



**RIDGEWOOD  
TRACK  
&  
FIELD**

**1982**

**SEASON  
SUMMARY**



## Team Members:

Seniors

Kathy Bade  
 Alison Barbi  
 Trish Fogarty  
 Nicole Kokoletsos  
 Stephanie Semprevivo  
 Monica Richter  
 Mary Taylor  
 Colleen Wright

Juniors

Donna Crawford  
 Cristie Diaz  
 Liz Fox  
 Kathy Granata  
 Karen Haass  
 Sue Hibbert  
 Kirsten Kannengieser  
 Patti Mileski  
 Mary Ellen Mileski  
 Beth Pringle  
 Karen Prickitt  
 Kirsten Paul  
 Sally Rielle  
 Sharon Stemley  
 Jenny Jahrling

Sophomores

Leslie Barbi  
 Lizzie Buckley  
 Deidre Chamales  
 Wendy Hawthorne  
 Anja Kannengieser  
 Lauren Goodell  
 Laura Keresty  
 Cathy Vickery  
 Mary Beth O'Regan  
 Amanda Williamson  
 Hope Wright

Coaches: Jacob Brown  
 Barbara Drummond  
 Jim Reamer

## Team Record:

Dual Meets:  
 7 wins - 1 loss

RHS - 74	Bergenfield -48
RHS -78	Paramus - 44
RHS - 79	Passaic Valley -42
RHS - 83	Fairlawn - 39
RHS - 75	Clifton - 47
RHS - 97	Bloomfield - 25
RHS - 79	Hackensack - 43
Teaneck - 68	RHS - 54

Championship Meets:  
 2 championships

Toms River Relays  
 Bergen County Relays - 42pts 1st  
 Penn Relays - 3200 m relay 6th in  
 championship final  
 County Group IV champs 1st  
 NJJIL champs 2nd  
 New Jersey Relays - distance medley  
 2nd place  
 Ridgewood Relays - 19 pts 3rd  
 Bergen Meet of Champs - 9 athletes  
 won medals, 2 champions  
 State Sectionals 24 points 3rd  
 State Group IV 5 points 15th  
 State Championship  
 Bergen Pentathlon  
 Silver East

RIDGEWOOD VS BERGENFIELD WEATHER SUNNY & WINDY  
 DATE 4/1/82 TRACK CONDITIONS LOOSE

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	B
Long Jump	JUDY SEEBECK 15' 6 1/2" B	STEPHANIE SEMPREVIVO 14' 10 1/2" R	KATHY GRANATA 14' 9 1/4" R	4	5
Inter-mediate Hurdles	NORENE KING 1:15 B	WENDY HAWTHORNE 1:16.1 R	KIRSTEN KANNENGIESER 1:17.1 R	4	5
100 meter Dash	MARIA NORDBERG 13.1 B	KATHY VICKERY 13.5 R	TRISH FOGARTY 13.9 R	4	5
1600 m Run	M.E. MILESKI 5:26.9	TONI ANGIONE 5:29.8 B	BETH PRINGLE 5:39.9 R	6	3
400 meter Dash	PATTI MILESKI 1:03.2 R	JO ANN CASEY 1:06.6 R	N. EUFEMIA 1:08.2 B	8	1
100 meter Hurdles	NORENE KING 17.3 B	MONICA RICHTER 17.5 R	CHARLETTE LE SANE 18.8 R	4	5
800 meter Run	MARIA NORDBERG 2:29.1 B	MARY ELLEN MILESKI 2:34.6 R	ANJA KANNENGIESER 2:35.3 R	4	5
200 meter Dash	KATHY VICKERY 29.6 R	TRISH FOGARTY 29.0 R	STEPHANIE SEMPREVIVO 29.4 R	9	0
3200 m Run	PATTI MILESKI 11:29.9 R	TONI ANGIONE 12:02 B	BETH PRINGLE 12:29.7 R	6	3
Triple Jump	MONICA RICHTER 33' 8 3/4" R	KATHY GRANATA 32' 4" R	JUDY SEEBECK 31' 5" B	8	1
4x400 m Relay	RIDGEWOOD VICKERY, CASEY, 4:30.1	FRIARS FOGARTY	BERGENFIELD 4:30.3	5	0
Shot Put	ECKSTEIN 27' 7" B	BUTLER 26' 11" B	POWERS 26' 7" B	0	9
Discus	POWERS 81' 7" B	SHARON STEMLEY 78' 5" R	SUE HIBBERT 74' 10" R	4	5
High Jump	KATHY GRANATA 4' 10" R	MONICA RICHTER 4' 10" R	MARIA NORDBERG 4' 10" B	8	1
Final Score				74	48

RIDGEWOOD VS

PARAMUS

WEATHER

SUNNY COLD

DATE 4/5/82

TRACK CONDITIONS

Semi Firm

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	P
Long Jump	14'7 1/2" P	P	KOKOLETSOS GRANATA 13'11 1/2 R	1	8
Inter- mediate Hurdles	COPPOLETTA P	WENDY 76.4 HAWTHORNE R	GILES 76.4 P	3	6
100 meter Dash	CHEMENTI P	TRISH FOGARTY 13.7 R	KATHY VICKERY 14.1	4	5
1600 m Run	MARY ELLEN MILESKI PATTI MILESKI 5:17.5 R		ANJA KANNENGIESER 5:37.5 R	9	0
400 meter Dash	JOANN CASEY 66.9 R	STEPHANIE SEMAREVIVO 68.1 R	ROMER 73.4 P	8	1
100 meter Hurdles	COPPLETTE 17.0 P	MONICA RICHTER 17.7	GLETCHNER 19.3 P	3	6
800 meter Run	BETH PRINGLE 2:32.5 R	LAURA KERESTY 2:42.3 R	GILES 2:48.4 P	8	1
200 meter Dash	CHEMMENTI 28.8 P	KEMPTI 30.1 P	KAREN HAASS 30.5 R	1	8
3200 m Run	ALISON BARBI 13:43.9 R	Leslie BARBIE 13:47 R	LIZ FOX 14:15 R	9	0
Triple Jump	MONICA RICHTER 31'10" R	KATHY GRANATA 31'8 1/2" R	LISA COPPOLETTA 31'3" P	8	1
4x400 m Relay	PARAMUS 4:39.9	RIDGEWOOD 4:43		0	5
Shot Put	KAREN PRILKETT 27'8 1/2" R	SUE HIBBERT 23'11 1/2"	OLCHRYM 23'5" P	8	1
Discus	SHARON STANLEY 79'10" R	SUE HIBBERT 78'7 1/2" R	OLCHRYM 63'8 1/2" P	8	1
High Jump	MONICA RICHTER 5'0" R	WENDY HAWTHORNE 4'10" R	WUENSCH 4'4" P	8	1
Final Score				78	44

RIDGEWOOD VS PASSAIC VALLEY

WEATHER SUNNY + COLD

DATE APRIL 5<sup>TH</sup>, 1982

TRACK CONDITIONS SEMI FIRM

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	P.V.
Long Jump	GRANATA KOKOLETSOS 13'11"		STEPHANIE SEMPREVIUO 13'7" R	9	0
Inter- mediate Hurdles	WENDY 76.4 HAWTHORNE R	KIRSTEN 76.8 KANNENGIESER R	LIZ 77.9 BUCKLEY	9	0
100 meter Dash	TRISH FOGARTY 13.7 R	TAYLOR 13.9 PV	FISHER PV. 14.1 VICKERY R 14.1	5 1/2	3 1/2
1600 m Run	MARY ELLEN MILESKI PATTI MILESKI	5:17.5 R	ANJA KANNENGIESER 5:37.5 R	9	0
400 meter Dash	JO ANN CASEY 66.9 R	STEPHANIE SEMPREVIUO 68.1 R	THOMPSON 69.9 PV	8	1
100 meter Hurdles	MONICA RICHTER 17.7 R	FISCHER 18.8 PV	MARY TAYLOR 19.5 R	6	3
800 meter Run	BETH PRINGLE 2:32.5 R	VALENTINE 2:42.3 P.V.	LAURA KERESTY 2:45.8 R	6	3
200 meter Dash	TAYLOR 28.7 PV	FISCHER 30.1 P.V.	KAREN HAASS 30.5 R	1	8
3200 m Run	LESLIE PERRE 12:47.5 P.V.	FIORILLA 13:39 P.V.	AISON BARBI 13:43.9 R	1	8
Triple Jump	MONICA RICHTER 31'10" R	KATHY GRANATA 31'8 1/2" R	SWANK 28 1/2" P.V.	8	1
4x400 m Relay	RIDGEWOOD 4:43	KOKOLETSOS K. KANNENGIESER O'REASEN VICKERY	PASSAIC VALLEY 4:47	5	0
Shot Put	BALLANTYNE 28' 11 1/2" P.V.	PRICKETT 27' 8 1/2"	PROFITT 25' 1"	3	6
Discus	90' 2" P.V.	89' 5" P.V.	SHARON STEMLEY 79' 10" R	1	8
High Jump	MONICA RICHTER 5'0" RHS	WENDY HAWTHORNE 4'10" R	NANCY GULINO 4'6" P.V.	8	1
Final Score				79 1/2	42 1/2

RIDGEWOOD VS FAIR LAWN

WEATHER SUNNY + COLD GREAT BUT NIPPY

DATE APRIL 12<sup>TH</sup> 1982

TRACK CONDITIONS SEMI FIRM

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	F
Long Jump	BALLAN 14'9" F	NICHOLE KOKOLETSOS 14'7 <sup>1</sup> / <sub>4</sub> " R	KATHY GRANATA 14'4" R	4	5
Inter-mediate Hurdles	BALLAN 74.6 F	WENDY HAWTHORNE 76.1 R	KIRSTEN KANNENGIESER 78.7 R	4	5
100 meter Dash	TRISH FOGARTY 13.4 R	KATHY VICKERY 13.5 R	GUTMAN 14.3 F	8	1
1600 m Run	ANJA KANNENGIESER 5:56.5 R	LAURA KERESTY 6:34.3 R	<del>LAURA</del> SALLY RIELLE 6:38.7 R	9	0
400 meter Dash	GAIL FRIARS 67.8 R	LAPSLEY 72.1 F	JENNY JAHRLING 73.3 R	6	3
100 meter Hurdles	MONICA RICHTER 18.2 R	FOSDOM 18.8 F	BALLAN 18.8 F	5	4
800 meter Run	KAREN HAASS 2:43.7 R	CHRISTIE DIAZ 2:49.8 R	LIZ FOX 2:54.5 R	9	0
200 meter Dash	STEPHANE SEMAREVIVO 28.5 R	JO ANN CASEY 29.1 R	SCHINSKI 30.5 F	8	1
3200 m Run	BETH PRINGLE 12:03.1 R	LESLIE BARBI 13:52.8 R	SPINELLI 14:28.2 F	8	1
Triple Jump	MONICA RICHTER 31'4 <sup>3</sup> / <sub>4</sub> " R	NICHOLE KOKOLETSOS 30'10 <sup>1</sup> / <sub>4</sub> " R	FOSDOM 29'11 <sup>3</sup> / <sub>4</sub> " F	8	1
4x400 m Relay	RIDGEWOOD 4:30	Casey Mary Patt Trish Mileski Mileski Fogarty		5	0
Shot Put	DESICS 32'4" F	SICINSKI 29'9" F	HICKEY 26'2" F	0	9
Discus	DESICS 102'10" F	HICKEY 81'9" F	SICINSKY 75'7" F	0	9
High Jump	MONICA RICHTER 5'0" R	WENDY HAWTHORNE 4'10" R	KATHY GRANATA 4'10" R	9	0
Final Score				83	39

RIDGEWOOD VS CLIFTON

WEATHER SUNNY + COOL

DATE APRIL 19<sup>TH</sup>, 1982

TRACK CONDITIONS FIRM

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	C
Long Jump	MONICA RICHTER 15' 1/4" R	SCHMIDT 14' 4" C	KATHY GRANATA 13' 11/4" R	6	3
Inter-mediate Hurdles	STOLL 1:15.6 C	KIRSTEN KANNENGIESER 1:16.4 R	WENDY HAWTHORNE 1:19.9 R	4	5
100 meter Dash	TRISH FOGARTY 13.9 R	MALONEY 14.3 C	PIGNATELLO 14.5 C	5	4
1600 m Run	MARY ELLEN MILES PATTI MILES RHS	5:27.1	BETH PRINGLE 5:31.0 R	9	0
400 meter Dash	SCHMIDT 1:04.4 C	COLLEEN WRIGHT 1:07.5 R	KIRSTEN KANNENGIESER 1:09.9 R	4	5
100 meter Hurdles	MONICA RICHTER 17.7 R	PIGNATELLO 18.3 C	BROWN 19.1 C	5	4
800 meter Run	KAREN HAASS 2:44 R	KRUKOWSKI 2:46 C	CHRISTIE DIAZ 2:54.8 R	6	3
200 meter Dash	SCHMIDT 28.9 C	KATHY VICKERY 29.4 R	JOANN CASEY 29.6 R	4	5
3200 m Run	COLLEEN WRIGHT 12:10 R	KRUKOWSKI 13:34 C	MICKEY 13:50 C	5	4
Triple Jump	KATHY GRANATA 33' 6" R	MONICA RICHTER 33' 2 3/4" R	WENDY HAWTHORNE 31' 1" R	9	0
4x400 m Relay	RIDGEWOOD 4:29.8	[FOGARTY HAASS VICKERY CASEY]		5	0
Shot Put	MCGLSAHAN 31' 9" C	ZILINEK 26' 1" C	KATHY BADE 25' 9" R	1	8
Discus	ZILINEK 80' 2" C	SUE HIBBERT 79' 3" R	MCGLSAHAN 78' 5" C	3	6
High Jump	MONICA RICHTER 4' 6" R	KATHY GRANATA WENDY HAWTHORNE 4' 6" R		9	0
Final Score				75	47



RIDGEWOOD VS BLOOMFIELD

WEATHER SUNNY & COOL

DATE April 19<sup>th</sup>, 1982

TRACK CONDITIONS Firm - Some Wind

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	B
Long Jump	MONICA RICHTER 15' 1/4" R	HUNTER 14' 11" B	KATHY GRANATA 13' 11 1/4" R	6	3
Inter-mediate Hurdles	KIRSTEN KANNENGIESER 1:16.4 R	WENDY HAWTHORNE 1:19.9 R	JENNY JAHLING 1:20.3 R	9	0
100 meter Dash	TRISH FOGARTY 13.9 R	ROBINSON 14.1 B	HARRIS 14.1 B	5	4
1600 m Run	MARY ELLEN MILESKI PATTI MILESKI	5:27.1 R	BETH PRINGLE 5:31.0 R	9	0
400 meter Dash	BOWEN 66.5 B	COLLEEN WRIGHT 1:07.5 R	KIRSTEN KANNENGIESER 1:09.9 R	4	5
100 meter Hurdles	MONICA RICHTER 17.7 R	MARY TAYLOR 19.7 R	NICOLE KOKOLETSOS 20.1 R	9	0
800 meter Run	KAREN HAASS 2:44 R	LORIDY 2:51 B	CHRISTIE DIAZ 2:54.8 R	6	3
200 meter Dash	KATHY VICKERY 29.4 R	PARIS 29.5 B	JO ANN CASEY 29.6 R	6	3
3200 m Run	COLLEEN WRIGHT 12:10 R	GONZALES 14:26 B	SALLY RIELLE 14:29 R	6	3
Triple Jump	KATHY GRANATA 33' 6" R	MONICA RICHTER 33' 2 3/4" R	<del>WENDY HAWTHORNE</del> WENDY HAWTHORNE 31' 1" R	9	0
4x400 m Relay	RIDGEWOOD 4:29.8	FOGARTY HAASS VICKERY CASEY		5	0
Shot Put	KATHY BADE 25' 9" R	SEGRETO 24' 3" B	SANCHEZ 24' 2" B	5	4
Discus	SUE HIBBERT 79' 3" R	SHARON STEMLEY 76' 2" R	KAREN PRICKITT 69' 11" R	9	0
High Jump	MONICA RICHTER 4' 6" R	KATHY GRANATA WENDY HAWTHORNE 4' 6" R		9	0
Final Score				97	25

RIDGEWOOD VS

HACKENSACK

WEATHER Sunny - Warm - Some Clouds

DATE May 3<sup>rd</sup>, 1982

TRACK CONDITIONS All-Weather

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	H
Long Jump	BEV. TERRY 16' 1/2" H	KATHY GRANATA 14' 5 1/2" R	MONICA RICHTER 14' 2 3/4" R	4	5
Inter-mediate Hurdles	REIGNGOLD 72.5 H	FERNANDEZ 73.4	HAWTHORNE 75.4	1	8
100 meter Dash	KATHY VICKERY 13.0 R	TRISH FOGARTY 13.1 R	COOK 13.6 H	8	1
1600 m Run	BETH PRINGLE 5:30.1 R	COLLEEN WRIGHT 5:30.1 R	ANJA KANNENGIESER 5:34.1 R	9	0
400 meter Dash	PATTI MILESKI 61.1 R	M.E. MILESKI 62.4 R	SECRYT JACKSON 62.5 H	8	1
100 meter Hurdles	MONICA RICHTER 16.8 R	REIGNGOLD 17.5 H	MARY TAYLOR 19.7 R	6	3
800 meter Run	PATTI MILESKI 2:25.1 R	M.E. MILESKI 2:28.2 R	ALISON FENNEL 2:28.2 H	8	1
200 meter Dash	KATHY VICKERY 27.5 R	TRISH FOGARTY 27.7 R	S. JACKSON 28.1 H	8	1
3200 m Run	COLLEEN WRIGHT 11:49.6 R	BETH PRINGLE 11:49.6 R	M. ALVAREZ 12:10.9 H	8	1
Triple Jump	MONICA RICHTER 32' 11 3/4" R	B. TERRY 32' 7 1/4" H	KATHY GRANATA 31' 10 1/4" R	6	3
4x400 m Relay	RIDGEWOOD 4:17.9 (VICKERY, MILESKI, MILESKI, FOGARTY)			5	0
Shot Put	WRIGHT 36' 1/2" H	McDONALD 29' 16 3/4" H	BADE 28' R	1	8
Discus	TYLER 91' H	SHARON STEINLEY 78' 4" R	JUDKINS 77' 7" H	3	6
High Jump	B. TERRY 4' 10" H	MONICA RICHTER 4' 10" R	KATHY GRANATA 4' 8" R	4	5
Final Score				79	43

RIDGEWOOD VS TEARNECK

WEATHER SUNNY - WARM -

DATE MAY 3<sup>rd</sup>, 1982

TRACK CONDITIONS ALL WEATHER

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	T
Long Jump	O GARRO 15' 5 1/2" T	KATHY GRANATA 14' 5 1/2" R	WITHERS 14' 3" T	3	6
Inter-mediate Hurdles	JUDY PALMER 66.2 T	M. PALMER 73.0 T	WENDY HAWTHORNE 75.4 R	1	8
100 meter Dash	M. GOLDEN 12.5 T	SAMUELS 12.9 T	KATHY VICKERY 13.0 R	1	8
1600 m Run	BETH PRINGLE 5:30.1 R	COLLEEN WRIGHT 5:30.1 R	ANJA KANNENSIESER 5:34.1 R	9	0
400 meter Dash	RODMAN 59.7 T	PATTI MILESKI 61.1 R	M.E. MILESKI 62.4 R	4	5
100 meter Hurdles	JUDY PALMER 14.8 T	MONICA RICHTER 16.8 R	WITHERS 17.9 T	3	6
800 meter Run	PATTI MILESKI 2:25.1 R	MARY ELLEN MILESKI 2:28.2 R	THREOT 2:38.7	8	1
200 meter Dash	SAMUELS 27.0 T	M. GOLDEN 27.1 T	RODMAN 27.3 T	0	9
3200 m Run	COLLEEN WRIGHT 11:49.6	BETH PRINGLE 11:49.6	ANJA KANNENSIESER 12:39.0 R	9	0
Triple Jump	MONICA RICHTER 32' 11 3/4" R	WITHERS 32' 6" T	O'GARROW 32' 5 3/4" T	5	4
4X400 m Relay	TEARNECK 4:08.5	RIDGEWOOD 4:17.9		0	5
Shot Put	LAUREN McMANNUS 35' 2 1/2" T	KATHY BADE 28' R	BAILEY 25' 10 1/2" T	3	6
Discus	PHILLIPS 81' 3" T	STEMLEY 78' 4" R	HIBBERT 72' 8" R	4	5
High Jump	LAUREN McMANNUS 4' 10" T	MONICA RICHTER 4' 10" R	KATHY GRANATA 4' 8" R	4	5
Final Score				54	68

April 15<sup>th</sup>

## The Record's girls track poll

### BERGEN GROUPS 1-2

	Pts.
1. Rutherford (2) _____	28
2. Saddle Brook (2) _____	26
3. Tenafly (2) _____	24
4. Park Ridge (1) _____	17
5. New Milford _____	10

### BERGEN GROUPS 3-4

1. Westwood (4) _____	28
2. Englewood (2) _____	22
3. Ridgewood _____	19
4. Teaneck _____	16
5. Pascack Valley _____	13

**Also:** Hackensack (1) 6, and Dumont 1.  
First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Randy Krakower, Paramus Catholic, Jim Heinz, Pascack Valley, Ed Church, Hackensack, Bob Waterman, Tenafly, Jock Brown, Ridgewood, Lou Molino, Ramsey, and John Mayer, The Record.

### PASSAIC COUNTY

1. Eastside (3) _____	19
2. Kennedy (1) _____	16
3. West Milford _____	8
4. DePaul _____	7
5. Passaic Valley _____	6

**Also:** Passaic Tech 2, Wayne Valley 1, and Manchester 1.

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Chris Barnish, Wayne Valley, Louis Fraulo, Clifton, Charlie Weinpel, Passaic Tech, and John Mayer, The Record.

THE RECORD, THURSDAY, APRIL 22, 1982

## The Record's girls track polls

### Bergen Group 1-2

	Pts.
1. Tenafly (4) _____	23
2. Saddle Brook _____	20
3. Rutherford (1) _____	17
4. Ramsey _____	8
5. Cresskill _____	7

### Bergen Group 3-4

1. Ridgewood (4) _____	23
2. Westwood (1) _____	21
3. Englewood _____	16
4. Pascack Valley _____	8
5. Teaneck _____	6

**Also:** Old Tappan 1.  
First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Jim

Heinz, Pascack Valley; Jacob Brown, Ridgewood; Lou Molino, Ramsey; Al Germann, Bogota; and John Mayer, The Record.

### Passaic

1. Eastside (4) _____	24
2. Kennedy (1) _____	19
3. Passaic Tech _____	12
4. West Milford _____	7
5. Wayne Hills _____	4
Manchester _____	4

**Also:** DePaul 3, Passaic Valley 2.  
First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Chris Barnish, Wayne Valley; Louis Fraulo, Clifton; Charlie Weinpel, Passaic Tech; Henry Baker, Eastside; and John Mayer, The Record.

## The Record's girls track polls

### Bergen Group 1-2

	Pts.
1. Tenafly (7) _____	38
2. Saddle Brook _____	31
3. Rutherford (1) _____	26
4. Ramsey _____	13
5. Cresskill _____	10

**Also:** Park Ridge 2.

### Bergen Group 3-4

1. Ridgewood (7) _____	38
2. Westwood (1) _____	33
3. Englewood _____	25
4. Pascack Valley _____	15
5. Teaneck _____	9

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Jim Heinz, Pascack Valley, Jacob Brown, Ridgewood, Lou Molino,

Ramsey; Al Germann; Bogota; Ed Church, Hackensack, Bob Waterman, Tenafly, Randy Krakower, Paramus Catholic; and John Mayer, The Record.

### Passaic

1. Eastside (4) _____	24
2. Kennedy (1) _____	18
3. Passaic Tech _____	13
4. West Milford _____	9
5. DePaul _____	6

**Also:** Manchester 2, Wayne Hills 2, Hawthorne 1

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Chris Barnish, Wayne Valley, Louis Fraulo, Clifton, Charlie Weinpel, Passaic Tech, Henry Baker, Eastside, and John Mayer, The Record.

MAY 13<sup>th</sup> 1932

## The Record's girls track polls

### Bergen Group 1-2

	Pts.
1. Tenafly (7) _____	35
2. Saddle Brook _____	28
3. Rutherford _____	21
4. Ramsey _____	11
5. Park Ridge _____	9

Also: Cresskill 1.

### Bergen Group 3-4

1. Westwood (3½) _____	31½
2. Ridgewood (3½) _____	30½
3. Teaneck _____	17
4. Pascack Valley _____	14
5. Old Tappan _____	8

Also: Englewood 4.

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Jim Heinz, Pascack Valley; Jacob Brown, Ridgewood; Ed Church, Hackensack; Randy Krakower, Paramus Catholic; Al Germann, Bogota; Lou Molino, Ramsey; and John Mayer, The Record.

## Record's girls track polls

### BERGEN GROUP 1-2

	Pts.
1. Tenafly (5) _____	25
2. Saddle Brook _____	20
3. Rutherford _____	15
4. Ramsey _____	10
5. Park Ridge _____	5

### BERGEN GROUP 3-4

1. Westwood (5) _____	25
2. Teaneck _____	18½
3. Ridgewood _____	13½
4. Pascack Valley _____	9
5. Englewood _____	5

Also: Old Tappan 3, Hackensack 1.

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Jim Heinz, Pascack Valley; Jacob Brown, Ridgewood; Bob Waterman, Tenafly; Ed Church, Hackensack; and John Mayer, The Record.

### PASSAIC

1. Eastside (5) _____	25
2. Passaic Tech _____	20
3. West Milford _____	12
Kennedy _____	12
5. Wayne Hills _____	4

Also: Lakeland 2.

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Louis Fraulo, Clifton; Charlie Weipel, Passaic Tech; Henry Baker, Eastside; Chris Barnish, Wayne Valley; and John Mayer, The Record.

## The Record's final girls track polls

### Bergen Group 1-2

	Pts.
1. Tenafly (6½) _____	34½
2. Saddle Brook (½) _____	28½
3. Rutherford _____	19
4. Ramsey _____	11
Park Ridge _____	11

Also: Midland Park 1.

### Bergen Group 3-4

1. Westwood (7) _____	35
2. Teaneck _____	25
3. Ridgewood _____	21
4. Englewood _____	13
5. Pascack Valley _____	11

First-place votes in parentheses. Voting on a 5-4-3-2-1 basis.

**Selection committee:** Jim Heinz, Pascack Valley; Jacob Brown, Ridgewood; Lou Molino, Ramsey; Al Germann, Bogota; Ed Church, Hackensack; Randy Krakower, Paramus Catholic; and John Mayer, The Record.

# High School

## Track and field

Manchester 77	Lodi 45
New Milford 104	Wallington 28
Passaic 81	For Law 40
Ridgewood 74	Bergenfield 46
Saddle Brook 99	Waldwick 27
Teaneck 97	Bloomfield 25

Patty Mileski won two events, while her sister Mary Ellen took a first and a second to lead the Ridgewood girls team to a 74-48 NNJIL win over Bergenfield.

### GIRLS TRACK

Manchester 71	Hawthorne 42
Old Tappan 3 1/2	Englewood 1 1/2
Paramus Cath. 91	St. Dominic 30
Park Ridge 81	Ridgefield 55
Passaic Valley 68	Paramus 54
Ridgewood 78	Paramus 44
Ridgewood 76 1/2	Passaic Valley 45 1/2
Rutherford 79	Cresskill 52
Saddle Brook 95	Glen Rock 29
Imm. Heart at Bogota, p.d.	April 30.

Lisa Coppoletta of Paramus swept the hurdles, but Monica Richter of Ridgewood took the high jump and long jump and the Maroons dominated the distance events in beating Paramus, 78-44, and Passaic Valley, 76 1/2-45 1/2, while Passaic Valley topped Paramus, 68-54.

### Girls meets

**100M (13.5)** — Chris Chimentl, Paramus, 13.5; Ajmal, Wallington, 13.6.

**200M (28.4)** — Lisa Van Dolan, Manchester, 28.3; Terri Pagliuco, N. Arlington, 30.2.

**400M (66.0)** — Lisa Van Dolan, Manchester, 63.9; Maria Malatak, Rutherford, 63.6; Andrea Ostrowski, Park Ridge, 65.4; Terri Pagliuco, N. Arlington, 67.2.

**800M (2:35)** — Beth Pringle, Ridgewood, 2:32.5; Inga Manskof, Rutherford, 2:35; Rochele Rossini, N. Arlington, 2:53.

**1,600M (5:50)** — Mary Ellen Mileski, Ridgewood, 5:17.5; Patti Mileski, Ridgewood, 5:17.5; Anja Kannengieser, Ridgewood, 5:37.5; Rose Del Vescovo, Rutherford, 5:38.9.

**100M LH (17.5)** — Lisa Coppoletta, Paramus, 17.0.

**400M relay (55.0)** — Rutherford, 55.0

**400M IH (73.5)** — Carolyn Sonzogni, Paramus Catholic, 69.1; Lisa Coppoletta, Paramus, 71.4; Murray, Rutherford 72.0; Lisa Pego, Rutherford, 72.9.

**Long jump (15 feet)** — Carolyn Sonzogni, Paramus Catholic, 15-7 1/2; Deneen Steiner, Ridgefield, 15-3 1/2; Hormal, Wallington, 15-3; Maureen Shanahan, Saddle Brook, 15-0.

**Triple jump (31-6)** — Deneen Steiner, Ridgefield, 34-11; Massop, Glen Rock, 32-6 1/4; Lisa Van Dolan, Manchester, 32-1; Monica Richter, Ridgewood, 31-10; Kathy Granata, Ridgewood, 31-8 1/2.

**High jump (4-9)** — Nancy Larena, Saddle Brook, 5-0; Deneen Steiner, Ridgefield, 5-0; Monica Richter, Ridgewood, 5-0; Wendy Hawthorne, Ridgewood, 4-10.

# Track bests of day

## Girls meets

**100M (13.5)** — Marteze Golden, Teaneck, 13.1; Maria Nordberg, Bergenfield, 13.1; Heather Samuels, Teaneck 13.2; Lori Soley, Westwood, 13.3; Marie McVeigh, Demarest, 13.4; Cathy Vickery, Ridgewood, 13.5.

**200M (28.4)** — Soley, Westwood, 27.3; Samuels, Teaneck, 27.5; Golden, Teaneck, 27.7; Lisa Deragon, Demarest, 28.3.

**400M (66.0)** — Patty Mileski, Ridgewood, 63.2; Lisa Deragon, Demarest, 64.3.

**800M (2:35)** — Nordberg, Bergenfield, 2:29.1; Mary Ellen Mileski, Ridgewood, 2:34.6; Marie McVeigh, Demarest, 2:34; Anja Kannengieser, Ridgewood, 2:35.

**1,600M (5:50)** — Mary Ellen Mileski, Ridgewood, 5:26.9; Toni Angione, Bergenfield, 5:29.8; Beth Pringle (Rid) 5:29.9; Barbara Gradley, Westwood, 5:48.8.

**3,200M (12:40)** — Patty Mileski, Ridgewood, 11:29.9; Angione, Bergenfield, 12:02; Gradley, Westwood, 12:18; Pringle, Ridgewood, 12:29.7; M. Ritter, Westwood, 12:38.

**100M LH (17.5)** — Judith Palmer, Teaneck, 17.3; Noreen King, Bergenfield, 17.3; Monica Richter, Ridgewood, 17.5.

**400M IH (73.5)** — Palmer, Teaneck, 69.0.

**Mile or 1,600M relay (4:30)** — Westwood, 4:18; Demarest, 4:20; Ridgewood, 4:30.

**Long jump (15 feet)** — Soley, Westwood, 15-10 1/2; Marie McVeigh, Demarest, 15-9; Pamela O'Garro, Teaneck, 15-8; Judy Seeback, Bergenfield, 15-6 1/2.

**Triple jump (31-6)** — Richter, Ridgewood, 33-8 3/4; Kathy Granata, Ridgewood, 32-4.

**High jump (4-9)** — Lauren McManus, Teaneck, 5-0; Granata, Ridgewood, 4-10; Richter, Ridgewood, 4-10; Nordberg, Bergenfield, 4-10.

**Shot put (32 feet)** — McManus, Teaneck, 34-0.



### Girls meets

**100M (13.5)** — Robin Liverpool, Passaic Tech, 13.2; Stacie Palahnuk, Old Tappan, 13.3; Bridget Moran, Passaic Tech, 13.3; Pal Leverett, Passaic Tech, 13.4; Maria Nordberg, Bergenfield, 13.4; Ann McVeigh, Demarest, 13.4.

**200M (28.4)** — Donna Smith, Pascaack Valley, 27.1; Moran, 27.4; Palahnuk, Old Tappan, 27.4; Michelle Clark, Pascaack Valley, 28.0; Stacey Pierce, Passaic Tech, 28.3; Lisa Van Dolan, Manchester, 28.4.

**400M (66.0)** — Claudia Moodie, Westwood, 63.0; Andrea Ostrowski, Park Ridge, 63.2; Barbara Gradley, Westwood, 63.6; Sue Parker, Pascaack Valley, 63.9; Tracey Legato, Westwood, 64.0; Debbie Bishop, Ramapo, 64.2; Schmidt, Clifton, 64.4; Monica Eason, Indian Hills, 64.7; Donna Dauenhimer, Ramsey, 65.8; Deragon, Demarest, 65.8; Pierce, 65.9; Maureen Shanahan, Saddle Brook, 66.0.

**800M (2:35)** — Allison Fennell, Hackensack, 2:31; Tammy Scherr, Bergenfield, 2:33; Pam Farrell, Pascaack Valley, 2:34.6.

**1,600M (5:50)** — Mary Ellen Mileski, Ridgewood, 5:27; Patti Mileski, Ridgewood, 5:27; Beth Pringle, Ridgewood, 5:31; Siobhan Spillane, Old Tappan, 5:34.6; Ann Ulrich, Demarest, 5:39.4; Toni Angione, Bergenfield, 5:41; Stephanie Witt, Pascaack Valley, 5:42.5; Vicki Gusciora, Saddle Brook, 5:42.9; Cathy Jones, Ramsey, 5:44.2; Charlene McCalle, Manchester, 5:47.4; Maritza Alvarez, Hackensack, 5:48.

**3,200M (12:40)** — Colleen Wright, Ridgewood, 12:10; Siobhan Spillane, Old Tappan, 12:15; Ann McVeigh, Demarest, 12:22; Linda Rahal, Old Tappan, 12:29; Sue Ellen McSweeney, 12:30; Vicki Gusciora, Saddle Brook, 12:40.

**100M LH (17.5)** — Nancy Larena, Saddle Brook, 16.7; Noreen King, Bergenfield, 17.4.

**400M IH (73.5)** — Sue Dykstra, Ramsey, 71.6; Noreen King, Bergenfield, 73.5.

**Mile or 1,600M relay (4:30)** — Bergenfield, 4:22; Hackensack, 4:24; Indian Hills, 4:25; Cresskill 4:25.2; Demarest, 4:28; Passaic Tech, 4:30; Ridgewood, 4:30.

**Long jump (15 feet)** — Stacie Palahnuk, Old Tappan, 17-1; Marie McVeigh, Demarest, 16-6 1/4; Deneen Steiner, Ridgefield, 16-1; Sharnda Blackwell, Park Ridge, 15-0; Monica Richter, Ridgewood, 15-1 1/4.

**Triple jump (31-6)** — Stacie Palahnuk, Old Tappan, 34-10; Deneen Steiner, Ridgefield, 34-4 1/2; Kathy Cochran, Westwood, 34-1 1/2; Kathy Granata, Ridgewood, 33-6; Monica Richter, Ridgewood, 33-2 3/4; Judy Seeback, Bergenfield, 32-4 1/2; Cheryl Johnson, Westwood, 32-1 1/2; Van Dolan, Manchester, 31-9; Beverly Terry, Hackensack 31-8 1/4; Dauenhimer, Ramsey, 31-6 1/2; Reyher, Wayne Hills, 31-6.

**High jump (4-9)** — Nancy Larena, Saddle Brook, 5-2; Beverly Terry, Hackensack, 5-0; Deneen Steiner, Ridgefield, 5-0; Leverett, 5-0; Cochran, Westwood, 4-10; Moodie, Westwood, 4-10; Judy Seeback, Bergenfield, 4-10; Maria Nordberg, Bergenfield, 4-10.

**Discus (100 feet)** — Lynn Zimmer, Manchester, 103; Amy Hillier, Pascaack Hills, 102.

**Javelin (100 feet)** — Holly Anzaldi, Rutherford, 104.

**Shot put (32 feet)** — Regina Weinpahl, Westwood, 38-1; Celia Misretta, Park Ridge, 36-4 1/2; Cheryl Opalka, Wayne Hills, 32-4 1/2.

# Ridgewood triumphs

By Paul Schwartz  
Correspondent

TENAFLY — Jacob Brown, considered by many the father of Bergen County girls track, started his program nearly a decade ago, and Ridgewood dominated County track into the mid-Seventies. The Maroons slipped a bit from their lofty perch, but were still a force through the first four years of the Girls Bergen County Relays.

Ridgewood and Brown gained their first County Relays Group 3-4 title yesterday, and it took a fourth place in the 1,600-meter relay, the final event, to secure the 42-40 win over defending champion Westwood. Tenafly, with outstanding performances from the three Quinn sisters, took the 1,600 relay to retain its Group 1-2 title, 42-39, over Saddle Brook.

"We had good teams the past few years, but Teaneck, Westwood, and [in 1978] Ramsey were always able to beat us at the relays," said Brown. "But this year's team has had great leadership from our seniors and we won the meet because of that."

The Maroons used their distance strength to breeze to wins in the 3,200, 6,400, and distance medley relays. Patti Mileski and Beth Pringle were involved in all three wins, Mary Ellen Mileski in the 3,200 and distance medley, and Colleen Wright

in the 3,200 and 6,400. The Maroons won by 27, 35, and 65 seconds, in the 3,200, distance medley, and 6,400, respectively, the largest margins of the day.

Ridgewood also took the high jump with a County-record 15-4, with Kathy Granata leading all competitors at 5-4 and two other Maroon jumpers clearing 5 feet. It was the first time three members of one team had cleared five feet in the same meet. "That's indicative of our team. Monica Richter lost her spot as No. 1 jumper to Kathy, but she helped Kathy and all the girls to improve," said Brown. The sprint team added a win in the 400 and a point in

## Girls track

the 800.

Tenafly's win was a satisfying one for coach Bob Waterman. "We did a lot more last in the field events than we did this meet," said Waterman. "This year, except for winning the javelin, we did almost everything on the track."

The Tigers won five events in all, the metric one-, two-, four-mile, and sprint medley races and the javelin, and scored in every running event except the 800. In the sprint medley and 1,600, the Tigers were three-quarters Quinn as senior Jeanne, junior Jill, and freshman Terry joined with Eileen Keyes in the sprint med-

ley and Rachel Stoller in the clinching 1,600.

Jeanne also ran on the winning 3,200 foursome with Keyes, Laura McKenna, and Lisa Fallon and the latter three combined with Sue Frankel in the four-mile.

"The Quinns are a super family with superloyal girls and a very supportive family," said Waterman, who added his second girls title to three boys relays titles. "They didn't want to know what they needed before they went out in the last race. But they just ran as hard as they could and pulled the meet out."

Englewood, sparkled in the Group 3-4 races, winning the sprint medley in 4:13.8, the 800 in 1:46.6, and the 1,600 in 4:06.3 on the way to 32 points and a third-place finish. Shelia Coffin, Tisa Stubbs, and Roberta Williams ran on all three teams and Paula Ford was on the sprint medley and 800 teams.

Rutherford and Ramsey also had a shot at the Group 1-2 title, with Rutherford taking third overall, 35-34, on the strength of a second-place finish in the 1,600. Cresskill led Group 1 schools with 18 points.

Pascack Valley's Sue Parker tossed the javelin 119-7 for the day's top field performance and Paramus Catholic, paced by all-Bergen basketball star Carolyn Sonzogni, had a win in the Group 3-4 intermediate hurdles.

## Girls Group 3-4

### TEAM SCORING

Ridgewood 42, Westwood 40, Englewood 32, Pascack Valley 23, Teaneck 14, Dumont, Fair Lawn and Hackensack 13, Demarest and Paramus Catholic 12, Cliffside Park 10, Bergenfield 6, Paramus and Ridgefield Park 3, Indian Hills and Old Tappan 2

4x110m shuttle hurdles — 1, Westwood (Regina Weinpahl, Chris

Mathis, Maureen Glynn, Kathi Cochran) 1:09, 2, Teaneck, 1:11.6, 3, Fair Lawn, 1:12.6, 4, Paramus Catholic, 1:12.7, 5, Cliffside Park, 1:13.0

4x100m — 1, Ridgewood (Stephanie Semprevivo, Karen Haase, Kathy Vickery, Trish Fogarty), 53.4; 2, Englewood, 53.5, 3, Hackensack, 53.6, 4, Westwood, 54.3, 5, Ridgefield Park, 54.7

4x1600m — 1, Ridgewood (Ania Kannengiesser, Beth Pringle, Pat Mileski, Colleen Wright), 22:06.9, 2, Westwood, 23:11.1, 3, Dumont, 23:16.9, 4, Old Tappan, 23:17.6, 5, Hackensack, 23:27.1

Sprint medley — 1, Englewood (Shelia Coffin, Paula Ford, Tisa Stubbs, Roberta Williams), 4:13.8, 2, Dumont, 4:18.7, 3, Bergenfield, 4:22.6; 4, Paramus Catholic, 4:31.6, 5, Hackensack, 4:34.3

Distance medley — 1, Ridgewood (Mary Ellen Mileski, Joanne Casey, Beth Pringle, Patti Mileski), 12:24.7; 2, Pascack Valley, 12:59.0, 3, Dumont, 13:14.6, 4, Westwood, 13:23.5, 5, Hackensack, 13:34.5

4x200m — 1, Englewood (Shelia Coffin, Paula Ford, Roberta Williams, Tisa Stubbs), 1:46.5, 2, Teaneck, 1:50.2, 3, Pascack Valley, 1:51.7, 4, Demarest, 1:51.8, 5, Ridgewood, 1:52.5

4x800m — 1, Ridgewood (Mary Ellen Mileski, Beth Pringle, Colleen Wright, Patti Mileski), 9:39.6, 2, Pascack Valley, 10:05.4, 3, Westwood, 10:32.4, Indian Hills, 10:45.6, 5, Cliffside Park, 11:14.5

3x400m IH — 1, Paramus Catholic (Carolyn Sonzogni, Lauren Clarke, Stacie Wilson) 3:37.1, 2, Westwood, 3:38.5, 3, Cliffside Park, 3:42.0, 4, Paramus, 3:45.3, 5, Bergenfield, 3:48.4

4x400m — 1, Englewood (Shelia Coffin, Donna Neil, Roberta Williams, Tisa Stubbs), 4:06.3, 2, Demarest, 4:12.8, 3, Pascack Valley, 4:13.7; 4, Ridgewood, 4:16.5, Bergenfield, 4:17

Shot put — 1, Westwood (Kathy Keenan, Lisa Definar, Regina Weinpahl), 91-11, 2, Fair Lawn, 88-10; 3, Englewood, 86-1 1/2, 4, Hackensack, 83-11, 5, Teaneck, 83-7

Discus — 1, Fair Lawn (Lisa Siccinski, Kerry Hickey, Rose Desics), 253-10, 2, Hackensack, 239-0, 3, Ridgewood, 218-8, 4, Ridgefield Park, 214-9, 5, Cliffside Park, 213-4

Javelin — 1, Pascack Valley (Kathy Powers, Stephanie Witt, Sue Parker), 303-3, 2, Cliffside Park, 255-3; 3, Westwood, 250-7, 4, Ridgewood, 239-8, 5, Hackensack, 238-1

High jump — 1, Ridgewood (Beth Hawthorne, Kathy Granata, Monica Richter), 15-4 (meet and group record, old meet and group record, 14-8 by Old Tappan, 1980), 2, Westwood, 14-10; 3, Englewood, 14-2, 4, Teaneck, 13-11, 5, Bergenfield, 13-10

Long jump — 1, Demarest (Andrea Linsky, Lisa Deragon, Marie McVeigh), 43-6 1/4, 2, Englewood, 43-3; 3, Dumont, 42-9 3/4, 4, Pascack Valley, 42-5, 5, Paramus, 41-10 1/4

Triple jump — 1, Westwood (Cery Johnson, Maureen Glynn, Kathi Cochran), 97-10 1/4, 2, Ridgewood, 95-10; 3, Teaneck, 94-11, 4, Paramus Catholic, 94-1 1/2, 5, Pascack Valley, 93-4 1/2

Note: All running events are meet records, first year at metric distances.

THE PENN RELAYS  
N.S. Girls 4x800 Championship

29

1. Clarendon	Eugenie Beason <del>XXXXXXXXXXXX</del> Daphne (Fearon <del>XXXXXX</del> <del>XXXXXXXXXX</del> )	2:15.4, Sharon <del>XXXXX</del>	Powell <del>XXXXX</del>	2:15.9,
9:09.90		2:19.8, Andre Thomas		2:18.8
2. State College	Tracy Spalvins	2:19.4	Dana De Tuerk	2:22.2,
9:15.10	<del>XX</del> Meredith White	2:19.1, Lynne Strauss		2:14.4
3. Perkiomen Vall.	Lisa Howard	2:24.9, Karen DeLucia		2:22.5,
9:19.15	Kate Coil	2:16.6, Joanne Kehs		2:15.2
4. St. Francis Prep	Laura Hanlon	2:20.9, Anna Eardley		2:18.5
9:20.41	Donna Meyer	2:22.9, Patti Quinn		2:18.2
5. Summit, NJ	Sue <del>XXXXXX</del> Bottelli	2:18.3, Eslyn Martin		2:29.3
9:24.55	Ellen Eckert	2:18.2, Theresa Gschwind		2:18.8
6. Ridgewood, NJ	Mary Ellen Miloski	2:19. , Colleen Wright		2:21.9
9:29.8	Beth Pringle	2:32.0, Patti Mileski		2:16.9

4 x 800 Trials

- Section 1
1. Clarendon 9:23.6
  2. State College 9:24.8
  3. St Francis Prep. 9:29.7

(Columbia 9:34.7  
 Brooklyn Tech 9:35.6)

- Section 2
1. Perkiomen Valley 9:24.8

- Section 3.
- 1 Mt Vernon 9:27.5
  - 2 Central 9:28.2
  - 3 Ridgewood 9:29.9
  - 4 Summit 9:33.1

RHS Splits (TRIALS)	
Mary Ellen	- 2:21.3
Colleen	- 2:28.9
Beth	- 2:22.7
Patti	- 2:17.0

4x400

- Fogarty 64.0  
 Semprowo 66.2  
 Vachery 67.1  
 Casey 65.1
- 
- 4:22.4  
 (fumble hand offs)

3,200-Meter Relay (Qualifiers for Final) — Clarendon, Jamaica, West Indies, 9 minutes 23.6 seconds; State College, Pa., 9:24.8; Perkiomen Valley, Pa., 9:24.8; Mount Vernon, N.Y., 9:27.5; Central Seat Pleasant, Md., 9:28.2; St. Francis Prep, Queens, 9:29.7; Ridgewood, N.J., 9:29.9; Summit, N.J., 9:33.1.



# Westwood, Ridgewood don't seek showdown

By Paul Schwartz  
Correspondent

ENGLEWOOD — Bill Morrow of Westwood and Jacob Brown of Ridgewood were together after accepting their team trophies for winning the Girls Group 3 and Group 4 titles, respectively, at the Bergen Girls Group Championships yesterday. But neither coach was willing to pick a winner if the two teams were to meet for a mythical Bergen County crown.

"I'll rest on my laurels," said Brown, whose Maroons won the Group 3-4 relays championship three weeks ago. "I'm glad I don't have to run against them anymore."

"I don't want to run against them either," echoed Morrow. "We have enough to be concerned about in our own league meet next week."

And in fact, although both Ridgewood and Westwood had its meet clinched before the day's final event, neither is certain of repeating at their respective league meets next week.

Ridgewood used 1-2-3 performances in the 1,600 and the 3,200, a 1-2 in the 800, and three places in the high jump to fashion a 69½-62 margin over NNJIL rival Teaneck. Westwood jumped off early and held

on over NBIL rivals Pascack Valley, Old Tappan, and Englewood, 45½-37-36-36.

"Barb Gradley's performance yesterday [Friday] in the javelin and today in the 3,200 really got us going," said Morrow.

Gradley showed a tremendous kick to overcome a large lead by Ridgefield Park's Kathy Greaney in the day's first track event and win the 3,200, giving Westwood a 21½-point lead. Although the Cardinals managed just 12 more points on the

intermediates, and Englewood's sprinters recorded 29 points, including a mile-relay win.

The Group 4 race was more of a dual meet for Ridgewood and Teaneck, especially on the track, with Teaneck scoring 46 points to only 13 for Ridgewood in the six events of 400 meters or shorter. Ridgewood outscored the Highwaymen 36-1 in the 800, 1,600, and 3,200.

But it was Ridgewood's better performances in the field events, dominated mostly by Paramus Catholic and Hackensack, that determined the result.

Laurie Brandt and Pascale Barrau of PC won the discus and shot, respectively, and Beverly Terry of Hackensack won the long and triple jumps. But Mary Ellen Mileski added a javelin win to her 1,600-3,200 double, and Kathy Granata upset Lauren McManus of Teaneck to win the high jump. Ridgewood outscored Teaneck 20½-15 in the events.

Judy Palmer won both hurdles easily and along with Terry and Mileski scored the only Group 4 multiple wins. Patty Mileski won the 800 and was placed second in the 3,200, although all three Ridgewood runners, including third-place finisher Colleen Wright, crossed the line together.

## Group 3-4 girls

track, the lead they had built proved too much for the other contenders.

Stacia Palahnuik of Old Tappan tried singlehandedly to keep Old Tappan in contention. She took the 100 and 200 in the day's best times of 12.7 and 26.3 and triple-jumped 34-11½ to win that event. Her only loss was a close second to Demarest's Marie McVeigh, herself a double winner, by 4½ inches in the long jump. It was Palahnuik's first loss in 36 individual events this season.

Mary Samori of Cliffside Park breezed to easy wins in the highs and

### GROUP 4 TEAM SCORES

Ridgewood 69½, Teaneck 62, Paramus Catholic 37, Hackensack 34, Fair Lawn 22½, Paramus 11, Immaculate Heart Academy 4.

100 — 1, Mariese Golden, Teaneck, 13.2, 2, Heather Samuels, Teaneck, 13.6, 4, Pam O'Garro, Teaneck, 13.6, 5, Trish Fogarty, Ridgewood, 13.6.

200 — 1, Heather Samuels, Teaneck, 27.1, 2, Mariese Golden, Teaneck, 27.3, 3, Cathy Vickery, Ridgewood, 28.0, 4, Judy Oriol, Paramus Catholic, 28.0, 5, Liz Waters, IHA, 28.1.

400 — 1, Venida Rodman, Teaneck, 60.0, 2, Carolyn Sonzogni, Paramus Catholic, 60.9, 3, Ssvcret Jackson, Hackensack, 61.8, 4, Judy Oriol, Paramus Catholic, 63.3, 5, Ann Marie Meyers, Paramus Catholic, 63.9.

800 — 1, Patty Mileski, Ridgewood, 2:17.7 (record, old record 2:18.7 by Mileski, 1981), 2, Beth Pringle, Ridgewood, 2:25.6, 3, Allison Fennell, Hackensack, 2:30.3, 4, Kathy Kraemer, Paramus Catholic, 2:30.7, 5, Stacie Wilson, Paramus Catholic, 2:35.1.

1600 — 1, Mary Ellen Mileski, Ridgewood, 5:14.8 (record, new event), 2, Beth Pringle, Ridgewood, 5:19.6, 3, Ania Kennengieser, Ridgewood, 5:29.9, 4, Renee Gehrig, Hackensack, 5:44.0, 5, Karen Zasky, Teaneck, 5:49.6.

3200 — 1, Mary Ellen Mileski, Ridgewood, 11:38.4 (record, new event), 2, Patti Mileski, Ridgewood, 11:38.5, 3, Colleen Wright, Ridgewood, 11:38.6, 4, Maritza Alvarez, Hackensack, 12:01.0, 5, Kerry Kruechel, IHA, 12:53.7.

110 MH — 1, Judy Palmer, Teaneck, 15.3 (record, old record 16.0 by Palmer, 1981), 2, Lisa Coppoletta, Paramus, 16.8, 3, Beverly Terry, Hackensack, 17.4, 4, Monica Richter, Ridgewood, 17.4, Carolyn Ballan, Fair Lawn, 17.5.

400 IH — 1, Judy Palmer, Teaneck, 64.3 (record, old record 65.3 by Palmer, 1981), 2, Carolyn Sonzogni, Paramus Catholic, 65.7, 3, Carolyn Ballan, Fair Lawn, 67.6, 4, Lisa Coppoletta, Paramus, 68.0, 5, Kari Murd, IHA, 70.6.

1600 RELAY — 1, Teaneck (Venida Rodman, Mariese Golden, Heather Samuels, Judy Palmer) 4:07.5, 2, Ridgewood, 4:12.3, 3, Paramus Catholic, 4:13.8, 4, Hackensack, 4:16.7, 5, IHA, 4:24.4.

DISCUS — 1, Laurie Brandt, Paramus Catholic, 110-6 (record, old record 99-7 by Kim Tyler, Hackensack, 1981), 2, Rose Desics, Fair Lawn, 104-7, 3, Kim Tyler, Hackensack, 98-10, 4, Kerry Hickey, Fair Lawn, 94-5, 5, Lisa Sicinski, Fair Lawn, 92-2.

SHOT PUT — 1, Pascale Barrau, Paramus Catholic, 37-½ (record, old record 33-8¾ by Rose Desics, Fair Lawn, 1981), 2, Paula Wright, Hackensack, 36-3½, 3, Rose Desics, Fair Lawn, 36-¾, 4, Lauren McManus, Teaneck, 34-10, 5, Laurie Brandt, Paramus Catholic, 31-7.

HIGH JUMP — 1, Kathy Granata, Ridgewood, 5-0, 2, Lauren McManus, Teaneck, 4-10, 3, tie between Monica Richter, Ridgewood and Amy Goodman, Fair Lawn, 4-10, 5, Wendy Hawthorne, Ridgewood, 4-8.

LONG JUMP — 1, Beverly Terry, Hackensack, 17-¼, 2, Carolyn Ballan, Fair Lawn, 16-2½, 3, Pam O'Garro, Teaneck, 16-0, 4, Chris Withers, Teaneck, 15-7½, 5, Lisa Coppoletta, Paramus, 15-5½.

TRIPLE JUMP — 1, Beverly Terry, Hackensack, 34-9½ (record, old record 33-6¾ by Caroline Morris, Hackensack, 1981), 2, Chris Withers, Teaneck, 34-4½, 3, Kathy Granata, Ridgewood, 33-6¾, 4, Heather Fossum, Fair Lawn, 33-½, 5, Monica Richter, Ridgewood, 32-7.

JAVELIN — 1, Mary Ellen Mileski, Ridgewood, 94-10 (record, old record 94-5 by Claudia O'Rourke, Ridgewood, 1981), 2, Stephanie DeCarlo, Paramus, 90-9, 3, Laurie Brandt, Paramus Catholic, 90-4, 4, Pascale Barrau, Paramus Catholic, 82-6, 5, Patti Mileski, Ridgewood, 76-6.

## NNJIL girls

### TEAM SCORES

Teaneck 70, Ridgewood 40, Hackensack 35, Fair Lawn 24, Bergenfield 22, Paramus 15, Clifton 8, Passaic Valley 6, Bloomfield 4.

100 - 1, Heather Samuels, Teaneck, 12.9; 2, Marlese Golden, Teaneck, 12.9; 3, Chris Chimenli, Paramus, 13.1; 4, Maria Nordberg, Bergenfield, 13.2; 5, Kathy Vickery, Ridgewood, 13.4.

200 - 1, Heather Samuels, Teaneck, 26.3; 2, Beverly Terry, Hackensack, 26.9; 3, Marlese Golden, Teaneck, 27.1; 4, Chris Chimenli, Paramus, 27.5; 5, Stephanie Semperivo, Ridgewood, 27.6.

400 - 1, Venida Rodman, Teaneck, 59.7; 2, Ssvcret Jackson, Hackensack, 60.9; 3, Dagmar Schmidt, Clifton, 61.9; 4, Leslie Taylor, Passaic Valley, 62.7; 5, Stephanie Cermatori, Hackensack, 63.6.

800 - 1, Patti Mileski, Ridgewood, 2:13.2 (record, old record, 2:13.6 by Nancy Deneka, Bloomfield, 1981); 2, Maria Nordberg, Bergenfield, 2:16.6; 3, Beth Pringle, Ridgewood, 2:20.3; 4, Allison Fennell, Hackensack, 2:27.4; 5, Laurie Bowen, Bloomfield, 2:27.6.

1600 - 1, Mary Ellen Mileski, Ridgewood, 5:06.4 (record, new event); 2, Toni Ann Angione, Bergenfield, 5:17.5; 3, Ania Kannegeisser, Ridgewood, 5:22.2; 4, Mariliza Alvarez, Hackensack, 5:34.6; 5, Caroline Roos, Passaic Valley, 5:34.7.

3200 - 1, Toni Ann Angione, Bergenfield, 11:19.8 (record, new event); 2, Colleen Wright, Ridgewood, 11:29.9; 3, Leslie Perre, Passaic Valley, 11:44.3; 4, Ania Kannegeisser, Ridgewood, 11:50.7; 5, Mariliza Alvarez, Hackensack, 12:03.8.

110 HH - 1, Judy Palmer, Teaneck, 15.1 (record of 14.9 set in trials, old record, 15.4 by Palmer, 1981); 2, Lisa Coppolella, Paramus, 16.5; 3, Chris Withers, Teaneck, 16.8; 4, Noreen King, Bergenfield, 16.8; 5, Monica Richter, Ridgewood, 17.2.

400 IH - 1, Judy Palmer, Teaneck, 62.6 (record, old record 63.4 by Palmer 1981); 2, Carolyn Ballan, Fair Lawn, 65.9; 3, Lisa Coppolella, Paramus, 67.4; 4, Noreen King, Bergenfield, 68.4; 5, Morlana Stoll, Clifton, 68.9.

1600 relay - 1, Teaneck (Marlese Golden, Heather Samuels, Zenida Rodman, Judy Palmer), 4:10.3; 2, Hackensack, 4:14.9; 3, Ridgewood, 4:20.1; 4, Bergenfield, 4:21.4; 5, Bloomfield, 4:22.1.

Discus - 1, Rose Desics, Fair Lawn, 102-1; 2, Kerry Hickey, Fair Lawn, 100-10; 3, Kim Tyler, Hackensack, 99-5; 4, Lisa Judkins, Hackensack, 93-6; 5, Stephanie DeCarlo, Paramus, 91-3.

Shot put - 1, Rose Desics, Fair Lawn, 36-4 (record, old record, 36-3/2 by Lisa Gildewell, Ridgewood, 1980); 2, Carol McGlashan, Clifton, 35-7; 3, Lauren McManus, Teaneck, 35-2; 4, Paula Wright, Hackensack, 33-2; 5, Lisa Scinski, Fair Lawn, 30-1.

High jump - 1, Lauren McManus, Teaneck, 5-0; 2, He between Monica Richter and Kathy Grania, Ridgewood, 4-10; 4, Wendy Hawthorne, Ridgewood, 4-10; 5, Beverly Terry, Hackensack, 4-8.

Long jump - 1, Beverly Terry, Hackensack, 17-3/4; 2, Pam O'Garro, Teaneck, 16-10/2; 3, Carolyn Ballan, Fair Lawn, 15-10/2; 4, Lisa Coppolella, Paramus, 15-10/4; 5, Chris Withers, Teaneck, 15-6.

Triple jump - 1, Chris Withers, Teaneck, 34-10; 2, Pam O'Garro, Teaneck, 34-3/4; 3, Beverly Terry, Hackensack, 33-4/4; 4, Shawn Robinson, Bloomfield, 32-5/4; 5, Monica Richter, Ridgewood, 32-3/2.

### Final NNJIL standings

GIRLS	
Teaneck	54 3.6 9.0
Ridgewood	4.8 3.2 8.0
Hackensack	3.9 2.8 6.7
Bergenfield	3.9 2.0 5.9
Fair Lawn	1.5 2.4 3.9
Passaic Valley	3.0 0.8 3.8
Clifton	2.4 1.2 3.6
Paramus	1.5 1.6 3.1
Bloomfield	0.6 0.4 1.0

Teaneck won seven events in the girls events in reversing last week's loss to Ridgewood. The Maroons ran each of their distance stars only once in preparation for

# Eastside girls capture title

HACKENSACK - Lauren McManus finished second in the high jump for Teaneck yesterday, but it wasn't enough as the Ridgewood team finished one point behind champion

## Girls track

Eastside in the battle for the New Jersey State interscholastic Athletic Association Group 4 North Jersey section I girls track championship. The victory of Wayne Valley won the event, clearing a 1-foot 4-inch McManus's state record placed third at 5-0. The event was held indoors due to the rain after being postponed Saturday for the same reason.

## Girls Group 4 track

Teaneck's Lauren McManus captured the high jump title in the girls track meet at Wayne Valley. She cleared 5 feet 4 inches, setting a new state record. McManus placed third at 5-0. The event was held indoors due to the rain after being postponed Saturday for the same reason.

next week's sectional meet. Heather Samuels won both sprints and ran a leg on the 1,600 relay and Judith Palmer ran a 15.1-62.8 hurdle double to spark Teaneck.

The Mileski twins of Ridgewood had outstanding times in winning their events. Patti missed her Bergen County record by a tenth of a second in setting an 800 meet record of 2:13.2, and Mary Ellen Mileski set a Bergen County mark of 5:06.4 in the metric mile.

Bergenfield freshman Toni Ann Angione ran 11:19.8 to win the 3,200 after a fine 5:17.5 second-place in the mile. Fair Lawn shot putter Rose Desics set a meet record of 36-4 and added a win in the discus. Palmer set two meet records, running 14.9 in the high-hurdle trials.

Chris Withers of Teaneck and Bev Terry of Hackensack scored impressive last-jump wins in the triple jump and long jump, respectively.

# Eastside girls capture title

HACKENSACK — Lauren McManus finished second in the high jump for Teaneck yesterday, but it wasn't enough as the Highwaywomen finished one point behind champion

## Girls track

Eastside in the battle for the New Jersey State Interscholastic Athletic Association Group 4, North Jersey Section 1 girls track championship.

Sue McMurdy of Wayne Valley won the event, clearing 5 feet, 4 inches. McMurdy's sister Karen placed third at 5-0. The event was held indoors due to the rain after being postponed Saturday for the same reason.

### Girls Group 4 track

#### TEAM SCORES

Eastside 35, Teaneck 34, Ridgewood 24½, Fair Lawn 24, Hackensack 19, Wayne Valley 14, Kennedy 12, Passaic Valley 12, Snyder 10, West Milford 10, Memorial 9½, Kearny 6, Dickinson 1.

High Jump — 1, Sue McMurdy, Wayne Valley, 5-4; 2, Lauren McManus, Teaneck, 5-2; 3, Karen McMurdy, Wayne Valley, 5-0; 4, Amy Goodman, Fair Lawn, 5-0; 5, tie bet. Monica Richter, Ridgewood, and Juana Fernandez, Memorial, 5-0.

BERGEN

THE RECORD, TUESDAY, MAY 25, 1982

### Girls Group 4

#### TEAM SCORES

##### One event remaining

Eastside 35, Teaneck 30, Ridgewood 24, Fair Lawn 22, Hackensack 19, Kennedy 12, Passaic Valley 12, Paramus 12, Snyder 10, West Milford 10, Memorial 9, Kearny 6, Wayne Valley 5, Dickinson 1.

100HH — 1, Judith Palmer, Teaneck, 15.9; 2, Lisa Coppolella, Paramus, 16.8; 3, Beverly Terry, Hackensack, 16.9; 4, Beth Reingold, Hackensack, 17.0; 5, Gwen Fisher, Passaic Valley, 17.3.

400LH — 1, Judith Palmer, Teaneck, 64.3; 2, Carolyn Ballan, Fair Lawn, 67.1; 3, Lisa Coppolella, Paramus, 70.0; 4, Heather Fossum, Fair Lawn, 71.8; 5, Antwanette Wilken, Dickinson, 72.2.

100 — 1, Juana Fernandez, Memorial, 12.9; 2, Janet Reed, Eastside, 13.0; 3, Christine Chirmenti, Paramus, 13.0; 4, Marlese Golden, Teaneck, 13.1; 5, Zina Moore, Eastside, 13.1.

200 — 1, Natalie Jordan, Eastside, 25.3; 2, Zina Moore, Eastside, 26.7; 3, Barbara Davidson, Kennedy, 27.0; 4, Juana Fernandez, Memorial, 27.4; 5, Heather Samuels, Teaneck, 27.6.

400 — 1, Natalie Jordan, Eastside, 55.1 (record, old record 55.2 by Jordan, 1981); 2, Sonia Patterson, Snyder, 58.8; 3, Venida Rodman, Teaneck, 60.0; 4, Bonnie Hawkins, Snyder, 60.5; 5, Michelle Witherspoon, Kennedy, 61.8.

800 — 1, Pattie Mileski, Ridgewood, 2:14.6 (record, old record, 2:15.1 by Mileski, 1981); 2, Laura Wronski, Kearny, 2:21.7; 3, Beth Pringle, Ridgewood, 2:21.9; 4, Yolanda Jordan, Eastside, 2:22.0; 5, Wendy McGeehan, Kearny, 2:27.9.

1600 — 1, Mary Ellen Mileski, Ridgewood, 5:05.9; 2, Lisa Herman, Wayne Valley, 5:15.1; 3, Julie Ott, West Milford, 5:17.3; 4, Colleen Wright, Ridgewood, 5:25.8; 5, Ania Kannengieser, Ridgewood, 5:28.0.

3200 — 1, Shirley Daniels, Kennedy, 11:15.2; 2, Colleen Wright, Ridgewood, 11:25.5; 3, Leslie Parra, Passaic Valley, 11:44.4; 4, Sonja McKnight, Eastside, 11:48.5; 5, Donna Schieder, Kearny, 11:56.6.

1600 relay — 1, Eastside (Jackie Goode, Yolanda Jordan, Zina Moore, Natalie Jordan), 3:59.7; 2, Snyder, 4:03.9; 3, Teaneck, 4:07.4; 4, Ridgewood, 4:14.6; 5, Kennedy, 4:17.6.

High jump — To be completed.

Long jump — 1, Pam O'Garro, Teaneck, 17-1½; 2, Jackie Goode, Eastside, 16-9½; 3, Beverly Terry, Hackensack, 16-9¼; 4, Michelle Witherspoon, Kennedy, 16-8; 5, Juana Fernandez, Memorial, 16-8.

Shot put — 1, Rose Desics, Fair Lawn, 34-6½; 2, Paula Wright, Hackensack, 34-4¾; 3, Lauren McManus, Teaneck, 32-0; 4, Lisa Sicinski, Fair Lawn, 30-½; 5, Kerry Hickey, Fair Lawn, 29-2.

Discus — 1, Rose Desics, Fair Lawn, 102-9½; 2, Lisa Judkins, Hackensack, 96-3½; 3, Kim Tyler, Hackensack, 94-10½; 4, Laurie Proffitt, Passaic Valley, 93-6; 5, Kerry Hickey, Fair Lawn, 89-11.

Javelin — 1, Mary Ellen Ballantyne, Passaic Valley, 102-11; 2, Sharon Wiggins, west Milford, 99-11; 3, Lisa Horlanopoulos, west Milford, 98-2; 4, Stephanie DeCarlo, Paramus, 90-5; 5, Jennifer Jacobus, Wayne Valley, 86-11.

Ridgewood's Patti Mileski broke her own Group 4 sectional record in the 800 with a time of 2:14.6, while her sister Mary Ellen won the 1,600 in 5:05.9. Colleen Wright finished second in the 3,200 and fourth in the 1,600 for the third-place Maroons.

# High School

## Patti Mileski sets 800 mark

By John Mayer  
Correspondent

TENAFLY — Ridgewood's Patti Mileski broke her own Bergen County record in the 800 meters and Teaneck's Judith Palmer tied the County mark in the 400-meter intermediate hurdles to highlight the fourth annual Bergen County Girls Meet of Champions.

Mileski, a junior, ran a 2:12.1 in bettering the mark she set last year by a full second. Mileski, who is the top seed in Saturday's New Jersey State Interscholastic Athletic Association Group 3 meet, led from start to finish. She was closely pursued by Bergenfield's Maria Nordberg (2:14.2) and Leonia's Debbie Hillery (2:16.3).

Palmer ran 62.1 to put her name in the record book alongside that of Renita Terry of Hackensack, who set the mark in 1981. "My time could have

Old Tappan's Stacia Palahnuk placed in all four events in which she participated, including a victory in the 100 in 12.6. The Golden Knight junior was third in the long jump, fourth in the 200, and fifth in the triple jump.

Freshmen Toni Ann Angione of Bergenfield easily won the 3,200 meters in 11:23.5, with Ridgewood's Colleen Wright finishing second. "It wasn't my best time of the year, but I think it's because the top people didn't want to go out quickly, and those are the ones I usually stay with for the first mile," said Angione. "Colleen Wright started to put on some pressure late in the race, but it was too late to make up for the slow start."

Junior Mary Ellen Mileski of Ridgewood won the mile in 5:01.9, her best time in the event since her freshmen year. "I was hoping to go under five minutes, but I relaxed too much on the second lap and I wasn't able to recover even though I sprinted the last lap," said Mileski.

Englewood's relay team of Shelia Coffin, Roberta Williams, Donna Neil, and Tisa Stubbs ran the 1,600 meters in 3:58.9, almost four seconds ahead of second-place Teaneck.

Deneen Steiner of Ridgefield won the triple jump with a 37-foot, 4¾-inch effort, just 3½ inches short of the County record. The long jump went to Hackensack's Beverly Terry with a leap of 17-3¼.

Pascack Valley's Sue Parker bettered the meet record for the javelin with a throw of 125-3. Liz Wahler of Saddle Brook threw 122-10 in 1979.

Westwood's Regina Weinpahl threw 39-2 in the shot put to dethrone defending champion Celia Mistretta of Park Ridge. The first-place plaque in the discus went to Amy Hiller of Pascack Hills who threw 116-8. Tenafly's Barbara Wolff followed with a throw of 113-10.

Saddle Brook's Nancy Larena won the high jump, clearing 5-2. Larena and Teaneck's Lauren McManus cleared the height, but failed in three attempts at 5-4.

## Girls track

been even better if I had not stutter-stepped on one of the hurdles between the third and fourth turn," said Palmer. "I also don't seem to do well on the inside lanes, and I had the first lane for the race."

The Teaneck senior also won the 100 lows after trailing second-place-finisher Mary Samori of Cliffside Park early in the race. Demarest's Marie McVeigh was the only other double winner, taking the 200 and 400 dashes.

McVeigh tied the meet record of 58.0 for the 400 she set a year ago, and came from behind to nip Englewood's Paula Ford and Teaneck's Heather Samuels in the 200 in 26 seconds.

## Girls Meet of Champions

100 — 1, Stacia Palahnuk, Old Tappan, 12.6; 2, Paula Ford, Englewood, 12.7; 3, Heather Samuels, Teaneck, 12.7; 4, Tisa Stubbs, Englewood, 12.8; 5, Kathy Harmel, Wellington, 13.0.

200 — 1, Marie McVeigh, Demarest, 26.0; 2, Heather Samuels, Teaneck, 26.3; 3, Paula Ford, Englewood, 26.3; 4, Stacia Palahnuk, Old Tappan, 26.3; 5, Donna Smith, Pascack Valley, 26.4.

400 — 1, Marie McVeigh, Demarest, 58.0 (ties meet record, McVeigh, Demarest, 1981); 2, Debbie Bishop, Ramapo, 59.0; 3, Venida Rodman, Teaneck, 59.1; 4, Tisa Stubbs, Englewood, 59.6; 5, Lisa Deragon, Demarest, 59.7.

800 — 1, Patti Mileski, Ridgewood, 2:12.1 (county record, old record Patti Mileski, Ridgewood, 2:13.1, 1981); 2, Maria Nordberg, Bergenfield, 2:14.2; 3, Debbie Hillery, Leonia, 2:16.3; 4, Roberta Williams,

Englewood, 2:16.6; 5, Beth Pringle, Ridgewood, 2:19.2.

Mile — 1, Mary Ellen Mileski, Ridgewood, 5:01.9; 2, Eileen Keyes, Tenafly, 5:07.3; 3, Kathy Greaney, Ridgefield Park, 5:16.4; 4, Stephanie Witt, Pascack Valley, 5:20.0; 5, Ania Kannegieser, Ridgewood, 5:23.2.

3,200 — 1, Toni Ann Angione, Bergenfield, 11:23.5; 2, Colleen Wright, Ridgewood, 11:29.1; 3, Barbara Gradley, Westwood, 11:32.4; 4, Sarah Krakoff, Dwight-Englewood, 11:33.9; 5, Vicki Gusiora, Saddle Brook, 11:36.7.

1,600 Relay — 1, Englewood (Shelia Coffin, Roberta Williams, Donna Neil, Tisa Stubbs), 3:58.9; 2, Teaneck, 4:02.8; 3, Demarest, 4:04.0; 4, Ridgewood, 4:09.0; 5, Paramus Catholic, 4:09.4.

100 LH — 1, Judith Palmer, Teaneck, 14.8; 2, Mary Samori, Cliffside Park, 15.3; 3, Donna Neil, Englewood, 15.4; 4, Nancy Larena, Saddle

Brook, 15.8; 5, Kathi Cochran, Westwood, 15.8.

400 IH — 1, Judith Palmer, Teaneck, 1:02.1 (ties county record with Renita Terry, Hackensack, 1981); 2, Carolyn Sonzogni, Paramus Catholic, 1:04.4; 3, Claudia Moodie, Westwood, 1:05.3; 4, Mary Samori, Cliffside Park, 1:05.8; 5, Jackie Crawford, 1:06.0.

High jump — 1, Nancy Larena, Saddle Brook, 5-2; 2, Lauren McManus, Teaneck, 5-2; 3, tie bet. Kathi Cochran, Westwood, Kathy Granata, Ridgewood, Monica Richler, Ridgewood, 5-0.

Triple jump — 1, Deneen Steiner, Ridgefield, 37-4¾; 2, Donna Smith, Pascack Valley, 35-3¼; 3, Kathi Cochran, Westwood, 34-10½; 4, Kathy Granata, Ridgewood, 34-2¼; 5, Stacia Palahnuk, Old Tappan, 34-1½.

Long jump — 1, Beverly Terry, Hackensack, 17-3¼; 2, Eileen

O'Connor, Dumont, 17-1½; 3, Stacia Palahnuk, Old Tappan, 17-¼; 4, Pam O'Garro, Teaneck, 16-7¾; 5, Mary Samori, Cliffside Park, 16-7½.

Discus — 1, Amy Hiller, Pascack Hills, 116-8; 2, Barbara Wolff, Tenafly, 113-10; 3, Shelia Brock, Englewood, 111-11; 4, Laurie Brandt, Paramus Catholic, 109-0; 5, Celia Mistretta, Park Ridge, 105-2.

Javelin — 1, Sue Parker, Pascack Valley, 125-3 (meet record, old record 122-10 Liz Wahler, Saddle Brook, 1979); 2, Chris Bradley, Ridgefield, 120-10; 3, Regina Weinpahl, Westwood, 120-1; 4, Trish Neuner, New Milford, 119-0; 5, Kathy Powers, Pascack Valley, 116-1.

Shot put — 1, Regina Weinpahl, Westwood, 39-2; 2, Celia Mistretta, Park Ridge, 36-10½; 3, Paula Wright, Hackensack, 36-9; 4, Lauren McManus, Teaneck, 36-7; 5, Rose Desics, Fair Lawn, 36-3¼.

# NJSIAA track

THE STATE GROUP CHAMPIONSHIP  
RUTGERS UNIVERSITY MAY 28 & 29.

## Group 4 girls

### TEAM SCORES

Plainfield 22, Columbia 20, Willingboro 16, Toms River East and Edgewood 15, Washington Township and Hunterdon Central 12, Union 11 1/2, J.P. Stevens and Edison 10, East Brunswick 7, Teaneck, Elizabeth, and Irvington 6, Ridgewood 5 1/2, Atlantic City 5, Kearny, Barringer, and Middletown South 4, Wayne Valley 3 1/2, Hamilton East, Kennedy, Roxbury, Jackson, and Highland Reg 3, Shawnee 2 1/2, Hamilton West, Matawan, Vineland, and Snyder 2, Raritan, Westfield, Hackensack, and Sayreville

110H - 1, Tosca Blanfor, Irvington, 14.2, 2, Elaine Hamilton, Elizabeth, 14.6, 3, Tony Cross, Edgewood, 14.7, 4, Judith Palmer, Teaneck, 14.8, 5, Rita Libertore, Middletown South, 14.8.

400 LH - 1, Andrea Johnson, Plainfield, 61.6, 2, Judith Palmer, Teaneck, 62.5, 3, Kim Duke, Columbia, 63.5, 4, Bobbie Tabb, Willingboro, 64.2, 5, Quav Whitlock, Columbia, 66.0.

100 - 1, Denise Mitchell, Edgewood, 12.1, 2, Margo Cruz, Barringer, 12.6, 3, Lynne Williams, Jackson, 12.7, 4, Kellie Newton, Elizabeth, 12.8, 5, Sue Darry, Columbia, 12.8.

200 - 1, Denise Mitchell, Edgewood, 24.3, 2, Sharon Margaretha, Columbia, 24.9, 3, Pamela Young, Willingboro, 25.9, 4, Carolyn James, Vineland, 25.9, 5, Lisa Mitresky, Sayreville, 25.9.

400 - 1, Tracy Carter, Plainfield, 54.6, 2, Felicia Blake, Columbia, 56.1, 3, Sharon Margaretha, Columbia, 56.5, 4, Mary Mulvihill, Middletown South, 57.4, 5, Michelle DiMuro, Shawnee, 57.8.

800 - 1, Michelle Rowan, Washington Twp., 2:10.8, 2, Laura Wronski, Kearny, 2:11.4, 3, Lisa St. Clair, Plainfield, 2:13.4, 4, Patty Mileski, Ridgewood, 2:14.8, 5, Kim Hageman, Hamilton East, 2:15.4.

1600 - 1, Michele Rowan, Washington Township, 4:44.3 (record, old record, 4:59.3 by Joella Clark, Columbia, 1981); 2, Janet Smith, J.P. Stevens, 4:58.0, 3, Cricket Batz, Hunterdon Central, 5:01.2, 4, Mary Ellen Mileski, Ridgewood, 5:03.5, 5, Lisa Szymanski, Toms River East, 5:04.2.

3200 - 1, Janet Smith, J.P. Stevens, 10:25.5 (record, old record, 10:53.4 by Nancy Fitzgerald, Cedar Ridge, 1978), 2, Lisa Szymanski, Toms River East, 11:57.0, 3, Cricket Batz, Hunterdon Central, 11:03.3, 4, Johanna Koneski, Hamilton East, 11:07.8, 5, Patti Mulvaney, 11:11.0.

1600 Relay - 1, Plainfield (Sue Fennell, Andrea Johnson, Lisa St. Clair, Tracy Carter), 3:50.4; 2, Columbia, 3:50.9; 3, Willingboro, 3:53.7; 4, Snyder, 3:56.8; 5, Middletown South, 3:59.9.

High jump - 1, Karen Frederick, Edison, 5-4, 2, Sue McMurdy, Wayne Valley, 5-4; 3, Kim Jackson, Washington Township, 5-4; 4, tie between Monica Richter, Ridgewood and Kathy Garvey, Shawnee, 5-2.

Javelin - 1, Stephanie Guidotti, Hunterdon Central, 133-5; 2, Julieta Stack, Atlantic City, 133-1; 3, Anita DeFalco, Highland Reg., 115-3; 4, Robyn Peiras, Union, 111-3; 5, No-reen Morris, Westfield, 111-0.

Shot put - 1, Chip Muse, Willingboro, 39-5 1/2, 2, Karen Anderson, Toms River East, 39-4; 3, Sue Pazinko, East Brunswick, 38-1 1/2; 4, Pam Donaldson, Willingboro, 36-6; 5, Ellen Silver, Raritan, 36-5.

Long jump - 1, Tracy Young, Union, 17-6 1/4, 2, Karen Frederick, Edison, 16-11; 3, Michelle Wilther-spoon, Paterson Kennedy, 16-9 1/4; 4, Tracy Quinn, Hamilton West, 16-8; 5, Beverly Terry, Hackensack, 16-8.

Discus - 1, Karen Anderson, Toms River East, 138-2; 2, Sue Pazinko, East Brunswick, 117-3; 3, Cassie Benisen, Roxbury, 117-0; 4, Darlene Murray, Matawan, 112-1; 5, Vulieta Stack, Atlantic City, 111-1.

PATTI PLACED 4<sup>TH</sup> QUALIFYING HER AS 7<sup>TH</sup> SEED FOR THE STATE CHAMPIONSHIP  
BETH PRINGLE RAN 2:20. IN A NON SCORING EFFORT

MARY ELLEN WAS 4<sup>TH</sup> EARNING HER THE 9<sup>TH</sup> SEED POSITION FOR THE STATE CHAMPIONSHIP AT PRINCETON  
ANJA KANNENGIESER RAN 5:27 TO FINISH UP A FINE SOPHOMORE SEASON.

COLLEEN WRIGHT RAN HER FASTEST TIME OF THE YEAR, 11:18.0, AND PLACED 7<sup>TH</sup>

WE MISSED THE SCHOOL RECORD BY 1/10 OF A SECOND IN A NON SCORING EFFORT.  
PATTI MILESKI RAN A 59.8 RELAY SPLIT.

MONICA RICHTER MADE 5'2" ON HER FIRST JUMP AND QUALIFIED FOR THE STATE CHAMPIONSHIP AS ONE OF THE BEST 15 IN THE STATE.

# THE FINAL MEETS

FOR THE FIRST TIME THREE RIDGEWOOD HIGH SCHOOL GIRLS QUALIFIED FOR THE STATE CHAMPIONSHIP. PATTI EARNED A 5<sup>TH</sup> PLACE MEDAL WHILE MARY ELLEN AND MONICA WE UNABLE TO SCORE IN THEIR EVENTS.

## Girls track

Kathi Cochran and Claudia Moodie of Westwood finished 1-2 yesterday in the Bergen girls pentathlon championship. Cochran won the competition with 3,272 points to 3,107 for Moodie. Carolyn Ballan of Fair Lawn was third and Sue Parker of Pascack Valley fourth.

### Bergen Pentathlon Championship

1 Kathi Cochran, Westwood	3,272
2 Claudia Moodie, Westwood	3,107
3 Carolyn Ballan, Fair Lawn	2,834
4 Sue Parker, Pascack Valley	2,735
5 Monica Richter, Ridgewood	2,723
6 Maria Nordberg, Bergenfield	2,704
7 Betsy Della, Leonia	2,598
8 Regina Weinpahl, Westwood	2,550
9 Noreen King, Bergenfield	2,538
10 Joan Mollenbeck, Ramapo	2,533

Patti Mileski of Ridgewood took fifth in the 800 in 2:13.9, and Mary Samori of Cliffside Park was a surprising fourth in the 100-meter high hurdles in 15.2 in the girls competition. Regina Weinpahl of Westwood took fifth in the shot at 37-10, and Amy Hiller of Pascack Hills threw 115-10 for fifth in the discus. Sue Parker of Pascack Valley was fourth in the javelin at 123-11 and Barbara Wolf of Tenafly fifth at 123-2. Ridgefield's Deneen Steiner was fourth at 5-6 in the high jump.

## State Meet of Champions

### BOYS EVENTS

100 - 1, Clark Weddell, Franklin Twp., 10.7  
 200 - 1, Clark Weddell, Franklin Twp., 21.6  
 400 - 1, Tony Valentine, Plainfield, 47.1  
 800 - 1, John Carioff, Bernards, 1:51.1; 5, John Mueller, Midland Park, 1:55.2  
 1600 - 1, J.J. Clark, Columbia, 4:12.4; 5, Rich Byrne, Ridgefield Park, 4:18.9  
 3200 - 1, Carlos Hanze, Central Regional, 9:13.0  
 100 IH - 1, Steve Fletcher, Princeton, 14.2  
 400 LH - 1, Mitchell Blanks, Rahway, 53.0  
 1600 relay - 1, Willingboro (McPherson, Reed, Streeter, and Bradford), 3:15.0  
 Shot put - 1, Bob Lutkewitte, Christian Brothers Academy, 59-5/8; 4, Marcus Thomas, Hackensack, 57-1  
 Discus - 1, Rich Henrie, Hamilton East, 175-4  
 Javelin - 1, Erik Bernstein, Middletown South, 217-7; 2, Bruce Bacciocchi, Dumont, 216-8  
 Long jump - 1, Isaac Samuel Kennedy (Willingboro), 24.2 (record, old record 23-6 1/2 by Carl Lewis, Willingboro, 1979); 4, Ed Alston, Hackensack, 22-3  
 High jump - 1, Joe Thorpe, Morristown, 6-10  
 Pole vault - 1, Ray Maragni, Seton Hall, 15-3; 5, Jerry McEvoy, St. Joseph (Metuchen) and Paul Wilson, Bergen Catholic, 13-6

### GIRLS EVENTS

100 - 1, Denise Mitchell, Edgewood, 12.2  
 200 - 1, Denise Mitchell, Edgewood, 24.4  
 400 - 1, Tracey Carter, Plainfield, 54.5  
 800 - 1, Bobbie McGee, West Side, 2:06.3; 5, Patti Mileski, Ridgewood, 2:13.9  
 1600 - 1, Michelle Rowan, Washington Twp., 4:49.3 (record, old record 4:58 by Hilary Nodden, Hopewell Valley, 1975)  
 3200 - 1, Janet Smith, J.P. Stevens, 10:38.5  
 1600 relay - Columbia (Margaretha, Whitlock, Blake, Darcy), 3:47.7  
 100 IH - 1, Tosca Blanford, Irvington, 14.5; 4, Mary Samori, Cliffside Park, 15.2  
 400 LH - 1, Andrea Johnson, Plainfield, 61.2 (record, old record 62.0 by Andrea Johnson, Plainfield, 1981); 2, Judith Palmer, Teaneck, 61.4  
 Shot put - 1, Pam Dukes, Freehold Twp., 42-8; 5, Regina Weinpahl, Westwood, 37-10  
 Discus - 1, Karen Anderson, Toms River East, 141-8 (record, old record 139-8 by Pam Dukes, Freehold Twp., 1981); 5, Amy Hiller, Pascack Hills, 115-10  
 Javelin - 1, Liz Pellenin, Holy Cross, 141-7; 4, Sue Parker, Pascack Valley, 123-11; 5, Barbara Wolf, Tenafly, 123-2  
 Long jump - 1, Sharon Johnson, Newark Central, 19-6  
 High jump - 1, Tish Edwards, Mater Dei, 5-8; 4, Deneen Steiner, Ridgefield, 5-4

MONICA RICHTER MOVED TO 2<sup>ND</sup> PLACE ON THE ALL TIME RIDGEWOOD PENTATHLON LIST WITH HER 5<sup>TH</sup> PLACE 2723 POINT PERFORMANCE. KATHY GRANATA PLACED 13<sup>TH</sup> WITH 2411 POINTS AND WENDY HAWTHORNE WAS 17<sup>TH</sup> WITH 2283 POINTS.

## THE SILVER EAST:

IN THE FINAL RACE OF 1982 FOUR OF OUR DISTANCE RUNNERS REWROTE THE 3000 METER TOP 10 LIST. MARY ELLEN AND PATTI MILESKE WERE 4<sup>TH</sup> and 5<sup>TH</sup>. BETH PRINGLE AND COLLEEN WRIGHT RAN FAST TIMES.

# INDIVIDUAL POINT SCORING FOR RIDGEWOOD HIGH SCHOOL

NAME	BIRCHFIELD	PREMIER	P.V.	FAIR LAWN	CLIFTON	BLOOMFIELD	HACKENSACK	TEANECK	TOM'S RUN	COUNTY RELAYS	COUNTY CHAMPS	N.J.L.	N.J. RELAYS	RIDGE RELAYS	SECTIONALS	COUNTY CHAMPS	STATE GROUPS	TOTAL	POINTS						
	Kathy Bado					1	5	1	3										10	6					
Alison Barbi		5	1																						
Brenae Cannon																									
Trust Fogarty	5 1/4	3	5	6 1/4	6 1/4	6 1/4	7 1/4	0		1 1/4	2 3/4			1 1/2	1/2			4	5 3/4						
Nichole Kolesciak		1/2	5 1/4	6		1													1	2 3/4					
Monica Richter	11	13	15	15	18	18	14	11		1 1/4	3 1/2	5 1/2	5 1/2	2	1 1/2			1	3	9 1/2					
Mary Taylor			1			3	1													5					
Colleen Wright					8	8	8	8		1	3	4 1/2	4		6	4				5	4 1/2				
Stephanie Semprino	4	3	4	5						2 1/4	1 1/4			1						2	1				
Sharon Roedke																									
Chris McKenna																									
Jo Ann Casey	4 1/4	5	5	4 1/2	2 1/2	2 1/2				2										2	5				
Kathy Granata	9	3 1/2	7	2	8	8	5	4		3 1/2	9	3 1/2		5	4					7	1 1/3				
Sue Hilbert	1	6			3	5	1			1											1	7			
Kirsten Kannengieser	1		4 1/4	1	4	6									1/3						1	6 1/2			
Charlette LaSane	1									1/4											1	1/4			
Patricia Mileski	10	4	4	1 1/4	4	4	1 1/4	8		1 1/2	5 1/2	12	6		6 1/2	6 1/2	2			8	6 1/2				
M.E. Mileski	8	4	4	1 1/4	4	4	7 1/4	4		1 1/2	4 1/2	17	6		6 1/2	6 1/2	2			8	0				
Sharon Stenley	3	5	1			3	3	3		1											1	9			
Beth Pringle	2	5	5	5	1	1	8	8		1 1/2	4 1/2	8	3		3 1/2	1 1/2					5	7			
Gail Friars	1 1/4		5																			6	1/4		
Sally Rielle																						2			
Jenny Jahrling																						2	2		
Karen Haass				1	5	6 1/4	6 1/4			1 1/4	7/4			1 1/2								2	2 1/3		
Christie Diaz					3	1	1							1/2								5	1/2		
Liz Fox	1		1											1/2								2	1/2		
KAREN PRICKITT	6	3					1			1												1	1		
DONNA CRAWFORD																							1/2		
KRIS PAUL										7/3													2/3		
LIZ BUCKLEY				1						1/4													1	1/4	
Mary Beth O'Regan				1 1/4																			1	1/4	
Lauren Goodel															1/2								1/2		
Leslie Barbi		3		3											1								7		
Laura Keresty		3	1	3											1								8		
Wendy Hawthorne	3	6	8	6	4	6	1	1		1 1/4	3 1/2	1	2		1/3								4	2 1/2	
Anja Kannengieser	1	1	1	5			1	2		1/2	1 1/2	3	5		1	1							2	3	
Cathy Vickery	9 1/4	1	1 1/4	3	4 1/4	6 1/4	1 1/4	1		2 1/4	7	1 1/4		1	1/2									5	0 1/4
	7 1/4	7 1/2	7 1/2	8 3/4	7 1/2	9 1/2	7 1/2	5 1/4		9	4 1/2	6 1/4	4		19	2 1/2	2 1/2	5 1/2						8	5 1/2

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD

1982 PERFORMANCE LIST

100 meter dash

13.0 Cathy Vickery  
 13.1 Trish Fogarty  
 14.3 Karen Haass  
 14.4 Stephanie Semprevivo  
 14.9 Mary Beth O'Reagan  
 15.8 Donna Crawford  
 15.9 Hope Wright  
 15.9 Robin Meyers  
 15.9 Nina Nickel  
 16.0 Kathy Parker  
 17.2 Diedre Chamales

200 meter dash

27.5 Cathy Vickery  
 27.6 Stephanie Semprevivo  
 27.7 Trish Fogarty  
 29.1 JoAnn Casey  
 29.3 Karen Haass  
 31.1 Jennifer Jahrling  
 31.9 Charolette LeSane  
 32.4 Brenae Cammeron  
 32.4 Mary Beth O'Reagan  
 33.0 Robin Meyers  
 33.2 Jessica Parsons  
 33.4 Sharon Stemley  
 33.4 Hope Wright  
 34.6 Kathy Parker  
 34.6 Donna Crawford  
 36.4 Diedre Chamales

400 meter dash

61.1 Patti Mileski  
 62.4 Mary Ellen Mileski  
 63.6 Trish Fogarty  
 64.4 JoAnn Casey  
 66.9 Karen Haass  
 67.5 Colleen Wright  
 67.8 Gail Friars  
 68.1 Stephanie Semprevivo  
 69.9 Kirsten Kannengieser  
 73.3 Jennifer Jahrling  
 74.0 Sharon Stemley  
 75.5 Maureen Mclaughlin  
 83.8 Diedre Chamales

800 meter run

2:12.1 Patti Mileski  
 2:19.2 Beth Pringle  
 2:28.2 Mary Ellen Mileski  
 2:35.3 Anja kannengieser  
 2:38.7 Laura Keresty  
 2:38.8 Karen Haass  
 2:45.0 Christie Diaz  
 2:48.0 Monica Richter  
 2:48.2 Kathy Granata  
 2:54.5 Liz Fox  
 2:57.7 Wendy Hawthorne  
 3:02 Suzanne Carpenter  
 3:02 Lauren Goodell

(relay splits)

2:19.0 Mary Ellen Mileski  
 2:28.9 Colleen Wright  
 2:47.0 Leslie Barbi  
 2:51 Liz Fox  
 3:03.7 Alison Barbi  
 2:18.9 Beth Pringle

400 meter hurdles

74.8 Kirsten Kannengieser  
 75.4 Wendy Hawthorne  
 77.9 Liz Buckley  
 78.6 Brenae Cammon  
 80.3 Jenny Jahrling  
 87.2 Amanda Williamson

1600 meter run

5:01.9\* Mary Ellen Mileski  
 5:17.5 Patti Mileski  
 5:19.6 Beth Pringle  
 5:23.1\* Anja kannengieser  
 5:25.8 Colleen Wright  
 6:01.7 Leslie Barbi  
 6:15.6 Lauren Goodell  
 6:29.6 Sally Rielle  
 6:33 Alison Barbi  
 6:34.3 Laura Keresty  
 6:42.5 Liz Fox  
 (relay splits)  
 4:59.8 Patti Mileski

100 meter hurdles

16.6 Monica Richter  
 18.8 Charolette LeSane  
 19.3 Mary Taylor  
 19.6 Kathy Granata  
 19.7 Liz Buckley  
 19.7 Nickole Kokoletsos  
 19.9 Wendy Hawthorne  
 19.9 Kirsten Kannengieser  
 20.2 Brenae Cammon  
 20.9 Nina Nickel  
 21.3 Amanda Williamson

3200 meter run

11:18.0 Colleen Wright  
 11:29.9 Patti Mileski  
 11:38.4 Mary Ellen Mileski  
 11:49.6 Beth Pringle  
 11:50.7 Anja kannengieser  
 13:31 Leslie Barbi  
 13:43 Alison Barbi  
 14:08 Lauren Goodell  
 14:15 Liz Fox  
 14:29 Sally Rielle

3000 meter run

10:13.9 Mary Ellen Mileski  
 10:14.2 Patti Mileski  
 10:22.8 Beth Pringle  
 10:39.3 Colleen Wright

400 meter relay splits

59.8 Patti Mileski  
 61.2 Mary Ellen Mileski  
 61.3 Trish Fogarty  
 62.3 Beth Pringle  
 63.3 Cathy Vickery  
 63.6 Stephanie Semprevivo  
 65.1 JoAnn Casey  
 65.3 Karen Haass  
 65.3 Anja kannengieser  
 68.0 Nichole Kokoletsos  
 69.4 Donna Crawford  
 69.5 Laura Keresty  
 70.0 Kirsten Kannengieser  
 70.2 Gail Friars  
 76.0 Mary Beth O'Reagan  
 76.0 Leslie Barbi

(relay splits are listed when they better open times)

\*Unconverted mile times



RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD

1982 PERFORMANCE LIST

Shot Put

28' 2" Kathy Bade  
 28' Kris Paul  
 27' 8" Karen Prickitt  
 24' 3" Sue Hibbert  
 24' 3" Sharon Stemley  
 23' 1 1/2" Monica Richter  
 22' 9 3/4" Kathy Granata  
 21' 11" Maureen McLaughlin  
 21' Wendy Hawthorne  
 20' 10" Jenny Jahrling

Discus

81' 8" Sharon Stemley  
 79' 7" Sue Hibbert  
 72' 10" Karen Prickitt  
 70' 9" Kris Paul  
 56' 9" Maureen McLaughlin

Javelin

101' 10" Mary Ellen Mileski  
 83 ' Cathy Vickery  
 77' 1" Patti Mileski  
 61' 11" Kris Paul  
 51' Karen Prickitt

Long Jump

15' 5 1/4" Kathy Granata  
 15' 1/4" Monica Richter  
 14' 10 1/2" Stephanie Semprevivo  
 14' 4 1/2" Cathy Vickery  
 14' 4" Wendy Hawthorne  
 14' 2" Nichole Kokoletsos  
 13' 2 3/4" Mary Taylor  
 12' 6" Jenny Jahrling

Triple Jump

34' 2 1/2" Kathy Granata  
 33' 8 3/4" Monica Richter  
 31' 4 1/2" Wendy Hawthorne  
 30' 7 3/4" Nichole Kokoletsos  
 28' Jenny Jahrling

High Jump

5' 4" Kathy Granata  
 5' 2" Monica Richter  
 5' Wendy Hawthorne  
 4' 4" Mary Taylor  
 4' 4" Jenny Jahrling

Pentathlon

2723 points Monica Richter  
 2411 Points Kathy Granata  
 2283 points Wendy Hawthorne

1200 meter relay splits

3:38.4 Mary Ellen Mileski  
 4:16.5 Anja Kannengieser  
 4:24.6 Leslie Barbi

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD

ALL TIME TOP TEN

100 meter dash

12.8	Judy Davis	1980
12.8	Trish Fogarty	1981
13.0	Cathy Vickery	1982
13.2	Lisa Bagnaturo	1981
13.5	Karen Bell	1980
13.6	Kathy Bade	1980
13.7	Brit Nylund	1981
13.8	Julie Smith	1980
13.9	Chris Camaniti	1980
14.1	Angelia McCurvin	1980

800 meter run

2:12.1	Patti Mileski	1982
2:17.7*	Kandie Latham	1975
2:19.2	Beth Pringle	1982
2:20.8*	Jane Green	1974
2:20.5	Mary Ellen Mileski	1981
2:21.8	Carol Dickstein	1981
2:23.1*	Alyson Grunder	1976
2:23.5*	Alison MacGregor	1978
2:25.4*	Cyndi Hansen	1974
2:31.0*	Cathie DeYoe	1975

100 yard dash

11.5	Judy Davis	1978
11.8	Sue Davis	1977
12.0	Mary Cooper	1975
12.2	Sheila Judge	1972
12.2	Julie Roach	1977
12.3	Mary Hiller	1973
12.3	Michelle Smith	1978
12.5	Fran Whelan	1973
12.5	Gabrella Stauber	1975
12.5	Julie Smith	1978&79

1500 meter run

4:44.9	Patti Mileski	1981
4:45.3	Mary Ellen Mileski	1980
4:47.2	Carol Dickstein	1981
4:54.4	Kathy Duffy	1980
5:06.4	Colleen Wright	1981
5:09.4	Beth Pringle	1981
5:10.6	Chris McKenna	1980
5:28.3	Cris Speranza	1980
5:29.8	Sally Rielle	1981
5:31.8	Mary Keegan	1980

200 meter dash

26.6*	Judy Davis	1979
26.6	Lisa Bagnaturo	1981
27.4	Trish Fogarty	1981
27.4	Karen Haass	1981
27.5	Cathy Vickery	1982
27.6	Stephanie Semprevivo	1982
27.9*	Kandie Latham	1975
28.0*	Mary Hiller	1973
28.0*	Sue Davis	1976&77
28.1*	Becky Deetz	1976
28.1*	Angelia Stewart	1978

1600 meter run

5:01.2*	Mary Ellen Mileski	1980
5:17.5	Patti Mileski	1982
5:19.6	Beth Pringle	1982
5:23.1*	Anja Kannengieser	1982
5:25.8	Colleen Wright	1982
5:29.9*	Laura Campbell	1979
5:31.0*	Barbara Remmers	1978
5:34.8*	Debbie Wee	1978
5:35.6*	Kathy Duffy	1979
5:36.1*	Nancy Reed	1975

400 meter dash

58.7	Judy Davis	1980
59.5*	Kandie Latham	1974
61.2*	Becky Deetz	1976
61.1	Patti Mileski	1982
61.7*	Jane Green	1973
61.7	Trish Fogarty	1981
62.0*	Deecy Porro	1979
62.2	JoAnn Casey	1981
62.4	Mary Ellen Mileski	1982
63.1*	Mickie McLaughlin	1975

3000 meter run

10:04.7	Carol Dickstein	1981
10:13.9	Mary Ellen Mileski	1982
10:14.2	Patti Mileski	1982
10:22.8	Beth Pringle	1982
10:28.2	Kathy Duffy	1981
10:39.3	Colleen Wright	1982
11:45.0	Sally Rielle	1981
11:59.7	Cris Speranza	1980
12:04	Mary Keegan	1980
12:55.1	Kristin Conradi	1980

ALL TIME TOP TEN

*Patti's Indoor  
Time should  
be listed →*

3200 meter run

11:18.0	Colleen Wright	1982
11:29.9	Patti Mileski	1982
11:30.1*	Kathy Duffy	1979
11:38.4	Mary Ellen Mileski	1982
11:40.1*	Barbara Remmers	1979
11:49.6	Beth Pringle	1982
11:50.7	Anja Kannengieser	1982
12:08.2*	Nancy Reed	1975
12:11.4*	Debbie Wee	1978
12:38.0*	Julia Iezzoni	1975

400 meter hurdles

69.3	Patti Mileski	1981
70.2	Kirsten Kannengieser	1981
71.8	Mary Ellen Mileski	1981
72.8	Britt Nyland	1981
73.7	Trish Fogarty	1981
75.4	Gretchen Sigler	1981
75.4	Wendy Hawthorne	1982
77.9	Liz Buckley	1982
78.6	Branæ Cammon	1982
80.1	Vance Dailey	1981

Long Jump

17' 5"	Becky Deetz	1976
16' 2 1/4"	Sue Davis	1976
16' 2 1/4"	Deecy Porro	1977
16' 1"	Ann Green	1976
16' 2"	Michelle Smith	1979 (indoor)
15' 11"	Chris O'Rourke	1979
15' 9 3/4"	Cheryl Ottens	1975
15' 8 3/4"	Kathy Boyce	1981
15' 5 1/2"	Mary Sayers	1974
15' 5 1/4"	Kathy Granata	1982

Shot Put 4kg

38' 6 3/4"	Lisa Glidewell	1980
32' 7"	Janet Sauerman	1980
28' 8 1/2"	Claudia O'Rourke	1981
28' 2 1/2"	Elise Shabet	1981
28' 2"	Kathy Bade	1982
28'	Kris Paul	1982

Shot Put 8 pound

39'	1/4" Sarah Miles	1979
38'	Lisa Glidewell	1980 (indoor)
36' 9 1/2"	Jennifer Baringer	1975
36'	1/2" Janet Sauerman	1980 (indoor)
36' 3"	Martha LaMarre	1976
34' 5 1/2"	Renee DuFlon	1975
32' 9"	Becky Deetz	1976
32' 1 1/2"	Kim Slawek	1979
30' 7"	Nancy Fenn	1975
30' 1"	Cathy Fontaine	1977

100 meter hurdles

16.6	Monica Richter	1982
17.9	Lisa Guerriero	1981
17.6	Charolette LeSane	1981
19.0	Kirsten Kannengieser	1981
18.4	Vance Dailey	1981
19.3	Mary Taylor	1982
19.6	Kathy Granata	1982
19.7	Liz Buckley	1982
19.7	Nickole Kokoletsos	1982
19.8	Branæ Cammon	1981

High Jump

5' 9"	Becky Deetz	1975&76
5' 4"	Kathy Granata	1982
5' 3 1/2"	Beth Granata	1975
5' 2"	Mary Sayers	1974
5' 2"	Renee DuFlon	1975
5' 2"	Sharon Roeske	1981
5' 2"	Monica Richter	1982
5'	Ingrid Pessa	1979
5'	Wendy Hawthorne	1982
4' 11"	Beth Smith	1975

Triple Jump

35' 2 1/4"	Becky Deetz	1976
34' 11 1/2"	Deecy Porro	1978
34' 2 1/2"	Kathy Granata	1982
33' 8 3/4"	Monica Richter	1982
33' 4 1/2"	Ingrid Pessa	1979
32' 9 1/2"	Hillary Nocka	1976
32' 7"	Kathy Boyce	1981
32' 5"	Leslie Payne	1979
32' 3 1/2"	Nichole Kokoletsos	1980
32' 3"	Alison MacGregor	1978

Discus

117' 7"	Lisa Glidewell	1980
115' 6"	Janet Sauerman	1980
103' 1"	Cathie DeYoe	1975
102' 9"	Sarah Miles	1979
98' 2"	Martha LaMarre	1976
97' 11"	Claudia O'Rourke	1981
96' 1"	Renee DuFlon	1975
95' 4"	Linda Russell	1975
89' 4"	Alison MacGregor	1978
88' 7"	Sue Holsten	1973

ALL TIME TOP TEN

Javelin

110'	Kim Slawek	1979
105' 6"	Claudia O'Rourke	1981
102' 1"	Jennifer Baringer	1975
101' 10"	Mary Ellen Mileski	1982
94' 9"	Lisa Erickson	1977
88' 7"	Janet Sauerman	1980
85' 9"	Lenni Maguire	1977
83'	Cathy Vickery	1982
81' 5"	Lisa Glidewell	1979
77' 8"	Cindy Slawek	1980

Pentatholon

3453 points	Becky Deetz	1975
2723 points	Monica Richter	1982
2677 points	Deecy Porro	1979
2429 points	Mary Ellen Mileski	1981
2411 points	Kathy Granata	1982
2283 points	Wendy Hawthorne	1982
2231 points	Nicole Kokoletsos	1980
2187 points	Kirsten Kannengieser	1981
2142 points	Chris O'Rourke	1979
2022 points	Lisa Glidewell	1979

Notable Relay Splits: Listed only when the time betters the athletes time posted on the all time top 10 list.

400 meters

59.1*	Kandie Latham	1974
59.8	Patti Mileski	1982
60.1*	Angelia Stewart	1978
60.7*	Jane Green	1974
61.2	Mary Ellen Mileski	1982
61.3	Trish Fogarty	1982
61.4	Lisa Bagnaturo	1981
61.9*	Anne Eyers	1978
62.3	Beth Pringle	1982
62.8*	Cathie Deyoe	1974

800 meters

2:18.2	Carol Dickstein	1981
2:18.9	Beth Pringle	1982
2:19.0	Mary Ellen Mileski	1982
2:19.3*	Jane Green	1974
2:24.5	Kathy Duffy	1981
2:28.9	Colleen Wright	1982

1200 meters

3:38.4	Mary Ellen Mileski	1982
3:51.6	Carol Dickstein	1980
4:04.2*	Debbie Wee	1978

1600 meters

4:59.8	Patti Mileski	1982
5:15.5*	Carol Dickstein	1980
5:24.4*	Kathy Duffy	1980
5:33.1*	Alison MacGregor	1980

\* Unconverted imperial times.

The change to metric racing distances several years ago has created confusion in trying to compare the "new" metric performances with the "old" imperial performances. The difference between comparable metric and imperial distances is usually small enough that a "conversion factor" can be added or subtracted from the old imperial performances to obtain an idea of what the result would have been had the race been done at a metric distance.

The following factors can be used to change the imperial performances on this chart so a more accurate comparison can be obtained.

- 220 yards to 200 meters - subtract 0.1 seconds
- 440 yards to 400 meters - subtract 0.3 seconds
- 880 yards to 800 meters - subtract 0.7 seconds
- 1 mile to 1600 meters - subtract 1.6 seconds
- 2 mile to 3200 meters - subtract 3.5 seconds
- 8 pound shot to 4 kilogram shot - subtract 2 feet.

GRANT Does 1.8  
GRANT Does 4.0

Ed Grant Relays

4x 110	=	-.2
4x 220	=	-.5
4x 440	=	-1.1
4x 880	=	-2.8
Sprint med	=	-1.2
D. M	=	-4.5

4x 1 mile = -7.2

Track & Field News multiplies the english time by .9942 for metric conversion

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RECORDS

<u>EVENT</u>	<u>RECORD</u>	<u>PERFORMER</u>	<u>DATE</u>	<u>PLACE</u>
100 meter dash	12.8	Judy Davis	1980	Bergenfield, NJ
		Trish Fogarty	1981	Teaneck, NJ
220 yard dash	26.6	Judy Davis	1979	Hawthorne, NJ
400 Meter dash	58.7	Judy Davis	1980	Tenafly, NJ
800 meter run	2:12.1	Patti Mileski	1982	Tenafly, NJ
1500 meter run	4:44.9	Patti Mileski	1981	Hackensack, NJ
one mile run	5:01.2	Mary Ellen Mileski	1980	Tenafly, NJ
3000 meter run	10:04.7	Carol Dickstein	1981	Princeton, NJ
Two mile run	10:57.15(i)	Patti Mileski	1981	Harvard, Mass.
100 meter hurdles	16.6	Monica Richter	1982	Tenafly, NJ
400 meter hurdles	69.3	Patti Mileski	1981	New Milford, NJ
Shot Put - 4 kg	38' 6 $\frac{3}{4}$ "	Lisa Glidewell	1980	Tenafly, NJ
Discus - 1 kg	117' 7"	Lisa Glidewell	1980	Tenafly, NJ
Javelin	110'	Kim Slawek	1979	Jackson Twp. HS
High Jump	5' 9"	Becky Deetz	1975	Holmdale HS
Long Jump	17' 5"	Becky Deetz	1976	Hackensack, NJ
Triple Jump	35' 2 $\frac{1}{4}$ "	Becky Deetz	1976	Hackensack, NJ
4X110 yard relay	51.6	J. Smith/O'Donnell Stewart/Davis	1978	Hawthorne HS
4X200 meter relay	1:50.0	Semprevivo/Haass Vickery/Fogarty	1982	Rutgers, NJ
4X440 yard relay	4:08.5	MacGregor/Byers Porro/Stewart	1978	Jackson Twp. HS
4X800 meter relay	9:13.3	M.Mileski/Pringle Dickstein/P.Mileski	1981	Rutgers, NJ
4X 1 mile relay	21:25.7	MacGregor/Duffy M.Mileski/Dickstein	1980	New Milford, NJ
Sprint Medley relay (#40-220-220-880)	4:15.5	M.Mileski/Bagnaturo Semprevivo/P.Mileski	1981	Bergen C.C.
Distance Medley Relay (1200-400-800-1600)	11:58.6	M.Mileski/Fogarty Pringle/P.Mileski	1982	Rutgers, NJ

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RECORDS

<u>EVENT</u>	<u>RECORD</u>	<u>Performer</u>	<u>DATE</u>	<u>PLACE</u>
4X100 m hurdles	68.7	Porro/Pessa O'Connor/Brienza	1979	Paramus Catholic
3X400 m hurdles	3:48.1	Hawthorne/Haass Kannengieser	1982	Bergen C.C.
(3 person field relays)				
Shot Put Relay(8 lb)	106' 9/2"	Glidewell/Miles/Slawek	1979	Rutherford, NJ
Discus Relay	305' 2"	Glidewell/Sauerman Slawek	1980	New Milford, HS
Javelin Relay	265' 5"	P.Mileski/M.Mileski O'Rourke	1981	New Milford HS
High Jump Relay	15' 7/2"	DuFlon/Granata/Deetz	1975	Monmouth College
Long Jump Relay	47' 1/2"	Porro/Smith/O'Rourke	1979	New Milford HS
Triple Jump Relay	97' 7"	MacGregor/Porro/Pessa	1979	New Milford HS
(2 person field relays)				
Shot Put Relay (4 KG)	56' 10"	Bade/Paul	1982	Bergen C.C.
(8 lb)	73' 5 1/2" (i)	Glidewell/Sauerman	1980	Saddle brook HS
Discus Relay	155' 11"	Stemley/Hibbert	1982	Bergen C.C.
Javelin Relay	141' 8"	O'Rourke/Shabett	1981	Rutherford, NJ
High Jump	10'	Richter/Roeske	1981	Paramus Catholic
		Richter/Granata	1982	Bergen C.C.
Long Jump	29' 5"	Richter/Granata	1982	Bergen C.C.
Pentatholon	3453 points	Becky Deetz	1975	Summitt, NJ
1 mile walk	9:58	Anja Kannengieser	1982	Hackensack, NJ
Marathon	3 hr 32 min	Klara Grape	1977	Shore Marathon

Records for points scored

Total Points (Career)	276 1/4	Monica Richter	1980, 81, 82
Senior year	139 1/2	Monica Richter	1982
Junior year	140 1/4	Deecy Porro	1978
Sophomore	110 1/2	Becky Deetz	1975
9th grade	65 1/3	Mary Ellen Mileski	1980

\* Imperial records are retained until bettered by metric marks



