



**RIDGEWOOD
TRACK
&
FIELD**

1981

**SEASON
SUMMARY**

Track and Field Booklet – 1981

I began making the Track & Field summary booklets in 1982. This booklet like all others prior to 1982 were made from meet results kept in my yearly Track & Field folders. The sheets were made to post on the Team Bulletin Board for several days after the meet (most of the original pages still have their staple holes!) and then saved in my yearly folders. Some results are not complete but over all one can get a good sense of our 1981 season!

Jacob Brown - 2018

1981 TRACK AND FIELD * GIRLS

COACHES: Jock Brown
Barbara Drummond

Dual Meets 8 wins - 1 Loss

Championship and Invitational Meets

RHS - 81 Bloomfield - 41
 RHS - 103 FairLawn - 19
 RHS - 65 Teaneck - 57
 RHS - 86 Paramus - 36
 Rhs - 85½ Clifton - 36½
 RHS - 79 Passaic Valley - 43
 Hackensack - 62 RHS - 60
 RHS - 79½ Wayne Valley - 42½
 RHS - 75½ Bergenfield - 46½

2nd Place overall in NNJIL

Don Bosco Relays
 St Joes Relays
 Rutgers Relays
 St. Anthonys Relays
 Hudson County Relays
 Penn Relays-7th in 3200r final
 Rutherford Relays- 2nd place team
 County Relays-4th place team
 County Gr4 Champs-4th place team
 NNJIL champs - 3rd place team
 Soph sectional-1st place team
 Novice meet
 State Sectional-2nd place team
 County meet of champs-2 ind. champs.
 State Group champs- 4 points
 State Championship-
 Pat Mileski - 4th 800m
 Carol Dickstein - 4th 3000m
 Silver East - 3200 m relay 3rd

TEAM MEMBERS:

Seniors

Vance Dailey *
 Carol Dickstein *
 Kathy Duffy *
 Angela McCurvin
 Claudia O'Rourke *
 Gretchen Sigler *

Sophomores:

Kathy Boyce *
 Libby Caryl
 JoAnn Casey *
 Mary Collins
 Cristina Diaz
 Gail Friars *
 Kathy Granata
 Karen Haass *
 Suzanne Hibbert
 Pam Jones
 Kirsten Kannengieser
 Charlette LeSane
 Mindy LaValle
 Mary Ellen Mileski *
 Patti Mileski *
 Liz Nitti
 Denise Noone
 Britt Nylund *
 Beth Pringle *
 Sally Rielle
 Elise Shabet *
 Judy Spalckhaver
 Sharon Stemley
 Eileen Sullivan
 Marie Waddy
 Peggy Waldron

*-Letter winners

First Team All County
 Carol Dickstein- 3000
 Patti Mileski - 300

Juniors:

Kathy Bade
 Lisa Bagnaturo *
 Alison Barbi
 Chris Caminiti
 Brenae Cammon
 Jackie Dundorf
 Trish Fogarty *
 Stephi Fuller
 Lisa Guerriero
 Nichole Kokoletsos
 Monica Richter *
 Sharon Roeske *
 Stephanie Semprevivo *
 Mary Taylor
 Colleen Wright *
 Cris Speranza *

GIRLS SPRING TRACK SCHEDULE OF MEETS: 1981

<u>MEET</u>	<u>DATE</u>	<u>SITE</u>
→ BLOOMFIELD/FAIRLAWN	WEDNESDAY APRIL 1 ST	RIDGEWOOD
KEARNY RELAYS	SATURDAY APRIL 4 TH	KEARNY H.S.
→ TEANECK	MONDAY APRIL 6 TH	TEANECK
ST JOE'S RELAYS	SATURDAY APRIL 11 TH	ST JOES, MONTVALE
→ PASSAIC VALLEY/CLIFTON	MONDAY APRIL 13 TH	CLIFTON
RUTGERS OR IONA RELAYS	THURSDAY + SATURDAY APRIL 18 TH	
→ PARAMUS	MONDAY APRIL 20 TH	RIDGEWOOD
PENN RELAYS	THURSDAY APRIL 23 RD	PHILADELPHIA
RUTHERFORD RELAYS	SATURDAY APRIL 25 TH	RUTHERFORD
BERGEN COUNTY RELAYS	SATURDAY MAY 2 ND	NEW MILFORD
→ HACKENSACK/WAYNE VALLEY	MONDAY MAY 4 TH	WAYNE VALLEY
BERGEN COUNTY CHAMPS	FRI + SAT MAY 8+9	NEW MILFORD
→ BERGENFIELD	TUESDAY MAY 12	RIDGEWOOD
NNJI LEAGUE CHAMPS	SATURDAY MAY 16 TH	HACKENSACK
RELAYS AT BERGEN C.C.	WEDNESDAY MAY 20 TH	BERGEN C.C.
RIVERDALE NOVICE MEET	? PROBABLY MAY 20 TH	RIVERDALE H.S.
STATE SECTIONALS	SATURDAY MAY 23 RD	
COUNTY MEET OF CHAMPS	? PROBABLY MAY 26 or 27	
STATE GROUPS	SATURDAY MAY 30	RUTGERS
RIDGEWOOD PENTATHLON	MONDAY JUNE 1 ST	RIDGEWOOD
STATE CHAMPIONSHIP	WEDNESDAY JUNE 3 RD	PRINCETON
"SILVER EAST" CHAMPIONSHIP	SATURDAY JUNE 13 TH	RUTGERS

RIDGEWOOD VS FAIRLAWN

WEATHER windy, cold, cloudy

DATE 4/1/81

TRACK CONDITIONS Good

5

3

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	FL
Long Jump	CATHY Boyce R 15' 1 1/2"	Kokoletsos R 14' 1"	Taylor R 13' 6"	9	0
Inter-mediate Hurdles	Mileski R 53.3	KANNENBIESER R 53.6	Duffy R 54.6	9	0
100 meter Dash	Fogarty R 13.4	Bagnaturo 14.1 R Nylund 14.1 R	Festum FL 15.7	9	0
1500 m Run	WRIGHT R 5:21.9	Speranza R 5:41	Bender FL 6:25	8	1
400 meter Dash	Bagnaturo R 1:03	CASEY R 1:04.6	Friars R 1:06.7	9	0
100 meter Hurdles	Richter R 18.7	Guerniero R 20.2	LeSane R 20.6	9	0
800 meter Run	Pringle ^{2:34.6} R 2:34.6	Fuller R 2:49.3	Barbi R 2:53	9	0
200 meter Dash	FOGARTY R 28.1	Hass R 28.6	semprevivo R 29.3	9	0
3000 m Run	RIGLE R, FL 11:59.1	SPINNELI FL 14:15.4	ZAZARRO FL 14:50.8	5	4
Triple Jump	BOYCE R 29' 7"	RICHTER R 27' 7"	BALLAN F 26' 7"	8	1
4x400 m Relay	Fogarty Sigler R. Bag Casey R. 4:37	FL 5:58	FL	5	0
Shot Put	DECIS FL 31' 2 1/2"	O'ROURKE R. 27' 7"	SHIRLEY FL 26' 8"	3	6
Discus	DECIS FL 91' 8"	O'ROURKE R. 86' 5"	SHIRLEY FL 83' 7"	3	6
High Jump	Roeske R 5' 2"	RICHTER R 4' 6"	GUTMAN FL 4' 6"	8	1
Final Score				103	19

R FL
43 2

R FL
52 2

R FL
61 2

70

24

17
117
12

100 meter hurdles	Garrero 20.2	LeSane 20.6	Kannengieser 20.7	Dundorf 22.2	
100 meter Dash	Camminter 14.9				
1 Mile Run	spl	spl	spl	spl	
440 yard Dash	LaValle 73.1	FRIARS 66.7	SIGLER 66.9	GRANATA 68.6	TAYLOR 70.2
440 Yard Relay	@110	@220	@330	@440	
880 Yard Run	spl	spl	spl	spl	
200 meter dash	Collins 30.9				
2 Mile Run	spl	spl			
Mile Relay	spl	spl	spl	spl	
Long Jump	N. KOKOLETSOS	A. McCURVIN	MARY TAYLOR	KATHY BOYCE	J. SPALCKHAVER
Att#1	12' 7 1/2"	F	12' 9"	12' 4 1/4"	(11' 11")
#2	(14' 1")	(13' 3 1/2")	(13' 6")	14' 7"	F
#3	12' 11 1/2"	12' 5"	13' 1/2"	14' 4 1/2"	11' 9 1/2"
#4	13' 1/2"	12' 8"	13' 4"	(15' 1 1/2")	

High Jump

Rodke - 5' 2"
Richter - 4' 6"
Darley - 4' 6"

Intermediates:

Vance Dailey - 55.8

TRIPLE JUMP: BOYCE - 29' 7"
RICHTER - 27' 7"
NOONE - 25' 8"

SHOT: O'Rourke - 27' 7"
Schbet - 26' 8"
Bade - 24' 4"
Fuller - 22' 1/2"
Hubbert - 21' 6 1/2"

DISC: O'Rourke - 86' 5"
HIBBERT - 68' 4"
Bade - 63' 7"
Schbet - 50' 3"
Stemley - 70' 4"

Don Bosco

APRIL 2ND

11.1

CAROL DICKSTEIN	- 33.7	^{111.2} 71.2	1:48.9	<u>2:26.0</u>
PAT MILESKE	- 32.	66	1:43	4:47.6
KATHY DUFFY	- 36.5	76	1:56	7:21.8
MARY ELLEN MILESKE	- 33+	71	1:48	9:46.1
				<u>2:21.6</u>
				<u>2:35.2</u>
				<u>2:24.3</u>
				<u>9:46.7</u>

Carol	33.7	37.5	37.7	37.1	<u>2:26.0</u>
PAT	32.	34	37	38.6	<u>2:21.6</u>
Kathy	36.5	39.5	40	39.2	<u>2:35.2</u>
MILESKE	33.3	37.7	36	36.3	<u>2:24.3</u>

RIDGEWOOD VS TEANECK

WEATHER Windy 50°

DATE April 6th 1981

TRACK CONDITIONS Slow

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RES	T	
Long Jump	BOYCE R. 15'8"	PAM T O'GARRO 15'6 1/2"	LISA T. THWEAT 15'5 1/4"	5	4	57
Inter-mediate Hurdles	JUDY T. PALMER 47.50	CAROL T EDDY 47.65	MILESKE R 48.8	1	8	6 12
100 meter Dash	STEPHANIE T. LOUGHLIN 12.2	TRISH R. FOGARTY 12.8	MARTEZE T GOLDEN 13.0	3	6	9 18
1500 m Run	MILESKE R WRIGHT DUFFY 5:34.2			9	0	18 18
400 meter Dash	JUDY T. PALMER 1.01	FOGARTY R. 102.2	BAGNATURO R. 103.21	4	5	22 23
100 meter Hurdles	CAROL T EDDY 17.63	LYDIA T DEERING 18.	RICHTER R 18.54	1	8	23 31
800 meter Run	MILESKE M. R MILESKE P. 2.25		DICKSTIEN 2.26	9	0	32 31
200 meter Dash	STEPHANIE T LAUGHLIN 28.32	BAGNATURO R. 29.8	MARTEZE T GOLDEN 31.0	3	6	35 37
3000 m Run	DICKSTIEN R DUFFY PRINGLE			9	0	44 37
Triple Jump	RICHTER R 32'	MCMANUS T 31'5"	BOYCE R 31'4 1/2"	6	3	60 57
4x400 m Relay	R BACH M...	BAGNATURO M. MILESKE P. MILESKE FOGARTY	4:10.5	5	0	
Shot Put	MCMANUS T 30'8 1/2"	STEPHANIE T LOUGHLIN 28'9 1/4"	O'ROURKE R 28'6 1/2"	1	8	
Discus	JULIA T HENDRIX .85'	O'ROURKE R 81'3"	GAGLE T HENRICK 76'9"	3	6	
High Jump	SHAWN R ROESKE 5'0"	LAUREN T MCMANUS 4'10"	RICHTER R 4'8"	6	3	54 54
				Final Score		65 57

LONG JUMP

3000 m. Sperranza - 5.46.7

Mary Taylor - 13' 7 3/4"

Angela McCurin - 14' 2 1/4"

Int. HURDLES

Triple jump

NORE 27 1/2

DISCUS

50' 11" - K. BADE

50' 1 1/4" - Rameros

48' 10" - Hibberts

40' 5" - Stemly

Shabet

SHOT

SHABET 26' 10"
Hibberts - 23"
Raneros -

4/7/81

Ridgewood surprises Teaneck

Ridgewood outscored Teaneck, 37-8, in the three distance races and two weights yesterday to pull off its second major Northern New Jersey Interscholastic League dual meet upset in as many years, trimming the Highwaymen, 71-52, in boys track. The Maroons topped Hackensack, 61-57, last year.

All-Bergen cross-country and winter track star Tom Hughes and senior weightman Eric Bryant keyed the Maroon upset with double victories. Hughes led 1-2-3 sweeps in the 1,500- and 3,000-meter races, while Bryant won the shot and discus with good performances. George DeBerry won the three jumping events for the Highwaymen, but Ridgewood still managed eight points in the three jumps and won the pole vault as Neil Cronin upset Dave Dickey, who had

done 13-6 in Saturday's Don Bosco Relays.

Wayne Valley edged stubborn Bloomfield, 67-64, as John Ramsden won both hurdles and Jeff Van Horn took both distance races. Mike Dubois of Paramus took the 100, 200, and 400 to lead Param-

Track

us past Bergenfield, 85-46, while a double by Glenn Laube in the weights couldn't prevent Fair Lawn's 77-51 loss to Clifton.

Tony Garcia won both sprints and Vic Kiefer both distance races as Leonia beat Palisades Park, 90-49. Eamon McGuinness won both hurdle races, and the triple jump and also took second in the long

jump, while Sean Donohue had wins in the pole vault, high jump, and 800 meters as Emerson blew out Hasbrouck Heights, 127-13.

Bob Benjamin and Robert Bates each won two field events as Cresskill routed Secaucus, 88-51. Rutherford routed Becton, 94-46, and Park Ridge beat Bogota, 81-59. Yuni Rowe won both hurdle races, Rich Austin both weights and Eddie Colon took both distances as Passaic Tech beat Waldwick, 86-45, for its 12th straight win. Steve Sorrento won all three jumps and Tony Maresca both hurdles as Manchester beat Hawthorne, 82-44. Chuck Astor had a distance double for the Bears.

Ridgewood's girls swept the distance events behind Kathy Duffy, Carol Dickstein, and the Mileski sisters, Patty and

Mary Ellen, and defeated Teaneck, 65-57. Judy Palmer and Stephanie Loughlin had doubles for Teaneck, Palmer again winning the very difficult 400-400IH double.

Jennifer Osbourne won the 100 and 800 and keyed Hackensack's easy 72-40 win over Passaic Valley. Lisa Coppoletta tripled in the hurdles and triple jump but Bergenfield still routed Paramus, 83 1/2-38 1/2.

Wood-Ridge topped Wallington, 70-57, while freshman Betsy Delia won the 1,500 and long jump in Palisades Park's 75-60 loss to Leonia. Bianca O'Connell and Heather Scelfo had doubles as Rutherford beat Becton, 85-61. Doreen Sullivan won the javelin, shot put, and high jump as Cresskill routed Secaucus, 117-19.

Track bests of day

Boys meets

100 — Michalski, Hawthorne, Goins, Bloomfield, 11.5; Dawkins, Bloomfield, 11.6; Lamorte, 11.64; Anders, Waldwick, Garruto, Wayne Valley, 11.7; Bunting, Manchester, Ormezzano, Manchester, 11.73; Miller, Passaic Tech, 11.8; DuBois, Paramus, 11.8; Munsey, Wayne Valley, 11.9; Garcia, Leonia, 12.2
200 — Leathers, Passaic Tech, 24.1; Pereira, North Arlington, 24.3; Anders, Waldwick, DuBois, Paramus, 24.3; Goins, Bloomfield, 24.4; Dawkins, Bloomfield, 24.5; Garcia, Leonia, 26.5
400 — Martin, Bloomfield, 53.0; Spaziano, Wayne Valley, 53.1; Wagner, Teaneck, 53.2; King, Ridgewood, Dubois, Paramus, 54.1; Parisi, Ridgewood, Paul Norris, Teaneck, 54.2; Vighetto, Passaic Tech, 54.5
800 — P. O'Leary, Ridgewood, 2:01.9; Rodriguez, Teaneck, 2:03.6; B.O'Leary, 2:03.8; DeBoer, Wayne Valley, 2:06.9
1500 — Hughes, Ridgewood, 4:16.8; Jones, Ridgewood, 4:22.4; Van Horn, Wayne Valley, 4:22.5; Smith, Ridgewood, 4:24.9; Kiefer, Leonia, 4:50.8
3000 — Van Horn, Wayne Valley, 9:22; Hughes, Ridgewood, 9:27; Murphy, Ridgewood, 9:27.3; Ketterson, Ridgewood, 9:38.4; Kiefer, Leonia, 10:37
1600 RELAY — Teaneck 3:39; Ridgewood 3:39.4
110 HH — Rowe, Passaic Tech, 15.3; Mandahkas, Bergenfield, 15.7; Ramsden, Wayne Valley, 16.0; Dawkins, Wayne Valley, 16.3; Miller, Passaic Tech, 16.4; Blazina, Palisades Park, 18.9
400 IH — Ramsden, Wayne Valley, 59.9; Rowe, Passaic Tech, 60.2; Callander, Bloomfield, 60.4; Blazina, Palisades Park, 69.8
SHOT PUT — Bryant, Ridgewood, 52-9; Kearns, Ridgewood, 47-2
DISCUS — Bryant, Ridgewood, 138-6; Schiano, Wayne Valley, 138-0; Miller, Passaic Tech, 134-8

JAVELIN — Maltson, Ridgewood, 173-4 1/2; Erskine, North Arlington, 154-11; O'Connor, North Arlington, 154-1; Butler, Leonia, 152-3
HIGH JUMP — DeBerry, Teaneck, Dixon, Teaneck, 6-0; Torres, Passaic Tech, Murphy, Ridgewood, 5-10
POLE VAULT — Cronin, Ridgewood, 12-0; Kosuch, North Arlington, 11-6; McGuirk, Wallington, 11-0; Laube, Fair Lawn, Gonzalez, Passaic Tech, 10-6
LONG JUMP — DeBerry, Teaneck, 21-1; Miller, Passaic Tech, 20-8; Imbruglia, Wallington, 19-8 1/4; Torrissi, Bloomfield, 19-7 1/2; Parisi, Ridgewood, 19-5 1/4; Martin, Bloomfield, 19-5; Cronin, 19-4; Laube, Fair Lawn, 18-11; Biroc, Elmwood Park, 18-10; Murphy, Ridgewood, Anderson, Wood-Ridge, 18-8
TRIPLE JUMP — Tillman, Passaic Tech, 41-9 1/4; Murray, Passaic Tech, 41-7 1/2; Imbruglia, Wallington, 41-4 1/4; Cousin, Clifton, 40-6; Martin, Bloomfield, 40-1/2; Miller, Passaic Tech, 39-5 1/4; Laube, Fair Lawn, 38-1; Van Osten, Rutherford, 38-3/4

Girls meets

100 — Loughlin, Teaneck, 12.6
200 — Loughlin, Teaneck, 28.3
400 — Palmer, Teaneck, 61.0
1500 — Perry, Passaic Valley, 5:17; Farrell, Hackensack, 5:17; O'Connell, Rutherford, 5:27.7; Mileski, Ridgewood, 5:34; Delia, Leonia, 6:25
3000 — Roos, Passaic Valley, 11:26; Duffy, Ridgewood; Dickstein, Ridgewood; Pringle, Ridgewood; Perry, Passaic Valley, 11:37
110 IH — Coppoletta, Paramus, 17.2
400 LH — Palmer, Teaneck, 57.5; Coppoletta, Paramus, 71.0
SHOT PUT — Scelfo, Rutherford, 34-5
JAVELIN — Scelfo, Rutherford, 107-1
HIGH JUMP — Cocotos, Leonia, Furtah, Wallington, 4-8
LONG JUMP — Delia, Leonia, 13-7
TRIPLE JUMP — Richter, Ridgewood, 32.0

St. Joss Relay

Sat April 11TH

Shot Put Relay - O'Rourke -
Shabel -

440 relay - 54.5

mile Relay "A" P. Mileski 61.9
5TH place Dickstein 62.5
Kannengieser 66.1
M. Mileski 60.6

4:11.4

mile relay "B" - Duffy 66.7
Wright 70.2
Kelle 75.8
Pringle 65.2

4:37.3

Long Jump Relay - Boyce 14' 1/2"
5TH McCurvin 13' 6 3/4"

27' 8 1/4"

Meet Results:

Rutgers Relays 16 APRIL 1981

4x400 m - Casey - 65.3
 - Sigler 65.0 ^{Bad Exchange}
 - Semprevivo 64.3
 - Bagnaturo 64.3 / 4:18.9

4x100 m - 52.9
 Bagnaturo
 Camminiti
 Semprevivo
 Fogarty

4x800 m - Duffy - 2:24.5
 Prungle - 2:29.5
 Wright - 2:32.3
^{2ND} Kannengieser - 2:31.6
 10:02.2

Distance Medley
 Dickstein - 2:19.4
 Fogarty - 60.2
 P. Mileski - 3:39.2
^{2ND} M.E. Mileski - 5:12.1
 12:10.6

St Anthony's:

4x880 - Wright - 2:39.2
 Speranza - 2:40.4
 Fuller - 2:44.5
 Prungle - 2:30.8
 10:34.8

4x440 - Bagnaturo - 63.8
 Casey - 64.9
 Sigler - 65.5
 Fogarty - 65.1
 4:19.3
^{2ND}

4x1 mile -
 Duffy - 5:24.7
 M. Mileski - 5:21.8
 P. Mileski - 5:16.4
 Carol Dickstein - 5:26.6
 1st 21:29.7

Sprint Medley - Fogarty - 66.4
 Bagnaturo - 28.1
 Camminiti - 29.7
 Kannengieser - 2:39.2
 4:43.2

Hudson Coaches

High jump Relay
 Richter - 4'10" ^{3rd}
 Roester - 4'10" / 9'8"

Long Jump Relay
 Boyce -
 Granata -

RIDGEWOOD VS

PARAMUS

WEATHER

sunny, cold, windy

DATE

4/20/31

TRACK CONDITIONS

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	P
Long Jump	Coppoletta (Par) 5' 11 3/4"	Kempff (Par) 15' 1/4"	Semprevivo (Rdg) 14' 6"	1	8
Inter-mediate Hurdles	Coppoletta (Par) 56.4	Fogarty (Rdg) 53.5	Nylund (Rdg) 53.6	4	5
100 meter Dash	Bagnaturo (Rdg) 13.8	Chimenti (Par) 14.4	Kempff (Par) 15.1	5	4
1500 m Run	Wright (Rdg) 5:16.0	Speranza (Rdg) 5:38.8	Szorenti (Par) 5:45.6	8	1
400 meter Dash	Sigler (Rdg) 66.0	Semprevivo (Rdg) 68.2	Boyce (Rdg) 69.2	9	0
100 meter Hurdles	Coppoletta (Par) 17.4	Richter (Rdg) 18.8	Chass (Par) 19.7	3	6
800 meter Run	Pringle (Rdg) 2:30.3	Giles (Par) 2:33.5	Fuller (Rdg) 2:48.5	6	3
200 meter Dash	Fogarty (Rdg) 27.8	Kempff (Par) 30.4	Fryers (Rdg) 30.7	6	3
3000 m Run	Speranza (Rdg) 12:28.7	Noone (Rdg) 13:23.0	Nitty (Rdg) 13:49.3	9	0
Triple Jump	Boyce (Rdg) 32' 0"	Richter (Rdg) 31' 8 1/4"	Coppoletta (Par) 31' 7"	8	1
4x400 m Relay	RIDGEWOOD 4:43.8	SEMPREVIVO TAYLOR FRIARS BAGNATURO		5	0
Shot Put	O'Rourke (Rdg) 28' 8 1/2"	Shabet (Rdg) 28' 1"	Ochrym (Par) 24' 0"	8	1
Discus	O'Rourke (Rdg) 78' 9"	Ochrym (Par) 68' 8"	Jahns (Par) 64' 9"	5	4
High Jump	Richter (Rdg) 4' 8"	Roeske (Rdg) 4' 8"	Paily (Rdg) 4' 4"	9	0
Final Score				86	36

Event no. 7--High School Girls' 4x800 Relay (6 Sections)

Race 1

Heat 1

1, State College † 9:16.6 (Tracy Spalvins, Eileen Yarashus, Meredith White, Lynne Strauss);

2, Vailsburg, (MD) 9:18.9; 3, Brooklyn Tech (N.Y.) 9:21.0;

4, Harborfields (Greenlawn, N.Y.) 9:22.0; 5, Maria Regina (Uniondale, N.Y.)

9:23.4 6. Kearny 9:23.8

Race 2

Heat 1

1, Mt. Vernon (N.Y.) 9:25.8 (China Bushell, Ann McDermott, Desiree Scott, Susan Whitehead);

2, Central (Seat Pleasant, MD) 9:26.8; 3, Plainfield (N.J.) 9:27.0;

4, Columbia (Maplewood, N.J.) 9:30.7; 5, Fort Hunt (Fairfax, Va.) 9:31.4

Race 3

Heat 1

1, Perkiomen Valley (Collegeville, Pa.) 9:17.0 (Jamie Knickerbocker, Kate Coll, Karen DeLucia, Joanne Kehs);

2, Ridgewood (N.J.) 9:25.3; 3, Holy Cross (Delran, N.J.) 9:28.5;

4, Pearl River (N.Y.) 9:35.4; 5, Trenton Central (N.J.) 9:36.4

Race 4

1, Summit (N.J.) † 9:20.3 (Suzanne Bottelli, Missy Mullett, Ellen Eckert, Theresa Gshwind);

2, Cardinal O'Hara (Springfield, Pa.) 9:43.3; 3, St. Marks (Wilm., Del) 9:50.4;

4, Overbrook (Phila.) 9:50.8; 5, Howard (Del.) 9:51.1

Race 5

1, Cheltenham (Pa.) 9:32.2 (M. J. Smith, Colleen Hackett, Joanne Van Hensseker, Edyrl Parkinson);

2, Archbishop Prendergast (Drexel Hill, Pa.) 9:40.2; 3, Scharsdale (N.Y.) 9:41.4;

4, Cardinal Dougherty (Phila.) ~~9:44.1~~ 9:44.1; 5, Toms River East (N.J.) 9:49.1

Race 6

1, Hunterdon Central (Flemington, N.J.) 9:36.8; 2, (Bonnie Read, Liese Schaff, Lorne Butterfield, Cricket Butz);

3, Bladensburg (MD) 9:45.7; 3, ~~Marlboro~~ Morrestown (N.J.) 9:57.7;

4, Albert Einstein (Kensington, MD) 10:02.6; 5, Norristown (Pa.) 10:08.3

CORRECTION

EVENT 6 College Women's 4x100

heat 1: Tennessee State 45.56 not 54.56

heat 2: Arizona State 45.95 not 49.95

RUTHERFORD RELAYS PERFORMANCES

- 3rd 3x400 hurdles : Fogarty 73.7 Nyland 76.8 Darley 80.1
- 3rd 4x1600m : Speranza 6:15.7 Sigler 6:20 Casey 6:32.2 Brungle 6:05.9
- 5th 4x100m hurdles : 77.8 Richter LeSane, waddy, Darley
- 2nd 4x100m
- 2nd 4x200m : Sigler 30.3 Haass 27.9 ~~Casey~~ ^{Nyland} 29.9 Casey 28.7
- 3rd Sprint Medley: Fogarty - 67.2 Bagmaturo 28.3 Semprevivo 29.8 PRINGLE 2:29.6
- 3rd 4x400m : Sigler - FRIARS - Haass - Casey - 4:29.9

<u>Shot Put</u>	<u>Disc</u>	<u>Javelin</u>	<u>High Jump</u> (1 st)
O'Rourke - 27' 1/4"	O'Rourke - 85' 2"	O'Rourke - 86' 5"	Richter - 4' 10"
Shabbett - 25' 9 1/2"	Hubbert - 68' 6"	Shabbett - 55' 3"	Roeske - 4' 10"
52' 10 3/4"	153' 8"	141' 8"	9' 8"

Long Jump

Boyce - 14' 3/4"
 Semprevivo - 14' 3/4"
28' 1/2"

TRIPLE Jump (1st)

Boyce - 31' 11"
 Richter - 31' 10"
62' 11"

PENN RELAYS

		(9:25.3)	COUNTY RECORD	(4:08.9)
4x800	Duffy - 2:27.3	2:26.0	4x400	BAGMATURO 61.7
	M. Mileski - 2:20.4	2:24.7		M. MILESKE 64.5
	P. Mileski - 2:17.3	2:18.2		P. MILESKE 62.8
	Dickstein - 2:20.6	2:22.1	(7 TH IN FINAL)	FOGARTY 59.9

RIDGEWOOD VS Clifton

WEATHER _____

DATE April 30, 1981

TRACK CONDITIONS _____

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RIS	
Long Jump	Boyce R. 15'8 ³ / ₄ "	Granata R. 15'1/4"	Sempervivo R. 14'1 ³ / ₄ "	9	0
Inter-mediate Hurdles	M. Mileski R. 71.8	K. Kannengieser R. 73.5	Sigler R. 75.4	9	0
100 meter Dash	L. Bagnaturo R. 13.4	T. Fogarty R. 13.5	L. Ozga C. 13.5	8	1
1500 m Run	C. Wright R. 5:11.2	S. Rielle R. 5:41	A. Mickey C. 5:47	8	1
400 meter Dash	D. Schmidt C. 63.2	S. Sempervivo R. 65.2	K. Haas R. 66.2	3	6
100 meter Hurdles	Guerriero R. 18.2	M. Richter R. 18.5	Dailey R. Pignatello C. 18.7	8 ¹ / ₂	1/2
800 meter Run	Pringle R. 2:29.2	Krukowski C. 2:42.4	S. Fuller R. 2:46.7	6	3
200 meter Dash	K. Haas R. 28.2	Ozga C. 28.3	Casey R. 28.4	6	3
3000 m Run	Rielle R. 12:17	Krukowski C. 31'10 ¹ / ₂ "	Speranza R. 12:32.4	6	3
Triple Jump	Boyce R. 32'7"	Granata R. 31'10 ¹ / ₂ "	Richter R. 31'6 ³ / ₄ "	9	0
4x400 m Relay	Clifton	Ridgewood		0	5
Shot Put	M. Glashan C. 33'11"	Shabet R. 28'2 ¹ / ₂ "	Zilenek C. 27'3"	3	6
Discus	McGlashan C. 81'11"	Zelneck C. 78'11 ¹ / ₂ "	Hibbert R. 76'11 ¹ / ₂ "	1	8
High Jump	Roeske R. 5'3/4"	Richter R. 4'10 ³ / ₄ "	Dailey R. 4'6 ³ / ₄ "	9	0

Final Score 85¹/₂ 36¹/₂

RIDGEWOOD VS

Passaic Valley

WEATHER _____

DATE April 30, 1981

TRACK CONDITIONS _____

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	P.V.
Long Jump	Boyce R 15'8 ³ / ₄ "	Granata R. 15'1 ¹ / ₄ "	Newberry P.V. 14'6 ¹ / ₂ "	8	1
Inter-mediate Hurdles	m.E. Mikski R 71.8	K. Kannengieser R 73.5	G. Sigler R. 75.4	9	0
100 meter Dash	Bagnaturo R. 13.4	T. Fogarty R. 13.5	Taylor P.V. 13.5	8	1
1500 m Run	Roos P.V. 5:10.1	C. Wright R 5:11.2	Perre P.V. 5:15.8	3	6
400 meter Dash	Newberry P.V. 63.1	S. Sempervivo R. 65.2	Haas R. 66.2	4	5
100 meter Hurdles	Guerriero R. 18.2	M. Richter R 18.5	Dailey R. 18.7	9	0
800 meter Run	Pringle R. 2:29.2	Ballantyne P.V. 2:38.5	Fuller R. 2:46.7	6	3
200 meter Dash	Taylor P.V. 28.1	K. Haas R. 28.2	Casey R. 28.4	4	5
3000 m Run	Roos P.V. 11:27.5	Perre P.V. 11:30.3	Rielle R. 12:17	1	8
Triple Jump	Boyce R. 32'7"	Granata R. 31'10 ¹ / ₂ "	Richter R. 31'6 ³ / ₄ "	9	0
4x400 m Relay	P.V.	Ridgewood		0	5
Shot Put	shabet R. 28'2 ¹ / ₂ "	Ballantyne P.V. 26'9"	Bade R. 25'2 ¹ / ₂ "	6	3
Discus	L. Proffitt P.V. 82'8"	Hibbert R. 76'11 ¹ / ₂ "	Carrello P.V. 73'3"	3	6
High Jump	sRoeske R 5'3 ³ / ₄ "	Richter R. 4'10 ³ / ₄ "	Dailey 4'6 ³ / ₄ "	9	0
Final Score				79	43

RIDGEWOOD VS

Hack

WEATHER

hot, breezy, sunny

DATE

May 1

TRACK CONDITIONS

dry

EVENT	FIRST PLACE	S	SECOND PLACE	3	THIRD PLACE	1	RHS	H.
Long Jump	RENITA TERRY 15'3"	H.	Granata 15'2 1/4"	R.	Boyce 14'10 3/4"	R.	4	5
Inter-mediate Hurdles	RENITA TERRY 47.9	H.	P. Mileski 50.1	R.	Kannengieser 60.15	R.	4	5
100 meter Dash	Morris 12.5	H.	Bagnaturo Osborne	R. H.	13.2		2	7
1500 m Run	Wright 5:17.6	R.	Duffy 5:17.7	R.	Pringle 5:17.8	R.	9	0
400 meter Dash	RENITA Terry 60.2	H.	Fogarty 61.7	R.	Casey 62.2	R.	4	5
100 meter Hurdles	BEVERLY Terry 16.3	H.	Richter 17.8	R.	Guerrriero 18.1	R.	4	5
800 meter Run	Mileski P. 2:19.5	R.	Mileski H. 2:20.5	R.	Osborne 2:22.6	H.	8	1
200 meter Dash	Morris 26.4	H.	Bagnaturo 27.3	R.	Fogarty 27.4	R.	4	5
3000 m Run	Dickstein 11:12.4	R.	Pringle 11:12.5	R.	Duffy 11:12.6	R.	9	0
Triple Jump	Morris 33-10 3/4	H.	32-9 B. Terry	H.	32' 2 1/2" RICHTER	R.	1	8
4x400 m Relay	Hackensack		4:07.4				0	5
Shot Put	Lynch 29'9"	H.	Oliver 29'	H.	Tyler 27'11"	H.	0	9
Discus	O'Rourke 97'11"	R.	Tyler 93'7"	H.	Oliver 83'10"	H.	5	4
High Jump	Roeste 5'2"	R.	BEVERLY Terry 5'1"	H.	Richter 5'1"	R.	6	3
Final Score							60	62

results of the double dual meet
between

Ridgewood girls lose close one

By BILL SARNO

RIDGEWOOD — Despite a near-blitz by its distance runners, Ridgewood High's girls track team saw its hopes of winning the NNJIL dual meet championship shattered Monday evening.

The Maroons fought for every point they could but could not overcome Hackensack's power in the sprints, hurdles, horizontal jumps and shot put.

Ridgewood, with first in five of the 14 events, was in the meet until the final event, the 4 x 400 relay. Hackensack put four of its sprinters together to win that race and the meet, 62-60. Wayne Valley also participated in the three-way meet and fell to both NNJIL powers.

Hackensack is undefeated in dual meets and Ridgewood suffered its first loss.

Ridgewood kept alive in the meet thanks to strong showings in the longer races. In the 800 meters it was the Mileski sisters, Pat (2:19.5) and Mary Ellen (2:20.5) who paced the way.

In the 1500 and 3000, the Maroons swept all three scoring places. In the shorter race the order was Colleen Wright, 5:17.6; Kathy Duffy, 5:17.7, and Beth Pringle, 5:17.8.

Carol Dickstein, 11:11.4; got the nod over Pringle and Duffy as the 3000 finish was also a near three-way tie.

Competitively and in regard to quality, the meet's top event was the high jump. The drama kept most of the spectators at the jumping area until nearly 7 p.m.

Four girls cleared five feet, one inch. Sue McMurdy of Wayne Valley was the overall winner with a 5-6 clearance. In the important battle for team points, Ridgewood's Sharon Roeske made 5-2 to edge Beverly Terry of Hackensack and the Maroons Monica Richter.

After the high jump, Ridgewood led Hackensack by 10 points. However, Beverly Terry then went over to the triple jump and took first and her team trailed by three going into the critical relay, which the Comets won and gained five points.

Ridgewood only other first place winner was Claudia O'Rourke who won the discus with a 97-11 toss.

standards

May 7, 1981



Distance Strength — Ridgewood swept the first three places in the 1500 meter run against Hackensack Monday. Colleen Wright (right) was first, Kathy Duffy (left) second, and Beth Pringle, third.

RIDGEWOOD VS

Wayne Valley

WEATHER

hot, breezy, sunny

DATE

May 4

TRACK CONDITIONS

dry

EVENT	FIRST PLACE ^S	SECOND PLACE ³	THIRD PLACE ¹	RHS	W.V.
Long Jump	Muller ^{W.V.} 16'1"	Granata ^R 15'2 1/4"	Boyce ^R 14'10 3/4"	4	5
Inter-mediate Hurdles	Mileski P. ^R 50.1	Kannengieser ^R 50.15	McMurdy ^{W.V.} 52.0	8	1
100 meter Dash	Mueller ^{W.V.} 12.9	Bagnatura ^R 13.2	Herman ^{W.V.} McCurry ^R 13.6	3 1/2	5 1/2
1500 m Run	Wright ^R 5:17.6	Duffy ^R 5:17.7	Pringle ^R 5:17.8	9	0
400 meter Dash	Fogarty ^R 61.7	Casey ^R 62.2	Sigler ^R 63.9	9	0
100 meter Hurdles	McMurdy ^W 16.9	Richter ^R 17.8	Guerriero ^R 18.1	4	5
300 meter Run	Mileski P ^R 2:19.5	Mileski M ^R 2:20.5	Dickstein ^R 2:23.2	9	0
200 meter Dash	Mueller ^W 27.2	Bagnatura ^R 27.3	Fogarty ^R 27.4	4	5
3000 m Run	Dickstein ^R 11:11.4	Pringle ^R 11:12.5	Duffy ^R 11:12.6	9	0
Triple Jump	Mueller ^{W.V.} 34-7	McMurdy ^{W.V.} 34'4 1/2"	32'2 1/2" ^R RICHTER	1	8
4x400 m Relay	Ridgewood	4:15.2		5	0
Shot Put	O'Rourke ^R 27'11"	Jacobas ^{W.V.} 27'8"	Gorski ^{W.V.} 27'4"	5	4
Discus	O'Rourke ^R 97'11"	Berk ^{W.V.} 96'2 1/2"	McMurdy ^W 80'6 1/2"	5	4
High Jump	McMurdy ^{W.V.} 5'6"	Roeske ^R 5'2"	Richter ^R 5'1"	4	5
Final Score				79 1/2	42 1/2

Bergen County Relays Performances:

FRIDAY

High Jump Relay (1st)

Roeske 5' 1"

Richter 4' 10"

Dailey 4' 6"
14' 5"

JAVELIN Relay (3rd)

P. MILESKE 76' 4"

M. MILESKE 83' 7"

O'Rourke 105' 6"
265' 5"

Triple Jump Relay (5th)

RICHTER - 31' 1/4"

BOYCE - 29' 5"

GRANATA - 30' 10"
91' 3/4"

SATURDAY

400 hurdles:

P. Mileski 69.3

Kannengesser 75.6

Sigler (D.Q.)

Sprint Medley

Bagnaturo - 29.6

Semprevivo - 26.6

Fogarty - 62.5

M. Mileski - 2:21.6
4:19.8

4x100 m

Caminiti - 14.9

Casey - 13.3

Nygaard - 14.8

Haass - 12.6 / 55.6

4x1 mile

Pringle - 5:27.0

Wright - 6:18.0

Duffy - DNF

4x100 hurdles

Richter - 18.9

Dailey - 17.8

LeSane - 20.6

Guerrero - 16.9
1:13.5

4x200

Bagnaturo - 28.0

Semprevivo - 29.6

Haass - 28.

Fogarty - 29.1
1:54.6

Distance Medley (1st)

P. Mileski - 3:46.7

M. Mileski - 63.6

Pringle - 2:34.8

Dickstein - 5:18
12:43

4x400

Sigler - 65.1

Casey - 65.7

Bagnaturo - 63.8

Fogarty - 66.5
4:20.1

Shot

O'Rourke 28' 8"

Shabett 26

Backe 25

1 1/2
1 1/2
1 1/2

17
4 1/2
2 1/2 (1 1/2)

All-out effort



Staff photo by Al Paglione

Ridgewood's Pat Mileski beats Lisa Coppoletta of Paramus across the finish line during Saturday's Bergen Relays.

Bergen County CHAMPS Results May 8+9

H.J.

Roeske - 5'0" (2ND)

Richter - 4'10" (4TH TIE)

Darley -

JAV

O'Rourke - 94'1" (1ST)

M. Mileski - 89'8" (2ND)

P. Mileski - 70'2" (5TH)

T.J.

Boyce - 32'5 1/2" (4TH)

Richter - 31'4 1/2"

Granata - 31'5 1/4"

SHOT

Bade - 26' 1/2"

Shabett - 27' 5 1/2"

DISC

Stemley - 81'9"

Hibbert -

Long Jump

Semprevivo -

Boyce -

Granata -

100m

Bagnaturo - 13.2 (5TH)

Nyglund - 13.7 (6TH)

200m

Bagnaturo - 27.3 (5TH)

Haass - 27.4

Semprevivo - 28.0

400m

Fogarty - 61.3 (3RD)

Casey - 62.5

800m

P. Mileski - 2:18.7 (1ST)

C. Dickstein - 2:21.8 (2ND)

Pringle - 2:28.4 (4TH)

1500

M. Mileski - 4:53.8 (1ST)

Duffy - 5:00.6 (2ND)

Wright - 5:13.9 (4TH)

3000

(1ST, 2ND + 3RD)

M. Mileski - 10:55.9

Duffy - 10:56.0

Dickstein - 10:56.0

400 Hurdles

P. Mileski - 71.3

Kannengieser - 73.9

Nyglund - 72.8

Relay 3rd

RIDGEWOOD VS

BERGENFIELD

WEATHER MILD, SUNNY, WINDY

DATE MAY 13th

TRACK CONDITIONS *

EVENT	FIRST PLACE	SECOND PLACE	THIRD PLACE	PTS	
Long Jump	MALLOY 15'10 ¹ / ₂ "	NORDBERG 15'2"	KATHY BOYCE 14'6 ¹ / ₂ "	1	8
Inter-mediate Hurdles	KERSTIN KANNENSIEGER 51.4	NOREEN KING 51.6	BRITT NYLUND 53.7	6	3
100 meter Dash	BAGNATURO 13.3	NORDBERG 13.4	KAREN HAASS 13.8	6	3
1500 m Run	BETH PRINGLE 5:11.2	CATHY MARTAN 5:18.1	WENDY KORN 5:18.6	5	4
400 meter Dash	JOANN CASEY 1:02.5	GRETCHEN SIBLER 1:04.4	EIKSTEIN 1:05.2	8	1
100 meter Hurdles	KING 17.8	GUERRIERO 18.2	BURKE 18.4	3	6
800 meter Run	NORDBERG 2:22.8	KANNENGISIER 2:38.1	BISCHOFF 2:42.9	3	6
200 meter Dash	LISA BAGNATURO 25.0 *	KAREN HAASS 25.8	FOGARTI 26.0	9	0
3000 m Run	COLLEEN WRIBBIT 11:27.1	BETH PRINGLE 11:33.9	SALLY RIELLE 11:45.0	49	0
Triple Jump	GRANATA 32'4"	BOYCE 31'4"	RICHTER 30'9"	9	0
4x400 m Relay	BERGENFIELD 4:19.0			40	59
Shot Put	PARSONS 32'4 ³ / ₄ "	BADE 27'1"	SWABET 25'11 ¹ / ₄ "	4	5
Discus	PARSONS 89'5"	STEMLEY 82'4"	HIBBERT 74'5 ¹ / ₂ "	4	5
High Jump	SHARON ROESKE 4'10"	MONICA RICHTER 4'8"	MAUREEN KING 4'6"	8 ¹ / ₂	8 ¹ / ₂
				75 ¹ / ₂	46 ¹ / ₂

Final Score

75¹/₂ 46¹/₂

Other Performances

Bergenfield
Dual meet

(long jump) Granata 13'7" Taylor 13'11" McClavin 13'11"
Sampers 13'8½"

→ Collins 14.9 Waddy 14.3 LeSane 14.4 LaValle 14.9

→ Spranga 5:37 Noone 6:00 Nitti 6:04.4

→ Frans 66.8

→ Richter 18.4 Dailey 18.4 LeSane 18.6 Cummon 19.8

Dundorf 21.0 Waddy —

Fuller 2:50 Basbi 2:50 Sullivan 2:48 Spalckhaver

200 Race was short (Times don't count.)

Waddy 27'9"

Hubbert - 24'3" Stemley 23'1¾"

Bado 62'11½" Shabett 62'6"

Boyce 4'6"

New Jersey Relays

Distance medley: (2ND)

P. Milecki 70.2 2:25.5 3:39.4

FOGARTY 61.2

DICKSTEIN 66.1 2:18.2

M. MILEZKI 71 2:31.7 3:54.6 5:13.0

(12:11.6)

Monday 18 Mar

RESULTS

Sophomore Sectionals

TEAM CHAMPION

100 - Waddy ~~12.7~~ ~~13.4~~ 13.7
Haass 13.4

Long Jump 15' 3" Boyce
Triple Jump 31' 3/4" Boyce

200 - Haass - 27.9 (4)

Jones - 33.5

400 - Casey - 63.4 (4TH)

Discus Stemley - 81' 5"

Friars - 68.0

Hubbert - 72' 6 1/2"

800 - Pringle - 2:33 (3rd)

Shot Shabette - 26 1/2"

Kannengiesen - 2:37

Sullivan 2:43

WALK - LaValle (1st)

Nitti 2:54

Noone 2:52

Mile Relay - Haass 65

Caryl 3:04

Kannengiesen - 66

Spalckhaver 3:03

Friars .67

1500 Pringle 5:09.4 (2ND)

Casey - 65

Diaz 5:50.0

(3rd) 4:23.3

3000 Kelle 11:50.3 (4TH)

100.m Hurdles: LeSane 17.6 (3rd)

Waddy 21.7

400.m Hurdles: ~~Kristen Kannengiesen~~ 71.5

Novice MeetRivendell

Waddy - 100 13.8 - 13.4

McCurvin - 100 13.4 13.3 13.9 (5TH in Final)

200 29.9

~~Waddy~~ L.J. _____

Taylor L.J. 12'10"

H.J. 4'6" - (3RD)Guerrero 100 Hurdles 17.9 (2ND)Sigler 400-63.2 (2ND)Speranza 1500 5:43.7 (4TH)Relays at Bergen Community College

Sprint Medley - Muleski - 62.0

Baynatho - 28.6

Semprowicz - 26.8

Muleski - 2:18.1 4:15.5

High Jump 10'0" Long Jump - 28'7"

Richter - 5'0" Boyce - 14'6"

Roeste - 5'0" Granata - 14'1"

Dice - 69'8 1/2" Hubbert Shot: 26'11" - Shabbitt JAU - 54' Bado

77' 5 3/4" Stenely - Bado O'Rourke

STATE SECTIONAL

Monica Richter - ^{18.7}~~19.0~~ / 17.5

Kathy Boise - 12'10 1/4" 13'9 1/4" 13'9 1/2"

Kathy Granata - 14'3 1/2" 13'0" 13'11"

Sharon 70" 69'7" 69'?"

Carol 2:03.660

10:29.5

Kathy 2:03.

10:35.8

Lisa ²⁰⁰ 27.2

Casey 63.2
Sigler 2:08. (64.8)

Mileski 3:08.9 (60.9)

Bagnaturo 4:12- 63.1

5th

400 Hurdles

Kirsten 72.9

800

~~Dickstein~~

Pat Mileski
Beth Pringle

66.3

68.7

2:15.1

2:26.3

1st Record

6th

1500 m

~~Kathy Duffy~~
M.E. Mileski
Colleen

Deneka - 4:38

~~4:44.5~~ 4:50.3

~~5:04.4~~

5:06.4

2nd

4th

VAN AT 3:30

Results

Bergen County Meet of Champions Tuesday May 26th

Teanafly High School

Order of Events

Ridgewood Entries

5:00 100 m Hurdles Trials
100 dash Trials

Babbitt 17.4
Bagnaturo 13.3

5:30 400 Hurdles
100 dash Final

Babbitt 67.2 TIE FOR 4TH

3000

10:21.9 10:28.2
Dickstein Duffy

400 relay (4x100)

400 m dash

~~Fogarty~~

100 Hurdles Final

800

2:13.2 2:21.5
P. Mileski Pringle

200

26.8
Bagnaturo

1 mile

5:15.2 5:39.3
M. MILESKE WRIGHT

4x400 m relay

61.4 64.3 62.8 64.3
Casey, Sigler, Haass, Bagnaturo
DICKSTEIN 4:12.8

JAVELIN

O'ROURKE —

HIGH JUMP

ROESKE 5'0" 5TH

RICHTER 4'10"

Ridgewood has 11 athletes invited plus our relay.
This is a great accomplishment.

Mileski lowers County 800 record

By Ellen Kavier

Correspondent

TENAFLY — A meet of champions, to live up to the promise of its title, must deliver performances of note. The third annual Bergen County Girls Meet of Champions did so as Ridgewood sophomore Patti Mileski set a Bergen County 800-meter record of 2:13.3 to head the list of achievements.

Coming only two days after Mileski lowered the County mark to 2:15.1, Ridgewood coach Jock Brown

Girls track

believes Mileski has turned a corner in her development. "She ran her race perfectly," said Brown. "She was relaxed all the way and kept to an excellent pace."

In the final 200 meters, Mileski turned and saw Maria Nordberg of Bergenfield, who finished second, making a challenge. "I like my runners to look back and see the field," Brown said. "Patti was pushed by Nordberg at the right time and that helped her run such a great time."

Park Ridge's Celia Mistretta set a County shot-put record with a put of 39-2, and also collected the second-place medal in the discus with a toss of 113-0. Lynn Greene of Englewood took first in the discus with a distance of 117-1.

A meet record of 58.0 was set by Marie McVeigh of Demarest in the 400. Selina Ashby of Teaneck was second in 59.3. This was the first time this season the Demarest junior competed against Ashby and such other fine sprinters as Iris Clyburn of Englewood and Jennifer Osbourne of Hackensack, and McVeigh felt that gave her an advantage.

"Earlier in the season I don't think I would have had the strength to keep up with them, but I have done a lot

of distance work to develop my stamina," said McVeigh.

Ridgewood senior Carol Dickstein also set a meet record in her specialty, the 3,000. Dickstein ran 10:21.9 to lower the record by 17.7 seconds. Last Saturday in the Group 4 sectional championships, Dickstein ran a 10:29.5. She didn't think last night that she had done much better until the winning time was announced.

"I really didn't expect such a good time because the heat and humidity made it difficult to breathe, and the track was so hot, it seemed to burn right through my running shoes." Dickstein is undefeated in the 3,000 this season.

Teaneck's Judith Palmer caught Renita Terry of Hackensack to win the 400 hurdles in 62.3. Palmer didn't pass Terry until the straightaway following the final hurdle. "She seemed to be sprinting between each hurdle. I knew I had to stay close and rely on my strong finishing run to catch her."

Palmer combined with 200 winner Stephanie Laughlin, Patricia Brown, and Ashby to win the 1,600 relay for Teaneck in 3:57.8. In the 400 relay, the Park Ridge team of Liz Deletto, Tracey Gunther, Shanda Blackwell, and Cathy Prusha continued their string of excellent performances in this event with a winning time of 51.9.

The mile run was a renewal of the rivalry between Pattie McCluskey and Mary Ellen McGowan of Pascack Valley, as they ran well ahead of the field. McCluskey, a Dumont junior, fought off McGowan's attempt to pass her during the third lap around the track and then pulled away to win in 5:05.

Englewood's Renee Carter showed her versatility by winning the triple jump with a distance of 36-0 after having beaten Palmer at the wire to take the 100 low hurdles in 15.0. Hackensack's Caroline Morris also took home medals in both field and track events with a winning long jump of 17-4½ and a first-place time of 12.5 in the 100.

New Jersey State Group 4 Chamjptionship

Carol Dickstein 10:29.6 5TH

Kathy Duffy 10:34.1

Patti Mileski 2:13.7 3rd

Mary Ellen Mileski 4:55.4

Colleen Wright 5:25.4



Silver East Results were lost. RHS 3rd in 4x800m

3000 METER RUN

FINALS
5:30

National H.S. Record — LYNN BJORKLUND, Los Alamos, N.M. 9:08.6
 New Jersey State Record — MEG WALDRON, Bernards H.S., Bernards, NJ 9:58.6
 Rutgers Stadium Record — KIM GALLAGHER, Upper Dublin, PA 9:30.8

As Captain of the Ridgewood Cross Country Team she led her team to county and state titles — an outstanding individual runner who scored in the top ten at the Eastern States Cross Country Championship and anchored her team to a state record in the four by one mile relay.

A versatile runner who has run sub 2:20 for the half and below 4:30 for the 1500 meters she is one of the states leading distance runners, being a medalist again this year at the state All-Group Meet of Champions. Her efforts will be on display later in the meet as her team challenges in the Accusplit 4 x 800 meter relay.

The distance races will be featuring the finest in eastern track, as such notables as Cecilia Hopp, Greenwich, CT, and Kim Gallacher, Upper Dublin, PA, add to the superb group of local runners the likes of Mary Beth Hogan, Meg Waldron, Mary Ellen McGowan, Michelle Rowan, Theresa Gschwind and Melinda Holm.

The possibility of stadium records are well within reason, as are the very real possibilities of new state marks.



CAROL DICKSTEIN
Ridgewood H.S., Ridgewood, NJ



1500 METER

FINALS
6:30

National H.S. Record — FRANCIE LARRIEU, Fremont H.S. Sunnyvale, CA 4:16.8
 New Jersey State Record — MICHELLE ROWAN, Washington Township H.S. 4:28.8
 Rutgers Stadium Record — DOREEN ENNIS, Nutley T.C. 4:27.3

Score Card
3000 METER RUN

	NAME	NUMBER	RESULT
1)	_____	_____	_____
2)	_____	_____	_____
3)	_____	_____	_____
4)	_____	_____	_____
5)	_____	_____	_____
6)	_____	_____	_____

	NAME	NUMBER	RESULT
1)	_____	_____	_____
2)	_____	_____	_____
3)	_____	_____	_____
4)	_____	_____	_____
5)	_____	_____	_____
6)	_____	_____	_____



**RIDGEWOOD
TRACK & FIELD**

1981

**HONORS
AND
RECORDS**

		Bergenfield			C Adapt	Country	League	Section	Comps mtg	Group	Points	
Vance Darday	4 1/2	1/2	x 1		2 1/4							
Carol Dickstein	15				1/2	8 1/2	9	6	6	1	2	48 5/6
Kathy Duffy	16				0	8 1/3	4	4	4			36 1/3
Angela McCur.	1/2											
Claudia O'Rourke	45				1	6		4				56
Gretchen Sigler	10 1/2	3	x 2 1/2			3/4	3/4	1/4				
Kathy Bade	2	3										
Lisa Bagnaturo	48 1/2	10	x 1 3/4		1/2	2	3	1/4				67
Alison Barbi	1											
Trish Fogarty	53 3/4	1	x 2 1/2		1/2	3 3/4	3/4					63 1/4
Stephi Fuller	7											
Lisa Queriero	16	3			1/4							
Monica Richter	57	4	x 6 1/4		1/2 1/3	1/2		4				75 1/6
Sharon Roeste	36	5			2	4	2	2	1			53
Steph. Semprevico	14 1/4		x 1 3/4		1/2							
Mary Taylor	2 1/4											
Coleen Wright	36	5				2		2				45
Chris Speranza	15		x 5/4									
Kathy Boyce	48	4	x 3		1/3	2						57 1/3
Jann Casey	12 3/4	5	x 2 1/2			3/4	3/4	1/4				
Gail Friars	3 1/4		x 3/4									
Kathy Granata	18	5			1/3							
Karen Haass	16	4	x 1 3/4		1/2	3/4						
Sue Hibbert	4	1										
Charlette LeSane	1		x 1/4			1/4						
P. Mileski	35 1/2				2 1/2	7	8	6 1/4	6	3	2	70 1/4
ME Mileski	25 1/2				3 1/2	14 1/3	2 3/4	4	3			53 1/6
Liz Nitti	1											
Denise Noone	3											
Britt Nylund	15	1	x 1 3/4									
Beth Pringle	34	8	x 1 1/2		1 1/2	2	1	* Rutherford				48
Sally Reille	19	1										
Elise Shavet	14	1										
K. Kannengeiser	16	8										
N. Kokoletsov	3	3										
		75 1/2			33	23	65	32	31			

100 m

Fogarty 12.8
Bognaturo ~~14.1~~ 13.2
Nyland ~~13.7~~ 13.7
Caniminit 14.5
LaValle ~~15.7~~ 14.6
Waldron 17.0
Jones 15.6
Waddy ~~13.4~~ ~~13.4~~ 13.4
McCurvin ~~13.3~~ ~~13.3~~ 13.3
Caryl 15.8
Spalekhaen 15.2
Semprevivo 13.9
Haass 13.4

200 m

Bognaturo ~~29.8~~ ~~27.3~~ 26.6
Fogarty ~~28.1~~ 27.4
Haass ~~28.6~~ ~~28.2~~ 27.4
Semprevivo ~~29.3~~ 28.0
Vadika 37.9
McCurvin ~~34.7~~ 30.0
LeSane ~~32.5~~ 30.2
Collins 30.9
Friars 30.7
Jones ~~33.5~~ 33.5
Casey 28.4
Sigler 29.1
Nyland 29.2
McCurvin 29.9

400

800

Fogarty ~~62.2~~ 61.7

Bagnaturo ~~63.3~~ 63.0

Casey ~~64.6~~ 62.2

Friars 66.7

Sigler ~~65.3~~ ~~66.7~~ ~~67.1~~ 63.2

LaValle ~~73.7~~ 70.5

Granata 68.6

Taylor ~~70.2~~ 69.5

Semprevino 65.2

Bouge 69.2

Haass 66.2

Stemley 76.

Mileski ~~2:19.2~~ ~~2:15~~ 2:13.2 (2:21.6_n)

Mileski ~~2:20.5~~ ~~2:23~~ 2:20.5 (2:24.3_n)

Dietsstein ~~2:28~~ ~~2:22.2~~ 2:21.8 (2:18.2_n)

Pringle ~~2:34.6~~ ~~2:29.9~~ 2:21.5

Fuller ~~2:46~~ ~~2:44.8~~ 2:46

Barbi ~~2:50~~ ~~2:50~~ 2:50

Duffy (2:24.5_n) (2:35.2_n)

Nitti ~~2:59~~ ~~2:59~~ 2:54

Sullivan ~~2:43~~ ~~2:43~~ 2:43

Spalekhaner 2:56

Moran ~~2:54.6~~ ~~2:54.6~~ 2:54.6

Caryl 3:04

Noone 2:52

Kannengieser 2:37

4000

800

400

Semprevivo 71.9

Taylor 71.9

FRIARS 71.9

BAGNARD ~~70.0~~ 61.4

Casey - 64.6

M. Maleski - 66

P. Maleski - 64

~~5:24~~

~~5:43~~

~~5:20~~

~~5:21~~

~~3:04~~

~~3:27~~

~~5:37~~

100 m Hurdles

300m
400 Hurdles.

Richter - ~~18.6~~ ~~17.8~~ 17.1
 Gueviers ~~18.9~~ ~~17.0~~ 17.9
 CoSane ~~20.6~~ ~~17.8~~ 17.6
 Kannengieser 19.0
 Cammon ~~20.4~~ ~~20.2~~ 19.8
 Dandorf ~~22.2~~ 20.9
 Waddy 20.4
 Darley ~~18.4~~ 18.4

³⁰⁰ Mileski 48.8
 Duffy 54.6
 Kannengieser ~~51.7~~ 50.2
 Darley 51.9
 FOGARTY 53.5
 NYLUND 53.6
 Speranza 60.2
 Barbi 65.3

400 Fogarty - 73.7
 Nyland - ~~72.8~~ 72.8
 Darley - 80.1
 M. Mileski - 71.8
 Kannengieser - ~~70.2~~ 70.2
 Sigler 75.4
 P. Mileski 69.3

1500

3000

Mileski	4:52.4 5:34.2	4:50.3	Dickstein	11:37	11:12.1	10:04.7
Duffy	5:34.2	5:00.6	Duffy	11:37	11:12.1	10:28.2
Wright	5:21.9	5:06.4	Pringle	11:37		11:12.5
Speranza	5:41	5:35.8	Rielle	11:52.4	11:50.3	11:45.0
Spaldhaver		5:37.0	Speranza	12:18.7		12:09
Rielle		6:40.2	Noone	13:23.0		13:15.5
Pringle	5:11.8	5:29.8	Nitti			13:49.3
Pat Mileski		5:09.4	Caryl			15:40
Dickstein		4:44.9	Wright			11:47.5 11:15.0
Diaz		4:47.2	M.E. Mileski			10:55.9
Noone		5:50.0				
Nitti		6:50				
		6:04.4				

Mile - M. Mileski - 5:15.2
 Wright - 5:39.3
 Duffy (5:24.7 n)
 P. Mileski (5:16.4 n)
 Dickstein (5:26.6 n)

SHOT

O'Rourke 28' 8 1/2"
 Shabel ~~26' 10"~~ 28' 2 1/2"
 Hibbert 23' 1 1/2"
 Bade ~~24' 9"~~ 26' 1/2"
 Fuller 27' 1/2"

DISC

O'Rourke ~~84' 3"~~ ~~86' 5"~~ 97' 11"
 Stemley ~~70' 5"~~ ~~72' 4"~~ 81' 9"
 Hibbert ~~68' 70"~~ 76' 11 1/2"
 Rameros 50' 1 1/4"
 Bade ~~63' 7"~~
 Shabel ~~50' 3"~~ 58' 1"

JAVELIN

O'Rourke: - 105' 6"
 M.E. Milecki - ~~87"~~ 89' 8"
 Pat Milecki - 76' 4"

Pentathlon

Richter 2389 - 80
 2364 - 81
 2723 82
 Milecki 2429 - 81
 Kannengieser 2187 - 81
 Janet Sauerman 1903 - 80
 Sally Deety 1824 - 80
 Kokoletsos 2231 - 80
 Deey Piro 2677 - 79
 K. Duffy 1843 - 79
 L. Glidewell 2022 - 79
 Chris O'Rourke 2142 - 79

L. J.

T. J.

Boyce ~~15'8"~~ 15'8³/₄"
McLurcan 14'2¹/₄"
Taylor ~~13'7³/₄"~~ 14'3¹/₂"
Kokolietso 14'1"
Spalckhaver 11'11"
Semprevivo 14'8¹/₂"
Granata 15'2¹/₄"
Roeske 11'9¹/₂"

Rechter ~~32'10"~~ 32'2¹/₂"
Boyce ~~31'4¹/₂"~~ 32'7"
Noone 27' ¹/₂"
Dailey 29' 11³/₄"
Waddy 29'2³/₄"
Taylor 29'7"
Granata 31' 10¹/₂"

H. J.

Roeske 5'2"
Dailey 4'8"
Rechter ~~4'10"~~ 5'1¹/₄"
Taylor 4'6³/₄"

Outdoor records altered:

Sprint Medley	400-200-200-800	1/31/81	Paramus Catholic
	P. Mileski, Trish Fogarty, Stephanie Semprevivo, M.E. Mileski		
100 meters	12.8	TRISH FOGARTY	4/6/81 Teaneck
Distance Medley	800-400-1200-1600	12:10.6	4/16/81 Rutgers
	Dickstein, Fogarty, P. Mileski, M. Mileski		
4 x 800 m	9:25.3	(Duffy, Mileski, Mileski, Dickstein)	4/23/81 Franklin Field
Sprint Med	4:19.9	Bagnaturo ²²⁰ , Semprevivo ²²⁰ , Fogarty ⁴⁴⁰ , M. Mileski ⁸⁸⁰	4/2/81 New Milford
JAV Relay	265'5"	P. Mileski, M. Mileski, O'Rourke	4/1/81 New Milford Bergen C.C.
Sprint Med.	4:15.5	M.E. Mileski, Bagnaturo, Semprevivo, P. Mileski	5/20/81
2x L.J.	28'7"	Boyce - Granata	Bergen C.C. 5/20/81
2x H.J.	10'0"	Richter, Roeske	Bergen C.C. 5/20/81
2x Disc	153'8"	O'Rourke, Hubbert	Rutherford 4/25/81 Rutherford 4/25/81
2x SHOT	58' 10 ³ / ₄	O'Rourke, Shabett	Bergen C.C. 5/20/81
2x JAV	141'8"	O'Rourke, Shabett	Rutherford 4/25/81
800m	2:13.2	P. Mileski	6/3/81 Princeton
3000m	10:04.7	Dickstein	6/3/81 Princeton
1500m	4:44.9	P. Mileski	5/16/81 Hackensack
4x 800m	9:13.3		6/13/81 Rutgers
69.3	400 I Hurdles	P. Mileski	5/2/81 New Milford
3x400 I.H.	Fogarty, NYLUND, DAILEY	(3:50.6)	4/25/81 Rutherford

ALL LEAGUE SELECTION - N. N. J. I. L. 1981

	1 ST	2 ND	3 rd
100 Hurdles	Palmer T	Eddy T	B. Terry H.
100 meters	Laughlin H	Morris H	Golden T
200 meters	Laughlin T	Morris H	Ashby T
400 meters	Terry H	Osborne H	Deneka Bl
800 meters	Deneka Bl	P. MILESKI R	Nordberg B
1500 meters	Deneka Bl	M.E. Mileski R	Roos P.V.
3000 meters	Dickstein R	Duffy R	Perre P.V.
400 Hurdles	Palmer T	Terry H	Coppoletta P
SHOT PUT	DESICS FL	McMANUS T	PARSONS B
DISCUS	Tyler H	Desics Fl	Beck WV
long Jump	Morris H	WEAVER Bl	Mueller W.V.
Triple Jump	Morris H	Mueller ^{WV} Weaver Bl	all 1 ST team
High Jump	McMurdy WV	Weaver Bl	McManus T

ALL COUNTY SELECTIONS - 1981

CAROL DICKSTEIN -	1 ST	3000 m
	Honorable Mention	1500 m
	H.M.	800 m
Kathy Duffy -	2 ND	3000 m
	H.M.	1500
PATTI MILESKEI -	1 ST	800 m
	H.M.	1500 m
Beth PRINGLE -	H.M.	800 m
Mary Ellen Mileskei -	3 rd Team	1500 m
	H.M.	3000 m
Monica Richter -	H.M.	High Jump
SHARON ROESKE -	H.M.	High Jump
JULIE BABBITT -	H.M.	400 Hurdles
1600 meter Relay -	H.M.	
Clandia O'Rourke -	H.M.	JAVELIN

All-Bergen girls track

Honorable mention

First team

100 — STEPHANIE LAUGHLIN, Teaneck — Senior
 200 — LORI SOLEY, Westwood — Junior
 400 — MARIE McVEIGH, Demarest — Junior
 800 — PATTI MILESKEI, Ridgewood — Sophomore
 1500 — PATTIE McCLUSKEY, Dumont — Junior
 1500 — MARY ELLEN McGOWAN, Pascack Valley Sr.
 3000 — CAROL DICKSTEIN, Ridgewood — Senior
 100 HH — RENEE CARTER, Englewood — Senior
 400 LH — JUDY PALMER, Teaneck — Junior
 1600 Relay — TEANECK (Stephanie Laughlin, Selina Ashby, Judy Palmer, Patricia Brown)
 High Jump — DENEEN STEINER, Ridgefield — Junior
 Discus — CELIA MISTRETTA, Park Ridge — Junior
 Shot Put — CELIA MISTRETTA, Park Ridge — Junior
 Long Jump — CAROLINE MORRIS, HACKENSACK Sr.
 Javelin — CHRIS BRADLEY, Ridgefield — Sophomore
 Triple Jump — RENEE CARTER, Englewood — Senior

Second team

100 — LORI SOLEY, Westwood — Junior
 200 — STEPHANIE LAUGHLIN, Teaneck — Senior
 400 — SELINA ASHBY, Teaneck — Senior
 800 — MARIA NORDBERG, Bergenfield — Sophomore
 3000 — CATHY DUFFY, Ridgewood — Senior
 100 HH — JUDY PALMER, Teaneck — Junior
 400 LH — RENITA TERRY, Hackensack — Senior
 1600 Relay — HACKENSACK (Renita Terry, Jenny Osbourne, Beverly Terry, Ssycrret Jackson)
 Long Jump — RENEE CARTER, Englewood — Senior
 Triple Jump — CAROLINE MORRIS, Hackensack Sr.
 High Jump — JANE FARRELL, River Dell — Junior
 High Jump — NANCY LARENA, Saddle Brook Soph.
 Javelin — TRACEY LARMER, Dumont — Senior
 Shot Put — HEATHER SCELFO, Rutherford — Senior
 Discus — BRIDGET WELCH, Park Ridge — Senior

Third team

100 — CAROLINE MORRIS, Hackensack — Senior
 200 — RENITA TERRY, Hackensack — Senior
 400 — IRIS CLYBURN, Englewood — Senior
 800 — SUE PARKER, Pascack Valley — Junior
 1500 — MARY ELLEN MILESKEI, Ridgewood — Sophomore
 3000 — PATTIE McCLUSKEY, Dumont — Junior
 100 HH — MARY SAMORI, Cliffside Park — Junior
 400 LH — KIM CATHERMAN, Westwood — Junior
 1600 Relay — ENGLEWOOD (Iris Clyburn, Paula Ford, Sheila Coffin, Tisa Stubbs)
 Long Jump — DENEEN STEINER, Ridgefield — Junior
 Triple Jump — KATHI COCHRAN, Westwood — Junior
 Javelin — SUE PARKER, Pascack Valley — Junior
 Shot Put — LYNNE GREEN, Englewood — Senior
 Discus — LYNNE GREEN, Englewood — Senior

100 — Marie McVeigh, Demarest; Mar-
 lise Golden, Teaneck, Iris Clyburn and
 Tisa Stubbs, Englewood; Julie James,
 Glen Rock.

200 — Iris Clyburn and Tisa Stubbs,
 Englewood; Caroline Morris, Hacken-
 sack, Donna Smith, Pascack Valley; Se-
 lina Ashby and Marlise Golden, Teaneck;
 Marie McVeigh, Demarest; Julie James,
 Glen Rock; Stacia Palahnuik, Old Tappan.

400 — Andrea Ostrowski, Park Ridge;
 Maria Nordberg, Bergenfield; Jenny Os-
 bourne, Ssycrret Jackson and Renita Ter-
 ry, Hackensack; Kim Lehman, Garfield;
 Jeanne Quinn, Tenafly.

800 — Bianca O'Connell, Rutherford;
 Colleen Murphey, Ramsey; Beth Pringle
 and Carol Dickstein, Ridgewood; Mary
 Ellen McGowan, Pascack Valley; Pattie
 McCluskey, Dumont; Jenny Osbourne,
 Hackensack; Ellen Walsh, Ramapo.

1500 — Patti Hopin, Ramsey; Siobha
 Spillane, Old Tappan, Kali Curran,
 Northern Highlands; Bianca O'Connell,
 Rutherford; Carol Dickstein, Cathy Duf-
 fy, and Patti Mileski, Ridgewood; Maria
 Nordberg, Bergenfield; Eileen Keyes,
 Tenafly; Tricia Madden, Cresskill.

3000 — Eileen Keyes, Tenafly; Julie
 Craug, Northern Highlands; Cheryl Wag-
 ner, Pascack Valley; Lauri Falci, Saddle
 Brook, Cathy Martin, Bergenfield; Bar-
 bara Gradley, Westwood; Mary Ellen
 Mileski, Ridgewood.

100 HH — Sue Dykstra, Ramsey; Kathi
 Cochran, Westwood; Carol Eddy, Tea-
 neck, Beverly Terry, Hackensack; Nan-
 cy Larena, Saddle Brook; Donna Rohr-
 man, Beclon, Cheryl Johnson, Beclon;
 Linda Moore, Indian Hills; Lisa Coppo-
 letta, Paramus.

400 LH — Carolyn Sonzogni, Paramus
 Catholic; Renee Carter, Englewood; Lisa
 Coppoletta, Paramus, Mary Samori,
 Cliffside Park, Sue Parker, Pascack Val-
 ley, Sue Dykstra, Ramsey, Carol Eddy,
 Teaneck, Laura Franca, Saddle Brook;
 Carolyn Ballan, Fair Lawn; Julie Babbitt,
 Ridgewood.

1600 Relay — Westwood; Park Ridge;
 Rutherford, Paramus Catholic, Ridge-
 wood

Long Jump — Marie McVeigh, Demar-
 est, Donna Smith, Pascack Valley; Lori
 Soley, Westwood; Renita Terry, Hacken-
 sack, Lynda McGowan, Dumont; Patti
 Schultz, New Milford.

Triple Jump — Deneen Steiner, Ridge-
 field; Beverly Terry, Hackensack; Stacia
 Palahnuik, Old Tappan; Mary Samori,
 Cliffside Park, Gwen Smith, Englewood;
 Leslie Davis, Tenafly; Lynn Henning,
 Northern Highlands

High Jump — Lauren McManus, Tea-
 neck, Laura Carloni, River Dell; Renee
 Carter, Englewood; Monica Richter and
 Sharon Roeske, Ridgewood; Doreen Sul-
 livan, Cresskill; Beverly Terry and Car-
 oline Morris, Hackensack; Kathi Cochran,
 Westwood; Ellen Larena, Saddle Brook;
 Laura Roselle, Tenafly

Javelin — Heather Scelfo, Rutherford;
 Regina Weinpahl, Carol Gissoni, and
 Barbara Gradley, Westwood, Lori Par-
 rinello, New Milford; Barbara Wolff,
 Tenafly, Claudia O'Rourke, Ridgewood.

Shot Put — Regina Weinpahl,
 Westwood, Pascal Barrau, Paramus
 Catholic, Bridget Welch, Park Ridge;
 Marta Barillo, Elmwood Park; Cindy
 Terry, Ramsey, Diane Moeller, Pascack
 Valley, Chris Bardley, Ridgefield; Cathy
 Keenan, Westwood, Amy Hiller, Pascack
 Hills

Discus — Kim Tyler, Hackensack,
 Heather Scelfo, Rutherford; Amy Hiller,
 Pascack Hills, Regina Weinpahl,
 Westwood; Diane Moeller, Pascack Val-
 ley, Barbara Wolff, Tenafly; Melissa
 Blackington, Old Tappan; Pascal Barrau,
 Paramus Catholic; Chris Bradley, Ridge-
 field; Ginny Santorine, Midland Park; Pi-
 lar Parsons, Bergenfield.



Lori Soley
Westwood
200M



Marie McVeigh
Demarest
400M



Patti Mileski
Ridgewood
800M



Pattie McCluskey
Dumont
1500M



Mary Ellen McGowan
Pascack Valley
1500M



Carol Dickstein
Ridgewood
3000M



Renee Carter
Englewood
100M HH
Triple

All-Bergen girls track 1981



Stephanie Laughlin
100M



Selina Ashby



Judy Palmer
400LH



Patricia Brown

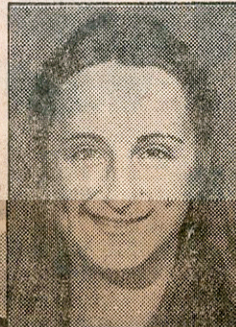
1600M Relay — Teaneck



Deneen Steiner
Ridgefield
High Jump



Caroline Morris
Hackensack
Long Jump



Celia Mistretta
Park Ridge
Discus
Shot Put



Chris Bradley
Ridgefield
Javelin

