

Ridgewood Winter Games at RCC
 Rockland Community College
 January 12th 2022
 Suffern, NY

GIRLS EVENTS

Varsity

Girls 55 Meter Dash

Place	Name	Team	Time
1	Anaika Louis	Spring Valley	7.4
2	Isabella Wade	Valley Central	7.7
3	Olivia Tacconi	IHA	7.8
4	Jordan Myersd	Paramus	7.8
5	Morgan Spradley	Payne Tech	7.9

Girls 55 Meter Hurdles

Place	Name	Team	Time
1	Emma Keating	Pompton Lakes	9.3
2	Olivia Salkowsky	IHA	9.4
3	Amanda Barrett	Lodi	9.7
4	Rachel Post	Eastern Christian	10.1
5	Landy Roseme	Irvington	10.2

Girls 300 Yard Dash

Place	Name	Team	Time
1	Anaika Louis	Spring Valley	39.6
2	Julia Totduman	Lyndhurst	41.0
3	Olivia Tacconi	IHA	42.1
4	Olivia Salkowski	IHA	42.2
5	Yasmine Peralta	Monroe-Woodbury	42.3

Girls 600 Yard Run

Place	Name	Team	Time
1	Tilp	Cresskill	1:38.4
2	Grace Kelleher	IHA	1:40.3
3	Elyse Vonder Leith	Park Ridge	1:41.5
4	Grace Posillico	IHA	1:48.4
5	Casey Cirne	Lyndhurst	1:56.2

Girls 1000 Yard Run

Place	Name	Team	Time
1	Ava Carsley	Valley Central	2:56.1
2	Annelise Barney	Indian Hills	3:16.5
3	Mairiad Conlon	Monroe-Woodbury	3:17.2
4	Madison Lagarde	Monroe-Woodbury	3:26.0
5	Maria Viola	Monroe-Woodbury	3:29.8

Girls One Mile Run

Place	Name	Team	Time
1	Molly Latinesics	Sussex Tech	5:27.9
2	Danielle Tilp	Cresskill	5:27.9
3	Kayla Carrino	Lyndhurst	5:58.1
4	Hana Weisinger	Paramus	6:02.7
5			

Girls Two Mile Run

Place	Name	Team	Time
1	Ava Carsley	Valley Central	12:03.6
2	Kayla Carrino	Lyndhurst	13:35.7
3	Sofia Lanziera	Ridgewood	13:14.2
4	Ivey Mistle	Bernardsville	13:26.9
5	Kedra Contreras	Monroe-Woodbury	14:07.5

Girls Shot Put

Place	Name	Team	Mark
1	Ciara Brown	Hackensack	37-7.5
2	Isabel Johnson	Ridgewood	32-10
3	Hannah Otterstedt	Ridgewood	29-6.5
4	Toby Reicher	Midland Park	28-6
5	Paris Higgs	Eastside	28-2

Girls High Jump

Place	Name	Team	Mark
1	Bianca Staples	Valley Central	5-4
2	Anneke Kuperus	Eastern Christian	4-8
3	Yasmine Peralta	Monroe-Woodbury	4-8
4	Abigail Romero	IHA	4-6
5			

Girls Pole Vault

Place	Name	Team	Mark
1	Emma Keating	Pompton Lakes	11-0
2	Casey Roberts	IHA	8-6
3	Lauren Hochegger	Ridgewood	7-0
4	Ashley Acosta	Paramus	7-0
5	Kaitlyn Legaspi	Emerson	7-0

Girls Long Jump

Place	Name	Team	Mark
1	Maegan Feeney	IHA	16-4
2	Niki Matthews	IHA	15-4
3	Abby Romero	IHA	15-1.5
4	Giselaandra Clerge	Spring Valley	14-10
5	Carson Bieln	IHA	14-5.5

Girls Triple Jump

Place	Name	Team	Mark
1	Niki Matthews	IHA	32-7.75
2	Amanda Barnett	Lodi	32-5
3	Shaniya Richberg	Lodi	32-0.5
4	Anna Williams	Ridgewood	30-8.25
5	Casey Robertson	IHA	30-7.5

Girls 4x400 Meter Relay

Place	Team	Names	Time
1	Park Ridge	Guerrero, Von der Leith, Cice	4:42.6
2	Lyndhurst		4:53.5
3	Bernards		5:06.3
4	Valley Central		5:13.3
5			

Girls 4x800 Meter Relay

Place	Team	Names	Time
1	Monroe-Woodbury	LaGarde, Solcany, Padilla, Viq	11:34.9
2	Berards		11:54.7
3			
4			
5			

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Novice

Girls Novice 55 Meter Dash

Place	Name	Team	Time
1	Ayanna Chape	Hackensack	7.9
2	Rylee Smith	IHA	8.0
3	Sophia Ditchfield-Agboh	IHA	8.0
4	Chineme Oriaku	PCTI	8.1
5	Katrina Venizelos	Ridgewood	8.2

Girls Novice 55 Meter Hurdles

Place	Name	Team	Time
1	Jessica Uzor	Linden	9.5
2	Esther Babatunde	Linden	9.8
3	Nouveline Georges	Irvington	9.9
4	Kera Bell	Hackensack	10.3
5	Kate Shepler	IHA	10.5

Girls Novice 300 Yard Dash

Place	Name	Team	Time
1	Catherine Primavera	Valley Central	42.7
2	Nouveline Georges	Irvington	43.1
3	Ayanna Chape	Hackensack	43.2
4	Kaiya Thompson	Linden	44.1
5	Katrina Venizelos	Ridgewood	44.6

Girls Novice 600 Yard Run

Place	Name	Team	Time
1	Erika Stewart	Park Ridge	1:44.8
2	Brooke Cesney	Indian Hills	1:47.6
3	Yessina Olavarra	Eastside	1:50.1
4	Megan Mok	Paramus	1:51.4
5	Quinn Lawrence	PCTI	1:52.0

Girls Novice One Mile Run

Place	Name	Team	Time
1	Alyssa Maybeck	Indian Hills	6:06.3
2	Kayla O'Neil	Indian Hills	6:07.2
3	Molly Foley	Monroe-Woodbury	6:11.2
4	Julia McHugh	Monroe-Woodbury	6:11.5
5	Abbey Churchill	Indian Hills	6:18.1

Girls Shot Put

Place	Name	Team	Mark
1	Erica Hernandez	Linden	26-4.5
2	Brooke Stallard	Waldwick	26-0
3	Sam Cardo	Lyndhurst	25-3
4	Kate Haury	Paramus	24-7.5
5	Taylor Giles	PCTI	24-3

Girls High Jump

Place	Name	Team	Mark
1	Kaitlyn Legaspi	Emerson	4-3
2			
3			
4			
5			

Girls 4x400 Meter Relay

Place	Team	Names	Time
1	Valley Central	Carsley, Burke, Robinson, And	4:36.0
2	Paramus		4:54.0
3	Indian Hills		5:02.5
4	PCTI		5:12.5
5	Park Ridge		5:16.1

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Frosh

Girls Frosh 55 Meter Dash

Place	Name	Team	Time
1	Haley Kempf	Paramus	8.0
2	Sonia Baluas	Paramus	8.1
3	Alexa Hermanns	Midland Park	8.3
4	Shanika Thomas	Hackensack	8.4
5	Samantha LaBier	Rodgewood	8.5

Girls Frosh 55 Meter Hurdles

Place	Name	Team	Time
1	Julia Petrie	IHA	10.9
2	Sierra Tofts	IHA	11.1
3	Anna Matugh	Ridgewood	11.6
4	Casey McAskin	Ridgewood	11.7
5	Rylee Smith	IHA	13.1

Girls Frosh 300 Yard Dash

Place	Name	Team	Time
1	Emeline Clark	Monroe-Woodbury	42.5
2	Katelyn Mikros	IHA	44.7
3	Anna McHugh	Ridgewood	45.4
4	Ayla Johnson	Bernards	45.7
5	Mariah Incledon	Monroe-Woodbury	48.8

Girls Frosh 600 Yard Run

Place	Name	Team	Time
1	Ciara Taylor	Ridgewood	1:39.1
2	Sophie Walder	Park Ridge	1:40.0
3	Emily Wunsch	IHA	1:42.6
4	Alessia Fini	Monroe-Woodbury	1:43.3
5	Sophia Prins	IHA	1:44.2

Girls Frosh One Mile Run

Place	Name	Team	Time
1	Lily Benza	Monroe-Woodbury	5:54.5
2	Camryn Hills	Indian Hills	6:01.6
3	Mary Daclan	Paramus	6:03.7
4	Lola Jacqueline	Ridgewood	6:05.4
5	Laura Griffin	Valley Central	6:09.4

Girls Frosh Shot Put

Place	Name	Team	Mark
1	Saige Nicholson	Paramus Catholic	25-8
2	Glory Cherenien	Spring Valley	24-6.5
3	Gillian Pasqualino	Emerson	20-9
4	Helena Thompson	PCTI	20-4.5
5	Marielena Linden	Linden	19-8.5

Girls Frosh High Jump

Place	Name	Team	Mark
1	Calyse Villanueva	PCTI	4-6
2	Katelyn Mikros	IHA	4-0
3	Gianna Martinez	PCTI	4-0
4	Samantha Minnetian	IHA	4-0
5			

Girls Frosh Long Jump

Place	Name	Team	Mark
1	Kaetlyn Mikros	IHA	15-2
2	Jordan Myers	Paramus	14-4.5
3	Destiny Lawrence	Spring Valley	14-0.75
4	Dorothy Charles	Spring Valley	13-8
5	Alayna Antonucci	PCTI	13-3

Girls Frosh Triple Jump

Place	Name	Team	Mark
1	Sierra Tofts	IHA	27-10.25
2	Riley Smith	IHA	27-3.25
3	Alessia Fini	Monroe-Woodbury	26-8.75
4			
5			

Girls Frosh 4x400 Meter Relay

Place	Team	Names	Time
1	Paramus	Kempf, Lee, Baluras, Myers	4:42.2
2	Ridgewood		4:52.0
3	PCTI		4:59.8
4	Ridgewood B		5:00.0
5	Valley Central		5:10.4

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Boys EVENTS

Varsity

Boys 55 Meter Dash

Place	Name	Team	Time
1	Andrew Sutherland	Spring Valley	6.8
2	Elijah Carroll	Eastside	6.8
3	Ethan Arevedo	Don Bosco	6.9
4	Omaree Walker	Don Bosco	6.9
5	Elijah Bellinger	Valley Central	7.0

Boys 55 Meter Hurdles

Place	Name	Team	Time
1	Nathan Storz	Emerson	8.7
2	Jaheim Burke	Irvington	9.0
3	Elliot Buzby	Bernardsville	9.3
4	Joe Brubaker	Lyndhurst	9.4
5	Devin Loprieno	Valley Central	10.2

Boys 300 Yard Dash

Place	Name	Team	Time
1	Andrew Sutherland	Spring Valley	35.1
2	Elijah Carroll	Eastside	36.1
3	Logan N.	Hackensack	36.4
4	Matt Armunt	Lyndhurst	36.8
5	Owen Zearfeos	Indian Hills	36.8

Boys 600 Yard Run

Place	Name	Team	Time
1	Patrick Griffin	Bernards	1:21.2
2	Kevin Jenkins III	Linden	1:22.5
3	Josiah Hanna	Linden	1:23.0
4	Isalah Park	Paramus	1:23.8
5	Farrell Kehm	Don Bosco	1:24.4

Boys 1000 Yard Run

Place	Name	Team	Time
1	Denz Kalkandelen	Indian Hills	2:49.1
2	Luke Parker	Eastern Christian	2:49.4
3	Guy Allegri	Pompton Lakes	2:49.7
4	Joseph Capuzzo	Waldwick	2:51.5
5	Bryan Sosa	Machester	2:59.0

Boys One Mile Run

Place	Name	Team	Time
1	Collin Gilstrop	Monroe-Woodbury	4:42.0
2	Collin Catherwood	Monroe-Woodbury	4:43.7
3	John Urciuoli	Monroe-Woodbury	4:49.6
4	Jacob Sahlstrom	Valley Central	4:53.0
5	Russell Braver	Indian Hills	4:57.6

Boys Two Mile Run

Place	Name	Team	Time
1	Collin Catherwood	Monroe-Woodbury	9:55.3
2	John Vrciuoli	Monroe-Woodbury	10:22.3
3	Dylan Crain	Bernardsville	10:49.5
4	Philip Williams	Ridgewood	10:56.8
5	Daniel Phillips	Indian Hills	11:04.6

Boys Shot Put

Place	Name	Team	Mark
1	Joshua Manning	Manchester	45-11.75
2	Pablo Montenez	Linden	44-5
3	Jason Ballen	Midland Park	43-9.25
4	Elijah Aboagye	Hackensack	42-11.25
5	Braden Holm	Midland Park	42-9.75

Boys High Jump

Place	Name	Team	Mark
1	Nicolo Caminiti	Bernards	5-10
2	Connor Haysion	Park Ridge	5-8
3	Jordan Engram	Lodi	5-6
4	Hizazia Marshall	Valley Central	5-6
5	Luce Parker	Eastern Christian	5-3

Boys Pole Vault

Place	Name	Team	Mark
1	Matthew Aoro	Ridgewood	11-0
2	Landon Laulson	Ridgewood	10-0
3	Victor Mai	Hackensack	9-6
4	Kris Estada	Paramus	9-0
5	Jonathan Nunez	Hackensack	8-6

Boys Long Jump

Place	Name	Team	Mark
1	Nathan Storz	Emerson	20-1
2	Jordan Eugram	Lodi	18-1.75
3	Khyiene Colter	Eastside	17-8.5
4	Daniel Perdomo	Waldwick	16-10.5
5	Nicolo Caminity	Bernards	16-0.5

Boys Triple Jump

Place	Name	Team	Mark
1	Nathan Storz	Emerson	43-11.75
2	Jordan Enigan	Lodi	38-5.5
3	Walter Requeno	Waldwick	32-5.25
4	Owen Zeafus	Indian Hills	32-1.75
5	Joe Fitzmaurize	Indian Hills	31-7.75

Boys 4x400 Meter Relay

Place	Team	Names	Time
1	Lyndhurst	Armont, Brubaker, Cohen, Ri	3:56.9
2	Paramus		3:58.5
3	Bernards		3:59.8
4	Eastside		4:07.1
5			

Boys 4x800 Meter Relay

Place	Team	Names	Time
1	Monroe-Woodbury	Gilstrop, Hala, Cinque, Shetty	8:49.0
2	Bernards		9:45.2
3	Paramus		9:45.3
4	Pompton Lakes		9:54.8
5	Eastern Christian		9:57.3

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Novice

Boys Novice 55 Meter Dash

Place	Name	Team	Time
1	Jonah Capers	PCTI	7.0
2	Junor Botto	Eastside	7.1
3	Andrew Spiratos	Lydhurst	7.2
4	Khylene Colter	Eastside	7.3
5	Sebastian Nunez	Manchester	7.5

Boys Novice 55 Meter Hurdles

Place	Name	Team	Time
1	Kendel Moses	Linden	8.7
2	Quinn Siedlecki	Don Bosco	9.0
3	Joe Logan	Don Bosco	9.3
4	Jake Frederick	Indian Hills	9.5
5	Sebastian Hazel	Monroe-Woodbury	9.7

Boys Novice 300 Yard Dash

Place	Name	Team	Time
1	Kendel Moses	Linden	35.8
2	Gerald Volcy	Irvington	36.2
3	Reagan St. John	Irvington	36.8
4	Jake Frederick	Indian Hills	37.5
5	Joe Logan	Don Bosco	37.6

Boys Novice 600 Yard Run

Place	Name	Team	Time
1	Owen Zeafaus	Indian Hilla	1:29.8
2	Joe La Monica	Indian Hilla	1:30.4
3	Nick Rosado Velazquez	Westwood	1:31.0
4	Alex Minitis	Midland Park	1:31.3
5	Will Roche	Westwood	1:32.5

Boys Novice One Mile Run

Place	Name	Team	Time
1	Aman Shetty	Monroe-Woodbury	4:53.2
2	Jonathan Bricate	Ridgewood	5:04.2
3	Dan Winters	Monroe-Woodbury	5:21.1
4	Mike McCormick	Indian Hills	5:27.4

5	Sameer Katwala	Indian Hills	5:29.2
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Boys Novice Shot Put

Place	Name	Team	Mark
1	Jair Stewart	Eastside	36-4
2	Gene Petrella	Hackensack	35-6.5
3	Daniel Kearney	Ridgewood	35-5.75
4	Brenden Chia	Don Bosco	34-10.25
5	Nate Bowen	PCTI	34-7.75

Boys Novice High Jump

Place	Name	Team	Mark
1	Kendel Moses	Linden	5-3
1	Isiah Gibson	Linden	5-3
3	Andrew Christenson	Park Ridge	5-0
3	Jair Stewart	Eastside	5-0
5	Jared Garcia	PCTI	5-0

Boys Novice 4x400 Meter Relay

Place	Team	Names	Time
1	Valley Central	Tejada, Quinn, Rankine, Stick	3:49.4
2	Lyndhurst		4:08.0
3	Paramus		4:11.5
4	Paramus Catholic		4:12.8
5	Paramus		4:13.9

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Frosh

Boys Frosh 55 Meter Dash

Place	Name	Team	Time
1	Calvin Ran	Ridgewood	7.2
2	Jayden Candelania	Paramus Catholic	7.3
3	Josh Jones	PCTI	7.4
4	Seojin Kim	Paramus	7.5
5	Anthony	Westwood	7.9

Boys Frosh 55 Meter Hurdles

Place	Name	Team	Time
1	James Dely	Paramus Catholic	9.0
2	Thomas Gutierrez	Monroe-Woodbury	9.9
3	Owen Keating	Pompton Lakes	10.8
4			
5			

Boys Frosh 300 Yard Dash

Place	Name	Team	Time
1	Jack McKenna	Ridgewood	37.5
2	Calvin Ran	Ridgewood	37.9
3	Josh Jones	PCTI	37.9
4	Jordan Moss	PCTI	38.4
5	Harrison Carolan	Don Bosco	39.8

Boys Frosh 600 Yard Run

Place	Name	Team	Time
1	Caleb Kuperus	Eastern Christian	1:29.9
2	Isaac Camilo	Lydhurst	1:33.0
3	Rocky Reavey	Valley Central	1:34.3
4	Kasper Ruzsala	Linden	1:34.9
5	Jack Farber	PCTI	1:36.0

Boys Frosh One Mile Run

Place	Name	Team	Time
1	Trevor Kane	Ridgewood	5:11.8
2	Benjamin P.	Ridgewood	5:14.0
3	Luke Pash	Ridgewood	5:14.5
4	Nick Paradiso	Indian Hills	5:18.5

5	Isaac Camilo	Lyndhurst	5:18.9
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Boys Frosh Shot Put

Place	Name	Team	Mark
1	Jake Douma	Midland Park	30-9.75
2	Oliver Wagner	Paramus Catholic	29-0
3	Ben Bowen	PCTI	27-7.5
4	Ethan Xiao	Ridgewood	27-3.5
5	Jaiden Gordan	Linden	26-1.5

Boys Frosh High Jump

Place	Name	Team	Mark
1			
2			
3			
4			
5			

Boys Frosh Long Jump

Place	Name	Team	Mark
1	Caleb Kuperus	Eastern Christian	16-6
2	Jack Farber	PCTI	15-7.5
3	Max Daniels	Indian Hills	15-7
4	Jyles Taylor	Valley Central	15-6
5	Luke Festa	Indian Hills	14-7.5

Boys Frosh Triple Jump

Place	Name	Team	Mark
1	Caleb Kuperus	Eastern Christian	33-10.25
2	Jake Esak	Indian Hills	29-9.75
3	Luke Festa	Indian Hills	28-10.25
4			
5			

Boys Frosh Pole Vault

Place	Name	Team	Mark
1	Liam Bottcher	PCTI	6-6
2			
3			
4			
5			

Boys Frosh 4x400 Meter Relay

Place	Team	Names	Time
1	Monroe-Woodbury	Weeks, Medrano, Meade, Fri	4:08.8
2	Eastern Christian		4:17.8
3	Ridgewood		4:20.0
4	Valley Central		4:25.5
5	PCTI		4:31.7