

TRACK SUMMARIES

JAN 5TH
1990

Ridgewood Winter Games

BOYS EVENTS

Team scoring

Shabazz 78; Paramus Catholic 53; West Side 52; Bergen Catholic 45; Weequahic 43; Saddle Brook 38; Immaculate 33; Arts 29; South Plainfield 25; Teaneck 19; Ridgewood 18; Clifford Scott 17; Wood-Ridge and Queen of Peace 12; Hackensack 8; Elmwood Park, Tenafly, and St. Benedict's 7; Newark Central 4.

(Scoring is on a 12-10-8-7-6-5-4-3-2-1 basis)

50 HH - 1, Carmen Pizzuto, Saddle Brook, 7.0; 2, Bob Ghelli, Bergen Catholic, 7.2; 3, Donnell Dinkins, Shabazz, 7.2; 4, Kenneth Douglas, Shabazz, 7.2; 5, Al West, Shabazz, 7.5; 7, Earl Griffin, Teaneck, 7.5; 8, Sean Gayle, Teaneck, 7.5; 10, Paul Von Dohlen, Tenafly, 7.6.

55 - 1, Donovan Analin, South Plainfield, 6.5; 2, Remien Allen, Weequahic, 6.7; 3, Rocky Minichiello, Wood-Ridge, 6.7; 4, Scott Zotollo, Saddle Brook, 6.8; 5, Fuquan Ferguson, Arts, 6.9; 8, Juan Castro, Hackensack, 6.9; 9, Steve Closs, Teaneck, 7.0.

200 - 1, Granger Darden, West Side, 23.1; 2, Fuquan Ferguson, Arts, 23.6; 3, Donovan Anglin, South Plainfield, 23.6; 4, Scott Zotollo, Saddle Brook, 23.8; 5, Al West, Shabazz, 23.9; 6, Marty Dan, Teaneck, 24.1.

400 - 1, Mike Rosenberg, Queen of Peace, 53.2; 2, Donnell Dinkins, Shabazz, 53.7; 3, Amos Branch, Shabazz, 54.8; 4, Chris Scillieri, Elmwood Park, 56.0; 5, Rob Ghelli, Bergen Catholic, 56.1; 10, Bob Dougherty, Ridgewood, 58.5.

800 - 1, Rich Kenah, Immaculate, 2:01.2; 2, Mark Bednarz, Paramus Catholic, 2:01.8; 3, Troy Johnson, West Side, 2:03.7; 4, Hassan Allen, Weequahic, 2:05.6; 5, James Inman, Shabazz, 2:07.4; 6, Matt Giffani, Ridgewood, 2:08.9; 8, Jim Hall, Bergen Catholic, 2:10.0; 10, Jesse Ballinger, Hackensack, 2:10.3.

1,600 - 1, Rich Kenah, Immaculate, 4:35.3; 2, Rich Wisse, Saddle Brook, 4:37.3; 3, Troy Johnson, West Side, 4:42.8; 4, Mike Lilley, Paramus Catholic, 4:44.7; 5, Tom Urmanowicz, Tenafly, 4:45.7; 6, Dave Pataky, Paramus Catholic, 4:50.4; 7, Brian Morrow, Wood-Ridge, 4:51.8.

3,200 (race was a lap short) - 1, Troy Johnson, West Side, 9:38.6; 2, Dave Pataky, Paramus Catholic, 9:51.0; 3, Ben Pollinger, Paramus Catholic, 9:59.7; 4, Dennis Cummins, Bergen Catholic, 10:03.5; 5, Ed Wallis, Paramus Catholic, 10:04.7; 7, Rich Hayes, Bergen Catholic, 10:09.2; 8, Jason Roer, Hackensack, 10:17.7; 9, Tom Stevenson, Ridgewood, 10:18.4; 10, Mike Vallinmino, Hackensack, 10:23.5.

1,600 relay - 1, West Side, 3:34.4; 2, Shabazz, 3:35.7; 3, Weequahic, 3:36.6; 4, Scott, 3:41.0; 5, Paramus Catholic A, 3:42.0; 6, Teaneck, 3:45.6; 7, Ridgewood, 3:46.0; 8, Bergen Catholic, 3:47.8; 9, Saddle Brook, 3:53.3; 10,

Paramus Catholic B, 3:55.1.

3,200 relay - 1, Bergen Catholic (Jim O'Brien, James Sullivan, Jerry Grandov, John Sullivan), 8:36.3; 2, Shabazz, 8:41.2; 3, Arts, 8:51; 4, St. Benedict's 9:11.0; 5, Ridgewood, 9:13.6.

GIRLS SCORING

Team scoring

Clifford Scott 131; Newark Central 57; Teaneck 56; Paramus 32; Weequahic 31; South Plainfield and Arts 26; Saddle Brook 25; Shabazz 18; Queen of Peace 16; Ridgewood 8; Tenafly 7; Hackensack 5

50 HH - 1, Simone Scott, Clifford Scott, 8.3; 2, Karen Brown, Clifford Scott, 8.3; 3, Michelle Smith, South Plainfield, 8.4; 4, Gena Bess, Arts, 8.6; 5, Trenance Mickens, Teaneck, n.t.; 7, Matilda Miranda, Teaneck, n.t.; 8, Heidi Rhodenburg, Saddle Brook, n.t.

55 - 1, Rhonda Sanders, Clifford Scott, 7.4; 2, Roxanne Francis, Weequahic, 7.4; 3, Yvonne Thomas, Clifford Scott, 7.7; 4, Laksha Harris, Newark Central, 7.7; 5, Tina Rouse, Arts, 7.9; 8, Nicole Golden, Teaneck, n.t.

200 - 1, Rhonda Sanders, Clifford Scott, 26.4; 2, Roxanne Francis, Weequahic, 26.9; 3, Lakisha Harris, Newark Central, 27.3; 4, Simone Scott, Clifford Scott, 27.8; 5, Daphne Black, Teaneck, 28.5; 6, Barbara Bator, Queen of Peace, 28.5; 10, Stacey Grimm, Tenafly, 29.7.

400 - 1, Adrienne Davis, Newark Central, 61.5; 2, Yvonne Thomas, Clifford Scott, 61.7; 3, Showanda Jones, Newark Central, 61.8; 4, Lisa Wright, Shabazz, 62.6; 5, Latesha Webb, Clifford Scott, 63.2; 7, Katie McDermott, Queen of Peace, 66.5; 8, Kai Adair, Teaneck, 68.0; 9, Jennifer Powell, Teaneck, 68.7.

800 - 1, Adrienne Davis, Newark Central, 2:34.5; 2, Cathy Acevedo, Saddle Brook, 2:34.9; 3, Dawn Griffin, Clifford Scott, 2:37.8; 4, Tina Lane, Weequahic, 2:38.9; 5, Katie Waterman, Tenafly, 2:42.7; 7, Tonya Jones, Teaneck, 3:06.4; 8, Robertson, Hackensack, 3:41.7; 9, Teran, Hackensack, 3:47.1.

1,600 - 1, Amy Kempf, Paramus, 5:24.0; 2, Vickie Foy, Paramus, 5:48.6; 3, Carolyn O'Brien, Ridgewood, 5:55.2; 4, Michele Felix, Queen of Peace, 6:06.6; 5, Dana Sanders, Teaneck, 7:00.8; 6, Tonya Jones, Teaneck, 7:11.4.

3,200 - 1, Althea Williams, Clifford Scott, 11:49.5; 2, Dana Sanders, Teaneck, 14:19.0. No other places.

3,200 relay - 1, Saddle Brook (Cathy Acevedo, Jenny Nuccitelli, Stacey Fieldson, Dawn Stasion), 10:42; 2, Paramus, 10:44; 3, Clifford Scott, 10:46; 4, Arts, 11:04.

1,600 relay - 1, Clifford Scott, 4:22.1; 2, Newark Central, 4:28.3; 3, Scott, 4:29.1; 4, Teaneck, 4:35.9; 5, Shabazz, 4:36.7.

Saddle Brook's Pizzuto heals fast

TRACK

By Paul Schwartz
Correspondent

HACKENSACK — If word of Carmen Pizzuto's secret for high school hurdling success gets out, it could put a lot of coaches out of jobs.

Pizzuto's formula, illustrated for the second time in three nights Friday at the Rothman Center of Fairleigh Dickinson University, is simple — take six weeks off for a hernia operation, jog lightly for two days, and then win handily.

Pizzuto easily won the 50-meter hurdles at the Ridgewood Winter Games in 7.0 seconds and seemed eager to get back to regular training.

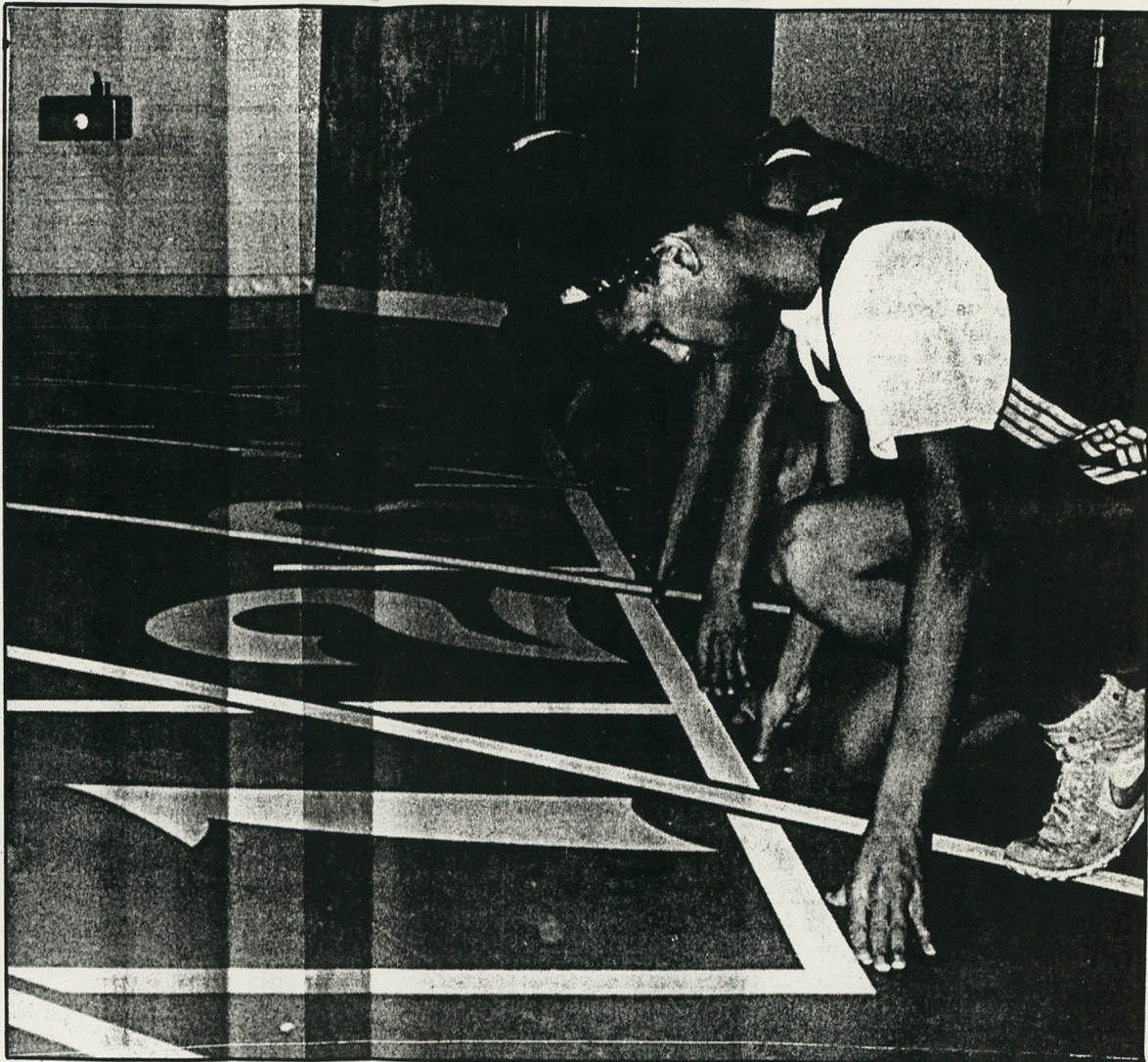
"I think I can do a lot better now that I can practice," said Pizzuto, who had his hernia operation after playing fullback and outside linebacker for the Saddle Brook football team. "Mentally, I was sitting around and watching everyone and it really made me want to do well. I didn't really work out, because I wanted to ease into it. But I wanted to run."

Saddle Brook coaches Howie Schumann and Gene Dallesandro probably would have preferred the 6-foot-3½ senior to ease into it, too.

"Gene coaches him in the hurdles," said Schuman, the boys track coach. "And we really didn't want him to run Wednesday. We didn't think he was ready to run yet and we were afraid that losing would bother him. So we told him we knew he wouldn't medal and that he shouldn't be concerned about it."

Instead, Pizzuto won the race and won again yesterday, defeating highly regarded Rob Ghelli of Bergen Catholic each time.

Pizzuto's performance was one of the local highlights at the meet, hampered by the daylong snowstorm that led to the cancellation of 82 other high school events Friday. Only 20 of the 80 schools expected were at the meet, and the snow forced cancellation of the



CHRIS CHABRA/SPECIAL TO THE RECORD
Runners ready themselves for the start of the girls 55 meters at the Ridgewood Winter Games.

shot put, scheduled at Hackensack High School.

But there were other solid early-season performances. Dawn Stasion of Saddle Brook, making a comeback from a broken hip that she suffered last winter, held off the remarkable comeback of Bergen County cross country champion Amy Kempf of Paramus on the anchor leg of the 3,200-meter relay for another Falcons victory.

Kempf made up all but one second of an 18-second deficit, running 2:28.1 to make up ground on

Stasion and Clifford Scott's anchor leg. But Stasion held on and collapsed after crossing the finish line.

"I didn't know she was coming," said Stasion. "I knew I had passed the girl from Clifford Scott, but if I knew Amy was coming I might not have held on."

Other individual winners included Mike Rosenberg of Queen of Peace in 53.2 for the 400, and Kempf in the girls 1,600.

One of the better races took place in the boys 800, where state Parochial B cross country champ

Rich Kenah of Immaculate held off Mark Bednarz of Paramus Catholic in 2:01.2.

"I tried to use my kick," said Bednarz. "But when I took off, he bumped me and I ended up in the third lane. I'm still not that confident running indoors."

Shabazz of Newark won the boys title, 78-53, over Paramus Catholic. Bergen Catholic was fourth with 45 points. Clifford Scott easily took the girls title, 131-57, over Newark Central, with Teaneck third at 56 and Paramus fourth.