novice 55 Meter Hurdles

Place	Name	Team	Time
1	Aurelia Carolan	IHA	10.4
2	S. Amzil	Monroe Woodbury	10.6
3	Cienna Thimme	Midland Park	10.7
4	L. Echezbal	Monroe Woodbury	10.7
5	Megan Rollaver	IHA	11.0

Girls Novice 200 Meter Dash

Place	Name	Team	Time
1	Camryn Moore	Warwick	30.1
2	Anzil	Monroe-Woodbury	30.3
3	Saniya Davis	Newark Tech	30.5
4	Jordyn Cornish	EHS	30.5
5	Yu7leiei Duval	EHS	30.7

Girls Novice 400 Meter Dash

Place	Name	Team	Time
1	Jordyn Cornish	Eastside	1:11.2
2	Mackenzie Muniz	Becton	1:12.2
3	Vargas-Esteves	Monroe-Woodbury	1:12.7
4	Sofia Barrera	IHA	1:13.1
5	Isabella Drotos	Wood-Ridge	1:13.6

Girls Novice 1600 Meter Run

Place	Name	Team	Time
1	Kaitlyn McCormick	IHA	6:14.2
2	Fiona Kelly	Maria Regina	6:33.4
3	Evelyn Burke	Midland Park	6:51.2
4	Scarlett Seybold	Ridgewood	7:05.7
5	Ava P.	Ridgewood	7:09.1

Girls Novice Shot Put

Place	Name	Team	Mark
1	Naomi Faroul	Spring Valley	24-8.5
2	Cate Fruscione	Mahwah	24-4
3	Laurin Hennenbury	IHA	24-3.5
4	Ashley	Ridgefield	24-0.5
5	Lily W.	Ridgewood	23-8

Girls High Jump

Place	Name	Team	Mark
1	Maddie Malatino	Ramsey	4-3
2	Sylvia Baran	Emerson	4-0
3	Liliani Cavabali	Linden	4-0
4			
5			

Girls 4x400 Meter Relay

Place	Team	Names	Time
1	EHS	Johnson, Reyes, Duval, Cornish	5:01.8
2	Emerson		5:17.8
3	EHS		5:45.8
4			
5			

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Frosh

Girls Frosh 55 Meter Dash

Place	Name	Team	Time
1	Jasmine Joseph	Spring Valley	8
2	Alexa Hayes	Ridgewood	8.1
3	Antonella Malone	IHA	8.1
4	Judite Orne	Spring Valley	8.1
5	Julianna Russo	Pompton Lakes	8.3

Girls Frosh 55 Meter Hurdles

Place	Name	Team	Time
1	Gianna Sanders	Becton	10.5
2	Waverly Noah	Ridgewood	10.8
3	Kristy Salerno	Mahwah	11.0
4	Grace Wenzke	IHA	11.5
5	Amina Akhmatova	Mahwah	11.7

Girls Frosh 200 Meter Dash

Place	Name	Team	Time
1	Jenkins	Monroe Woodbury	28.1
2	Waverly Noah	Ridgewood	29.8
3	Antonella Malone	IHA	29.9
4	Alexa Hayes	Ridgewood	30.3
5	Ahjanea Johnson	EHS	30.4

Girls Frosh 400 Meter Dash

Place	Name	Team	Time
1	Ciara Currid	Warwick	1:07.5
2	Courtney Ziegler	Warwick	1:07.9
3	Hunter Witham	Ridgewood	1:08.5
4	Emma DiBenedetto	Ridgewood	1:09.3
5	Raeleen Ortiz	Lyndhurst	1:09.9

Girls Frosh 1600 Meter Run

Place	Name	Team	Time
1	Riley Lubremann	Ridgewood	5:55.3
2	Julia Sullivan	Ridgewood	5:55.5
3	Penelope de Valence	Ridgewood	6:01.3
4	Devyn Letscher	Ridgewood	6:13.6
5	Alexandra Loiu	Ridgewood	6:35.2

Girls Frosh Shot Put

Place	Name	Team	Mark
1	Ava Romero	Midland Park	24-0
2	Priscilla Appiah	Mahwah	23-1.25
3	Chloe Barsella	Mahwah	21-5
4	Jules Roberson	IHA	20-1.5
5	Lior Grinstein	Fair Lawn	20-1.5

Girls Frosh High Jump

Place	Name	Team	Mark
1	Grace McGhet	Ramsey	4-6
2	Ange Mekontcha	Monroe-Woodbury	4-3
3	Sadie Gebulski	Midland Park	4-0
4			
5			

Girls Frosh Long Jump

Place	Name	Team	Mark
1	Sadie Cebulski	Midland Park	13-11.5
2	Courtney Ziegler	Warwick	13-10
3	Kristy Salerno	Mahwah	13-3
4	Bebe Diaz	Midland Park	13-3
5	Mekhail	Monroe Woodbury	13-1

Girls Frosh Triple Jump

Place	Name	Team	Mark
1	M. Watts	Monroe Woodbury	29-0.25
2	Jaye Mendel	Ramsey	28-2.25
3	Schubert	Monroe Woodbury	27-5.5
4	Sadie Cebulski	Midland Park	25-9
5	S. Rodriguez	Monroe Woodbury	24-4

Girls Frosh 4x400 Meter Relay

Place	Team	Names	Time
1	Ridgewood	Noah, Kusa, Hayes, Withem	4:42.7
2	Ramsey		4:50.1
3	Mahwah		5:15.9
4	Eastside		5:24.1
5	Ramsey		5:31.0

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Boys EVENTS

Varsity

Boys 55 Meter Dash

Place	Name	Team	Time
1	Marckenson Jeanty	Spring Valley	6.8
2	Stalin Knowlden	SJR	6.9
3	Joel Morales	Elmwood Park	7.0
4	Gael Okudzeto	Ridgefield	7.1
5	Evan Mason	Lyndhurst	7.3

Boys 55 Meter Hurdles

Place	Name	Team	Time
1	Nick Esposito	Midland Park	8.4
2	Alexander Balbuena	Dumont	8.4
3	Lensky Jean Pierre	Spring Valley	8.4
4	Princewill Aka	Newark Tech	8.6
5	Darreyly Simpson	Elmwood Park	9.0

Boys 200 Meter Dash

Place	Name	Team	Time
1	Marckenson Jeanty	Spring Valley	23.7
2	Yannick Fall	Becton	24.2
3	Stalin Knowlden	SJR	24.3
4	Emmanuel Marin	Bogota	24.4
4	Jack Park	Dwight Englewood	24.4

Boys 400 Meter Dash

Place	Name	Team	Time
1	Charlie Denekamp	Midland Park	53.7
2	Yannick Fall	Becton	54.8
3	Mike Lio	Becton	56.7
4	Asden Miller	Dumont	56.9
5	Miles McKay	Dwight Englewood	57.1

Boys 800 Meter Run

Place	Name	Team	Time
1	Hussain Salam	Bogota	2:11.8
2	Charlie Denekamp	Midland Park	2:12.0
3	Cristian Porras	Lyndhurst	2:12.8
4	Mike Lio	Becton	2:14.0
5	Musashi Shabazz	Dwight Englewood	2:24.2

Boys 1600 Meter Run

Place	Name	Team	Time
1	Jake Tannar	Warwick	5:02.6
2	Karl Andre	Dumont	5:07.0
3	Brennan Villegas	Becton	5:22.9
4	Gabe Cespedes	Becton	5:23.3
5	Hank Wendell	Warwick	5:30.2

Boys 3200 Meter Run

Place	Name	Team	Time
1	Nick Doran	Monroe-Woodbury	10:10.6
2	Vinny Costello	Monroe-Woodbury	10:17.0
3	Devon Ryan	Monroe-Woodbury	10:19.8
4	Aidan Nogueira	Lyndhurst	10:22.5
5	Karl Andre	Dumont	10:24.7

Boys Shot Put

Place	Name	Team	Mark
1	Joe Mesko	Linden	47-6.75
2	Vin Fundzius	SJR	46-5
3	Jake Dowma	Midland Park	45-3
4	AJ Lanari	Monroe-Woodbury	43-7.5
5	Alan Thompson	Dwight-Englewood	42-4.25

Boys High Jump

Place	Name	Team	Mark
1	Daneyly Simpson	Elmwood Park	6-0
2	Vir Juneja	Dwight Englewood	5-6
3	Shane Bell	Lodi	5-6
4			
5			

Boys Pole Vault

Place	Name	Team	Mark
1	Peter Forsdahl	Emerson	9-0
2	Caden Wiener	Dwight Englewood	8-6
3			
4			
5			

Boys Long Jump

Place	Name	Team	Mark
1	Isaiah Gonzalez	Warwick	20-3
2	Jeremy Andre	Lodi	18-10
3	Andrew Pasdar	Emerson	18-7.5
4	Richelin Gbaguidi	Becton	18-3.25
5	Darreyly Simpson	Elmwood Park	18-3

Boys Triple Jump

Place	Name	Team	Mark
1	Andrew Pasdar	Emerson	39-2
2	Isaiah Gonzalez	Warwick	39-0
3	Jeremy Andre	Lodi	37-9.5
4	Jayden Kim	River Dell	37-3.25
5	Arjun B.	Fair Lawn	35-8.5

Boys 4x400 Meter Relay

Place	Team	Names	Time
1	Dumont		3:55.1
2	Eastside		3:57.3
3	Emerson		4:14.0
4			
5			

Boys 4x800 Meter Relay

Place	Team	Names	Time
1	Monroe-Woodbury	Belmont, Chiosie, Haag, Hassler	8:49.1
2	Dumont		9:00.3
DQ	Warwick	Ran 1 lap short	DQ
3	Bogota		9:28.5
4	Ridgefield		10:07.0
5.	St Joes Regional		10:21.0

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Novice

Boys Novice 55 Meter Dash

Place	Name	Team	Time
1	Jordyn Moss	Eastside	6.9
2	Ian Calderon	Eastside	6.9
3	Andrew Scott	Newark Tech	7.2
4	Timothy Oh	Ridgewood	7.2
5	Mark Ribaudó	Westwood	7.3

Boys Novice 55 Meter Hurdles

Place	Name	Team	Time
1	Carlos Luciano	Ridgefield	9.2
2	Andrew Scott	Newark Tech	9.2
3	Shane Bell	Lodi	9.3
4	Richelin Gbaguidi	Becton	9.4
5	Sha'Cor Stuart	Newark Tech	10.1

Boys Novice 200 Meter Dash

Place	Name	Team	Time
1	Jordyn Moss	EHS	24.3
2	Ian Calderon	EHS	24.4
3	Evan Mason	Lyndhurst	25.5
4	Xavier Deblett	Lodi	25.6
5	Andrew Scott	Newark Tech	25.7

Boys Novice 400 Meter Dash

Place	Name	Team	Time
1	Donovan Schwabik	River Dell	55.9
2	Josh Ramirez	Lyndhurst	56.1
3	Xavier Neblett	Lodi	58.0
4	Braeden Delbrone	Linden	58.2
5	Aaron Villeda	SJR	58.3

Boys Novice 1600 Meter Run

Place	Name	Team	Time
1	Remy Choe	Ridgewood	5:09.8
2	Benjamin Soung	Ridgewood	5:24.4
3	Kyle Aspillera	Ridgewood	5:32.3
4	Leo DiGenio	Fair Lawn	5:35.3
5	Ryan DeCongelio	Dumont	5:36.3

Boys Novice Shot Put

Place	Name	Team	Mark
1	Austin Renaud	Spring Valley	37-5.75
2	Aidan Alegre	Ridgewood	35-10
3	Liam Hill	Northern Highlands	34-7
4	Ashton Aller	River Dell	33-7
5	Rohit Khadka	Becton	32-4.5

Boys Novice High Jump

Place	Name	Team	Mark
1	Adonis Pabon	Emerson	5-3
2	Randy Ortiz	Lodi	5-3
3	Lugman Wilcher	Newark Tech	4-9
4	Adrian Rivera	Eastside	4-6
5			

Boys Novice 4x400 Meter Relay

Place	Team	Names	Time
1	River Dell		4:02.5
2	Westwood		4:04.7
3	Eastside		4:14.3
4	Mahwah		4:15.0
5	River Dell		4:17.8

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Frosh

Boys Frosh 55 Meter Dash

Place	Name	Team	Time
1	Bryce Longo	SJR	7.2
2	Jacob Suissa	Fair Lawn	7.4
3	Jacob Hornitz	Fair Lawn	7.5
4	Elijah Park	River Dell	7.5
5	John Grasso	SJR	7.7

Boys Frosh 55 Meter Hurdles

Place	Name	Team	Time
1	Thomas Antonelli	Mahwah	10.7
2	Sajen Apanich	River Dell	11.1
3	Brooks Esler	River Dell	11.2
4	Oren Shenay	Fair Lawn	11.9
5	Olrick Betty	Manchester Regional	13.7

Boys Frosh 200 Meter Dash

Place	Name	Team	Time
1	Justin Daley	Mahwah	25.3
2	Joshua Moon	Ridgewood	26.1
3	Bryce Longo	SJR	26.3
4	Elijay Francisco	Becton	26.5
5	Jacob Suissa	Fair Lawn	26.8

Boys Frosh 400 Meter Run

Place	Name	Team	Time
1	Justin Daley	Mahwah	56.4
2	Tomos Gilson	Fair Lawn	1:00.2
3	Kollan D.	Lyndhurst	1:01.9
4	Elijay Francisco	Becton	1:02.3
5	Landan Putnam	Warwick Valley	1:02.6

Boys Frosh 1600 Meter Run

Place	Name	Team	Time
1	Jack Barsa	Ridgewood	5:06.0
2	John Hoffman	Ridgewood	5:29.4
3	Jacob Lin	Ridgewood	5:38.7
4	J. Gyulay	Pompton Lakes	5:38.9
5	Stan Kruszewski	Ridgewood	5:40.2

Boys Frosh Shot Put

Place	Name	Team	Mark
1	Luca Dilev	SJR	32-4.25
2	Tony Pupo	SJR	29-4
3	Matthew Brooks	River Dell	29-0
4	Jackson Harris	Mahwah	27-10
5	Nate Stiers	SJR	27-9.75

Boys Frosh High Jump

Place	Name	Team	Mark
1	Aiden Teimann	Dwight Englewood	5-0
2	Jacob Horvitz	Fair Lawn	4-9
3			
4			
5			

Boys Frosh Long Jump

Place	Name	Team	Mark
1	Elijah Park	River Dell	17-2
2	Anthony Cinelli	Emerson	16-4
3	Joshua Moon	Ridgewood	16-3
4	Jacob Mahtaban	Westwood	15-8
5	Tyrus Proctor	EHS	15-2.5

Boys Frosh Triple Jump

Place	Name	Team	Mark
1	No places		
2			
3			
4			
5			

Boys Frosh Pole Vault

Place	Name	Team	Mark
1			
2			
3			
4			
5			

Boys Frosh 4x400 Meter Relay

Place	Team	Names	Time
1	Ridgewood	Barsa, Liu, Hoffman, Moon	4:12.5
2	Eastside		4:32.4
3	Manchester Regional		4:37.2
4	Mahwah		4:40.7
5	River Dell		4:50.0